






Salem Terrace Activity Calendar – May 2026



	Friday	Saturday
1	<p>10:00 AM Chair Exercise (back lounge)</p> <p>1:00 PM Tea Social – May Day Celebration! (front lounge)</p> <p>May Day door hangers donated by West Salem Middle School</p> <p>2:30 PM BINGO w/ Sue (dining room)</p> <p>5:45 PM Milwaukee Brewers at Washington Nationals (channel 327)</p>	<p>2</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>2:00 PM Movie Matinee: “Ella McCay” *Snacks will be served!* (back lounge)</p> <p>7:57PM Kentucky Derby! (nbc)</p> <p>3:05 PM Milwaukee Brewers at Washington Nationals (channel 327)</p>

WST ACTIVITIES ARE SUBJECT TO CHANGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>3</p> <p>9:30 AM Catholic Church Service (channel 19)</p> <p>12:35 PM Milwaukee Brewers at Washington Nationals (channel 327)</p> <p>2:00 PM Walk and Talk for Wellness! (meet in the back lounge)</p>  <p>3:00 PM Book Discussion Group! (front lounge)</p>	<p>4</p> <p>10:00 AM Chair Exercise (back lounge)</p> <p>1:30 PM Live Music with The Caring Carolers – formerly known as the Good News Singers! (dining room)</p>  <p>6:45 PM Milwaukee Brewers at St. Louis Cardinals (channel 327)</p>	<p>5</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>10:00 AM West Salem Elementary School 4k Visit! (dining room)</p> <p>2:00 PM Cinco De Mayo Celebration - Happy Hour featuring Margaritas, Chips & Dip! (dining room)</p> <p>6:45 PM Milwaukee Brewers at St. Louis Cardinals (channel 327)</p>	<p>6</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>10:00 AM Chair Exercise! (back lounge)</p> <p>Bus Trip: Lunch at Kickapoo Corners in Readstown (meet in the back lounge @ 11:00 AM)</p> <p>1:00 PM Dominos (puzzle lounge)</p> <p>2:00 PM ADRC Presents "Brain Health" (MSM sun room)</p> <p>Hair salon open 8:00-4:00</p>	<p>7</p> <p>9:00 AM Coffee & Social Hour (dining room)</p>  <p>9:00 AM Coulee Region Christian School 2nd Grade Class Coming for Crafts and to Read Poems! (dining room)</p> <p>1:00 PM Dominos (puzzle lounge)</p> <p>2:00 PM Christ Lutheran Worship (back lounge)</p>	<p>8</p> <p>9:30 AM Chair Exercise (back lounge)</p> <p>10:00 AM Deacon Bob (activity room)</p>  <p>2:30 PM BINGO w/ Sue (dining room)</p> <p>6:40 PM New York Yankees at Milwaukee Brewers (channel 327)</p>	<p>9</p> <p>9:00 AM Coffee & Social Hour (dining room)</p>  <p>2:00 PM Movie Matinee: "Oz The Great and The Powerful" *Snacks will be served* (back lounge)</p> <p>6:10 PM New York Yankees at Milwaukee Brewers (channel 327)</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10</p> <p>9:30 AM Catholic Church Service (channel 19)</p> <p>1:10 PM New York Yankees at Milwaukee Brewers (channel 327)</p> <p>2:00 PM Walk and Talk for Wellness! (meet in the back lounge)</p>  <p>Happy Mother's Day!</p>	<p>11</p> <p>9:30 AM Chair Exercise (back lounge)</p> <p>10:00 AM Bible Study with Larry (activity room)</p> <p>1:00 PM Make "Card Fans" – Playing Card Holders with Alison! (activity room)</p>  <p>2:00 PM Muffins and Memories with Moms – Mother's Day Celebration! All are invited (activity room)</p>	<p>12</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>1:00 PM Live Music with Don Haworth (front lounge)</p> <p>2:30 PM *Weather Permitting* Take a Walk Outside with Jen! (meet in the front lounge)</p> <p>6:40 PM San Diego Padres at Milwaukee Brewers (channel 327)</p>	<p>13</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>10:00 AM Chair Exercise (back lounge)</p> <p>10:15 AM Ashley Delivers Library Books!</p> <p>1:00 PM Dominos (puzzle lounge)</p> <p>2:00 PM Men's Group (activity room)</p> <p>6:40 PM San Diego Padres at Milwaukee Brewers (channel 327)</p> <p>Hair salon open 8:00-4:00 PM</p>	<p>14</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>10:00 AM BINGOCIZE with Jen-Exercise & play BINGO!! (activity room)</p> <p>12:40 PM San Diego Padres at Milwaukee Brewers (channel 327)</p> <p>1:30 PM Our Saviors Church Service (dining room)</p> <p>2:00 PM Christ Lutheran Bible Study (back lounge)</p>	<p>15</p> <p>9:30 AM Chair Exercise (back lounge)</p> <p>10:00 AM The Price is Right Game Show (back lounge)</p>  <p>2:30 PM BINGO w/ Sue (dining room)</p> <p>7:10 PM Milwaukee Brewers at Minnesota Twins (channel 327)</p>	<p>16</p> <p>9:00 AM Coffee & Social Hour (dining room)</p>  <p>2:00 PM Movie Matinee: "The Testament of Ann Lee" *Snacks will be served!!* (back lounge)</p> <p>6:10 PM Milwaukee Brewers at Minnesota Twins (channel 327)</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>17</p> <p>9:30 AM Catholic Church Service (channel 19)</p> <p>1:10 PM Milwaukee Brewers at Minnesota Twins (channel 327)</p> <p>2:00 PM Walk and Talk for Wellness! (meet in the back lounge)</p> <p>3:00 PM Book Discussion Group: Calling all readers! Bring your current book to discuss with others book lovers! (front lounge)</p>	<p>18</p> <p>10:00 AM Chair Exercise (back lounge)</p> <p>10:00 AM Bingocize w/ Jen – Exercise while playing BINGO! (activity room)</p> <p>2:30 PM Join in on the fun and games as Game Guy returns! (activity room)</p> <p>6:40 PM Milwaukee Brewers at Chicago Cubs (channel 327)</p>	<p>19</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>10:00 AM Chair Exercise (back lounge)</p> <p>12:30 PM - 3:00 PM Pedicures with Deann *see sign-up sheet for specific appt times* (spa lounge)</p> <p>1:00 PM Service Club (activity room)</p> <p>6:40 PM Milwaukee Brewers at Chicago Cubs (channel 327)</p>	<p>20</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>Bus Trip: Picnic lunch at Veterans Memorial Park A free event see last page for more details lots of fun things planned! (meet in the back lounge @ 10:30 AM)</p> <p>1:00 PM Dominos (puzzle lounge)</p> <p>6:40 PM Milwaukee Brewers at Chicago Cubs (channel 327)</p> <p>Hair salon open 8:00-4:00 PM</p>	<p>21</p> <p>9:00 AM Coffee & Social Hour (dining room)</p>  <p>1:00 PM Dominos (puzzle lounge)</p>  <p>2:00 PM Make Cards with New Volunteer, Carrie! (activity room)</p>	<p>22</p> <p>9:30 AM Chair Exercise (back lounge)</p> <p>10:00 AM MSGR Burrill (activity room)</p> <p>2:30 PM BINGO w/ Sue! (dining room)</p>  <p>6:40 PM Los Angeles Dodgers at Milwaukee Brewers (channel 327)</p> 	<p>23</p> <p>9:00 AM Coffee & Social Hour (dining room)</p>  <p>2:00 PM Movie Matinee: "Rental Family" *Snacks will be served during the movie!!* (back lounge)</p> <p>6:40 PM Los Angeles Dodgers at Milwaukee Brewers (channel 327)</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>24</p> <p>9:30 AM Catholic Church Service (channel 19)</p> <p>1:10 PM Los Angeles Dodgers at Milwaukee Brewers (channel 327)</p> <p>3:00 PM Book Discussion Group: Calling all readers! Bring your current book to discuss with others book lovers! (front lounge)</p>	<p>25</p> <p>9:30 AM Chair Exercise (back lounge)</p> <p>10:00 AM Bus Trip: we will tour Bangor & West Salem Cemetery's back in time for lunch (meet in back lounge)</p> <p>1:10 PM St. Louis Cardinals at Milwaukee Brewers (channel 327)</p> 	<p>26</p> <p>11:00 AM Birthday Brunch will be served for lunch today, Mimosa's will be served!! (dining room)</p> <p>1:00 PM T.E.A Discussion Group with Alison – A Time Where We Talk About Our Experiences with Aging! (activity room)</p> <p>6:40 PM St. Louis Cardinals at Milwaukee Brewers (channel 327)</p>	<p>27</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>10:00 AM Chair Exercise (back lounge)</p> <p>12:40 PM St. Louis Cardinals at Milwaukee Brewers (channel 327)</p> <p>1:00 PM Dominos (puzzle lounge)</p> <p>2:00 PM Join ADRC's Presentation of "Dementia Friends" (MSM sun room) Hair salon open 8:00-4:00 PM</p>	<p>28</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>10:00 AM Nature walk w/staff (meet in the back lounge)</p> <p>1:00 PM Dominos (puzzle lounge)</p>  <p>2:00 PM Marshmallow Madness – The Family Tiny-Hand Eating Challenge everyone receives a treat! (back lounge)</p>	<p>29</p> <p>10:00 AM Chair Exercise (back lounge)</p>  <p>1:00 PM Lemonade & Girl Scout Cookies donated by local troop (front lounge)</p> <p>2:30 PM BINGO w/ Sue (dining room)</p> <p>7:10 PM Milwaukee Brewers at Houston Astros (channel 327)</p>	<p>30</p> <p>9:00 AM Coffee & Social Hour (dining room)</p>  <p>2:00 PM Movie Matinee: "West Side Story" *Snacks will be served! * (back lounge)</p> <p>3:10 PM Milwaukee Brewers at Houston Astros (channel 327)</p>

WST ACTIVITIES ARE SUBJECT TO CHANGE

Sunday		EVENT	EVENT	EVENT	
<p>31</p> <p>9:30 AM Catholic Church Service (channel 19)</p> <p>1:10 PM Milwaukee Brewers at Houston Astros (channel 327)</p> <p>2:00 PM Walk and Talk for Wellness! (meet in the back lounge)</p> <p>5:00 PM Crossword Puzzle Club! *Crossword Puzzles will be Available* (front lounge)</p>		<p>5/20/26 Community Picnic Hosted by ADRC: 11:00 -3:00 PM</p> <p>Menu: Turkey or Ham sandwich, Sun chips, Baby Carrots, Fresh Fruit, Cookie, Choice of drink</p> <p>There will be music by Greg Grokowsky</p> <p>Bingo starts at 2:00 PM</p> <p>This is a free event!</p> <p>Sign up is required- sign up sheet posted in hallway of dining room</p>	<p>5/25/26 Memorial Day: We will tour Bangor and West Salem Cemetery's</p> <p>Suggestions for addition cemeteries are welcome</p> <p>Bus will leave at 10:00 AM Meet in back lounge</p> <p>We will be back in time for lunch</p>  <p><small>shutterstock.com • 1491413891</small></p>	<p>5/28/2026 Marshmallow Madness: Come watch or participate as staff play the silly game of eating tiny marshmallows with tiny hands</p> <p>Guaranteed a few laughs!</p> 	<p><u>May Birthdays:</u></p> <p>5/2: Roger G.</p> <p>5/10: Audrey M.</p> <p>5/10: Beverly "Bev" J.</p> <p>5/16: Arlene B.</p> <p>5/24: Barbara G.</p> <p>May your birthday be filled with love and laughter!!</p> 

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