







# Shelby Terrace May 2026



NOTE: All activities are held in the front lounge unless stated otherwise. Activities are subject to change.




















SUNDAY	MONDAY	TUESDAY	WESNESDAY	THURSDAY	FRIDAY	SATURDAY
					<p><b>1</b></p> <p><b>10:00 AM</b> Chair Yoga</p>  <p><b>1:30 PM</b> Happy Hour</p>  <p><i>Cheers!</i></p> <p><b>6:00 PM</b> Card Games With Neighbors</p>	<p><b>2</b></p> <p><b>10:00 AM</b> Coffee w/ friends on the patio</p>  <p><b>1:30 PM</b> BINGO</p>  <p><b>3:00 PM</b> Walk W/ Neighbors to Dollar Store</p>



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SUNDAY	MONDAY	TUESDAY Cinco De Mayo	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>3</b></p> <p><b>9:30 AM</b> Catholic Mass on Channel 9</p> <p><b>1:15 PM</b> Lutheran Services at BSJ</p>  <p><b>1:30 PM</b> Ice Cream Social</p> 	<p><b>4</b></p> <p><b>10:00 AM</b> Monday Morning Stretch</p>  <p><b>12:30 PM</b> Outing Barnes and Noble</p>  <p><b>6:00 PM</b> Cribbage</p> 	<p><b>5</b></p> <p><b>10:00 AM</b> Chair Yoga</p>  <p><b>1:30 PM</b> BINGO</p>  <p><b>3:30 PM</b> Visits w/ Zeus</p> 	<p><b>6</b></p> <p><b>10:30 AM</b> Catholic Mass BSJ Care Center Chapel</p> <p><b>10:00 AM</b> Chair Zumba</p>  <p><b>2:00 PM</b> Craft W/ Alison - Card Fan Holders</p> 	<p><b>7</b></p> <p><b>9:00 AM</b> Coffee Hour</p>  <p><b>1:30 PM</b> Sticks &amp; Strings Club</p>  <p><b>6:00 PM</b> BINGO NIGHT</p> 	<p><b>8</b></p> <p><b>9:00 AM</b> Chair Yoga</p>  <p><b>1:30 PM</b> Happy Hour</p>  <p><i>Cheers!</i></p> <p><b>6:00 PM</b> Card Games With Neighbors</p> 	<p><b>9</b></p> <p><b>10:00 AM</b> Coffee w/ friends on the patio</p>  <p><b>1:30 PM</b> Bingo</p>  <p><b>3:00 PM</b> Walk/Scooter W/ Neighbors to Aldi</p> 



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SUNDAY Mother's Day	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>10</b></p> <p><b>9:30 AM</b> Catholic Mass on Channel 9</p> <p><b>1:15 PM</b> Lutheran Services at BSJ</p>  <p><b>1:30 PM</b> Root Beer Floats <b>CHEERS TO THE MOMS!</b></p> 	<p><b>11</b></p> <p><b>10:00 AM</b> Monday Morning Stretch</p>  <p><b>9:30 PM</b> Outing Hungry Peddler</p>  <p><b>6:00 PM</b> Chess/Checkers on Main Lounge Chess table</p> 	<p><b>12</b></p> <p><b>10:00 AM</b> Chair Yoga</p>  <p><b>1:30 PM</b> BINGO</p> 	<p><b>13</b></p> <p><b>10:30 AM</b> Catholic Mass BSJ Care center chapel</p> <p><b>10:00 AM</b> Chair Zumba</p>  <p><b>1:30 PM</b> Men's Group</p> 	<p><b>14</b></p> <p><b>9:00 AM</b> Coffee Hour</p>  <p><b>1:30 PM</b> Charades</p>  <p><b>6:00 PM</b> BINGO Night</p> 	<p><b>15</b></p> <p><b>10:00 AM</b> Chair Yoga</p>  <p><b>1:30 PM</b> Happy Hour</p> <p><b>Cheers!</b></p>  <p><b>6:00 PM</b> Card Games/Euchre with Neighbors</p> 	<p><b>16</b></p> <p><b>10:00 AM</b> Coffee w/ friends on the patio</p>  <p><b>1:30 PM</b> BINGO</p>  <p><b>3:00 PM</b> Walk/Scooter W/ Neighbors to Dollar Store</p>



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY Earth Day	THURSDAY	FRIDAY	SATURDAY
<p><b>17</b></p> <p><b>9:30 AM</b> Catholic Mass on Channel 9</p> <p><b>1:15PM</b> Lutheran Services at BSJ</p>  <p><b>1:30 PM</b> Ice Cream Social</p> 	<p><b>18</b></p> <p><b>10:00 AM</b> Monday Morning Stretch</p>  <p><b>12:30 PM</b> Outing - Walmart</p>  <p><b>6:00 PM</b> Uno</p> 	<p><b>19</b></p> <p><b>10:00 AM</b> Chair Yoga</p>  <p><b>1:30 PM</b> BINGO</p>  <p><b>3:30 PM</b> Visits w/ Zeus</p> 	<p><b>20</b></p> <p><b>10:30 AM</b> Catholic Mass BSJ Care Center Chapel</p> <p><b>10:00 AM</b> Chair Zumba</p>  <p><b>1:30 PM</b> Sticks &amp; Strings Club</p> 	<p><b>21</b></p> <p><b>9:00 AM</b> Coffee Hour</p>  <p><b>2:00 PM</b> Service Club</p> <p><b>6:00 PM</b> Bingo Night</p> 	<p><b>22</b></p> <p><b>10:00 AM</b> Chair Yoga</p>  <p><b>1:30 PM</b> Happy Hour</p>  <p><i>Cheers!</i></p> <p><b>6:00 PM</b> Card Games/Euchre with Neighbors</p>	<p><b>23</b></p> <p><b>10:00 AM</b> Coffee w/ friends on the patio</p>  <p><b>1:30 PM</b> BINGO</p>  <p><b>3:00 PM</b> Walk/Scooter W/ Neighbors to Aldi</p>



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SUNDAY	MONDAY Memorial Day	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>24</b></p> <p><b>9:30 AM</b> Catholic Mass on Channel 9</p> <p><b>1:15PM</b> Lutheran Services at BSJ</p>  <p><b>1:30 PM</b> Root Beer Floats</p> 	<p><b>25</b></p> <p><b>10:00 AM</b> Library Delivery (See Director to sign up)</p>  <p><b>Monday Morning Stretch</b></p>  <p><b>3:00 PM</b> Game Guy</p> 	<p><b>26</b></p> <p><b>10:00 AM</b> Chair Yoga</p>  <p><b>1:30 PM</b> BINGO</p> 	<p><b>27</b></p> <p><b>10:30 AM</b> Catholic Mass BSJ Care Center Chapel</p> <p><b>10:00 AM</b> Chair Zumba</p>  <p><b>2:00 PM</b> T.E.A Discussion Group</p> 	<p><b>28</b></p> <p><b>9:00 AM</b> Coffee Hour</p>  <p><b>1:30 PM</b> Pictionary</p>  <p><b>3:30 PM</b> Visits w/ Zeus</p>  <p><b>6:00 PM</b> BINGO Night</p>	<p><b>29</b></p> <p><b>3:00 PM</b> Live Music W/ Don Haworth</p> <p><b>1:30 PM</b> Happy Hour</p>  <p><i>Cheers!</i></p> <p><b>6:00 PM</b> Card Games/Euchre with Neighbors</p>	<p><b>30</b></p> <p><b>10:00 AM</b> Coffee w/ friends on the patio</p> <p><b>1:30 PM</b> BINGO</p>  <p><b>3:00 PM</b> Walk/Scooter W/ Neighbors to Dollar Store</p>



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>31</b></p> <p><b>9:30 AM</b> Catholic Mass on Channel 9</p> <p><b>1:15PM</b> Lutheran Services at BSJ</p>  <p><b>1:30 PM</b> Ice Cream Social</p> 