

# MERIT Centre North

# April 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Who Am I? game featuring famous figures born in April	<p>1 April Fool's Day</p> <p>8 AM Stained Glass Easter Eggs</p> <p>9AM Felt Eggs</p> <p>10 AM Floyd's Senior Moments – Prairie Haven Farm with Marcie O'Connor</p> <p>11 AM Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Sing- a-long with Emma Blank @ MCS (MCN will join)</p> <p>1:30 PM Snack</p> <p>2 PM Bean Bag Toss</p> <p>3 PM Daily Reflection &amp; Puzzles/Brain Games</p>	<p>2 World Autism Day</p> <p>8 AM Easter Egg Potato Stamps</p> <p>9AM Paper Plate Bunnies &amp; Chicks</p> <p>10 AM He Is Risen Cardboard Cross</p> <p>11 AM Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Music Café – Tom Barker &amp; Len Soller</p> <p>1:30 PM Snack</p> <p>2 PM Flyswatter Volleyball</p> <p>3 PM Reminisce on Favorite childhood games, first pets, or what their childhood bedroom looked like</p>	<p>3 Chocolate Mouse Day</p> <p>8 AM Make No Bake Bird's Nest Cookies</p> <p>9AM Stuff Easter Eggs for scavenger Hunt</p> <p>10 AM Chad Erickson Memorial Park - Home to a 1-mile easy nature trail and the 0.4-mile Vietnam Veterans Pond Loop.</p> <p>11 AM Eggs-ercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Easter Activity with Allison</p> <p>1:30 PM Snack</p> <p>2 PM Noodle Ball</p> <p>3 PM Whiteboard Unscrambling Words</p>

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<p><b>6</b></p> <p>Pajama Day</p> <p>8 AM Coffee &amp; Birdwatching</p> <p>9AM Wii Bowling</p> <p>10 AM Monday Mornings @ Main - Six Pillars of Brain Health with AARP Wisconsin</p> <p>11 AM Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Painting Wooden Birdhouses</p> <p>1:30 PM Snack</p> <p>2 PM Teamwork Ball drop Game</p> <p>3 PM Nintendo Wii Games</p>	<p><b>7</b></p> <p>World Health Day</p> <p>8 AM Coffee &amp; Birdwatching</p> <p>9AM Blowing Bubbles Outside</p> <p>10 AM Tape on wall/Paper Plate Connect 4</p> <p>11 AM Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Riverside Park – Friendship Gardens</p> <p>1:30 PM Snack</p> <p>2 PM Newspaper Shuffle Races</p> <p>3 PM Group Crossword Puzzle (read clues to the group)</p>	<p><b>8</b></p> <p>Zoo Lover’s Day</p> <p>8 AM Coffee &amp; Birdwatching</p> <p>9AM Baking Peanut Butter Cookies</p> <p>10 AM Floyd’s Senior Moments – From Draft Notice to Discharge, 1951-1953 with John Dudkiewicz</p> <p>11 AM Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM The Umbrella Game (fill an opened umbrella with 6 balloons, use nerf gun to shoot balloons out)</p> <p>1:30 PM Snack</p> <p>2 PM Balloon Basketball (use pool noodles, sit in circle, hit balloon into center basket)</p> <p>3 PM Short Stories</p>	<p><b>9</b></p> <p>Unicorn Day</p> <p>8 AM Coffee &amp; Birdwatching</p> <p>9AM Pool Noodle Table Hockey</p> <p>10 AM Indoor Gardening</p> <p>11 AM Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Music Café – Driftless River Band</p> <p>2:30 PM Snack</p> <p>3 PM Big Book of Birthdays</p>	<p><b>10</b></p> <p>Erase Self Negativity Day</p> <p>8 AM Coffee &amp; Birdwatching</p> <p>9AM Phase 10</p> <p>10 AM Shopping @ Ollie’s</p> <p>11 AM Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Wheel Of Fortune Game</p> <p>1:30 PM Snack</p> <p>2 PM Positive Affirmations</p> <p>3 PM The Best Advice: "What is the best piece of advice you’ve ever received, and who gave it to you?"</p>

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<p><b>13</b></p> <p>Scrabble Day</p> <p>8 AM Coffee &amp; Birdwatching</p> <p>9AM Scrabble</p> <p>10 AM Monday Mornings @ Main – Mayo Clinic Peregrine Falcon Program with Jackie Fallon</p> <p>11 AM Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Collaborative Spelling: Place a large set of tiles in a container, shake them out, and work together as a group to spell the longest word possible.</p> <p>1:30 PM Snack</p> <p>2 PM Ker-Plunk!</p> <p>3 PM Superpowers: "If you could have any superpower for 24 hours, what would it be?".</p>	<p><b>14</b></p> <p>Gardening Day</p> <p>8 AM Coffee &amp; Birdwatching</p> <p>9 AM Blowing Bubbles Art</p> <p>10 AM Flower Shop</p> <p>11 AM Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Plant Spring Flowers, Herbs, Vegetables in raised garden bed</p> <p>1:30 PM Snack</p> <p>2 PM Fish Bowl Game (describe the word written on the card without saying the word)</p> <p>3 PM Time Travel: "If you had a time machine, what era would you want to visit or see again?".</p>	<p><b>15</b></p> <p>8 AM Coffee &amp; Birdwatching</p> <p>9AM MERIT Centre Guess Who (guess the participant based on their appearance)</p> <p>10 AM Floyd's Senior Moments – Fox Folk Marionettes with Dave Payne</p> <p>11 AM Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Crystals with Steph</p> <p>1:30 PM Snack</p> <p>2 PM Color Cup Matching Challenge</p> <p>3 PM Wishes: "If you suddenly received a million dollars today, what is the first thing you would do with it?".</p>	<p><b>16</b></p> <p>High Five Day</p> <p>8 AM Coffee &amp; Birdwatching</p> <p>9AM Headbandz Game</p> <p>10 AM Toss the Bean Bag @ the Ball to make it to the goal</p> <p>11 AM Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Creation Space</p> <p>1:30 PM Snack</p> <p>2 PM Human Slot Machine Game</p> <p>3 PM Colored Pencil Art</p>	<p><b>17</b></p> <p>Ford Mustang Day</p> <p>8 AM Coffee &amp; Birdwatching</p> <p>9AM Taboo: You have to get your team to guess a word, but there is a list of "forbidden" related words you aren't allowed to say.</p> <p>10 AM Dahl Auto Museum</p> <p>11 AM Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM</p> <p>1:30 PM Snack</p> <p>2 PM Spanish Lessons</p> <p>3 PM Card Games</p>

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<p><b>20</b></p> <p>Look Alike Day</p> <p><b>8 AM Coffee &amp; Birdwatching</b></p> <p><b>9AM Cornhole</b></p> <p><b>10 AM Monday Mornings @ Main – Wisconsin Circus Legends and Lore with Chad Lewis</b></p> <p><b>11 AM Exercise</b></p> <p><b>11:30 AM Lunch</b></p> <p><b>12:30 PM Game Guy @ MCS (MCN will Join)</b></p> <p><b>1:30 PM Snack</b></p> <p><b>2 PM Roll The Dice Cup Challenge</b></p> <p><b>3 PM Colored Pencil Art</b></p>	<p><b>21</b></p> <p>Keep off the Grass Day</p> <p><b>8 AM Coffee &amp; Birdwatching</b></p> <p><b>9AM High-Low Card Game</b></p> <p><b>10 AM Name That Song Bingo</b></p> <p><b>11 AM Exercise</b></p> <p><b>11:30 AM Lunch</b></p> <p><b>12:30 PM The Nature Place</b></p> <p><b>1:30 PM Snack</b></p> <p><b>2 PM Spaghetti – Marshmallow Tower Building Competition</b></p> <p><b>3 PM Puzzles</b></p>	<p><b>22</b></p> <p>Earth Day</p> <p><b>8 AM Coffee &amp; Birdwatching</b></p> <p><b>9AM Destroy the Cup Tower with Balloons</b></p> <p><b>10 AM Floyd’s Senior Moments – Feeding the Titanic with Jackie Bartz</b></p> <p><b>11 AM Exercise</b></p> <p><b>11:30 AM Lunch</b></p> <p><b>12:30 PM Walking Club</b></p> <p><b>1:30 PM Snack</b></p> <p><b>2 PM Don’t Touch the Color We Say Challenge: Paper Game</b></p> <p><b>3 PM Short Stories</b></p>	<p><b>23</b></p> <p>Picnic Day</p> <p><b>8 AM Coffee &amp; Birdwatching</b></p> <p><b>9AM Coin Toss Challenge</b></p> <p><b>10 AM Toss and Talk (conversation ball)</b></p> <p><b>11 AM Exercise</b></p> <p><b>11:30 AM Lunch</b></p> <p><b>12:30 PM Valley View Mall</b></p> <p><b>1:30 PM Snack</b></p> <p><b>2 PM Dominoes</b></p> <p><b>3 PM Uno</b></p>	<p><b>24</b></p> <p>Scream Day</p> <p><b>8 AM Coffee &amp; Birdwatching</b></p> <p><b>9 AM Therapeutic Screaming - "let it all out" in a safe, controlled environment, such as screaming into a pillow or participating in a group "howl"</b></p> <p><b>10 AM Veteran’s Freedom Park (across from Coplenad Park)</b></p> <p><b>11 AM Exercise</b></p> <p><b>11:30 AM Lunch</b></p> <p><b>12:30 PM Activity with Allison</b></p> <p><b>1:30 PM Snack</b></p> <p><b>2 PM Blind Color Match Challenge</b></p> <p><b>3 PM Puzzles &amp; Brain Games</b></p>

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>27</b> Babe Ruth Day</p> <p>8 AM Coffee &amp; Birdwatching</p> <p>9AM Card Making</p> <p>10 AM Monday Mornings @ Main – The Lake Mendota Canoe Conundrum, Amy Rosebrough &amp; Bill Quackenbush</p> <p>11 AM Exercise</p> <p>11:30 AM Lunch</p> <p>1PM Interactive Drumming Circle @ MCN (MCS will join)</p> <p>1:30 PM Snack</p> <p>2 PM Wave the paper plate back and forth to move the ball on table in the basket</p> <p>3 PM Colored Pencil Art</p>	<p><b>28</b> Superhero Day</p> <p>8 AM Coffee &amp; Birdwatching</p> <p>9AM Stamping</p> <p>10 AM Houska Dog Park</p> <p>11 AM Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Outdoor Canvas Painting</p> <p>1:30 PM Snack</p> <p>2 PM Plinko</p> <p>3 PM Puzzles</p>	<p><b>29</b> Dance Day</p> <p>8 AM Coffee &amp; Birdwatching</p> <p>9AM Sorry</p> <p>10 AM Floyd’s Senior Moments – Cheyenne Valley with Kevin and Patsy Alderson</p> <p>11 AM Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Move it like this &amp; Shake it like that (fill tissue boxes with small balls and shake them out of the box)</p> <p>1:30 PM Snack</p> <p>2 PM “Back Drawing Telephone” (last person decides what to draw on person’s back. Person copies what they feel on person ahead of them)</p> <p>3 PM Short Stories</p>	<p><b>30</b> Jazz Day</p> <p>8 AM Coffee &amp; Birdwatching</p> <p>9AM Dominoes</p> <p>10 AM See how many Ping Pong Balls you can get into Colorful Cups</p> <p>11 AM Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Dairy Queen</p> <p>1:30 PM Snack</p> <p>2 PM ladder ball</p> <p>3 PM Board Games</p>	

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## **MCN Participant Birthdays:**

Patrick – April 2<sup>nd</sup>

Ken – April 6<sup>th</sup>

Lorin – April 8<sup>th</sup>

Wilma – April 21<sup>st</sup>

Gerry – April 23<sup>rd</sup>

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