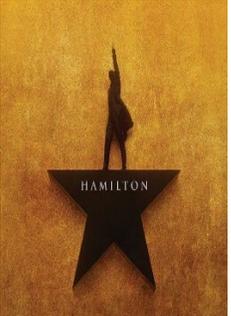




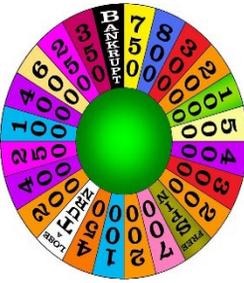
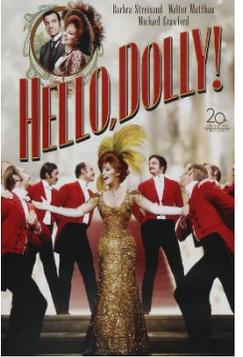
Salem Terrace Activity Calendar – March 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9:30 AM Catholic Church Service (channel 19)</p>  <p>2:00 PM Walk and Talk for Wellness! (meet in back lounge)</p> <p>2:30 PM Milwaukee Bucks at Chicago Bulls</p>	<p>2</p> <p>10:00 AM Chair Exercise (back lounge)</p>  <p>1:00 PM "I'm Lucky Because...." Craft! (activity room)</p> <p>6:30 PM Boston Celtics at Milwaukee Bucks</p>	<p>3</p> <p>9:00 AM Coffee & Social Hour (dining room)</p>  <p>1:00 PM "What is it?" Game with Alison! (activity room)</p> <p>2:30 PM Dominos (puzzle lounge)</p> <p>5:00 PM Puzzle time (puzzle lounge)</p>	<p>4</p> <p><i>Happy Birthday, Steve!!!</i></p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>10:00 AM Chair Exercise (back lounge)</p> <p>1:00 PM Dominos (puzzle lounge)</p> <p>3:30 PM Games with Kathy!! (front lounge)</p> <p>8:30 PM Atlanta Hawks @ Milwaukee Bucks</p> <p>Hair salon open 8:00-4:00 PM</p>	<p>5</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>10:00 AM Bingocize w/ Jen – Exercise while playing BINGO! (activity room)</p> <p>2:00 PM Christ Lutheran Worship (back lounge)</p>  <p><i>*See the last page for shamrock Hunt information*</i></p>	<p>6</p> <p>10:00 AM Chair Exercise (back lounge)</p>  <p>1:00 PM Come Enjoy Some Oreos & Milk to Celebrate National Oreo Cookie Day!! (front lounge)</p> <p>2:30 PM BINGO w/ Sue (dining room)</p>	<p>7</p> <p><i>Happy Birthday, Beverly O!!</i></p> <p>9:00 AM Coffee & Social Hour (dining room)</p>  <p>2:00 PM Movie Matinee: "The Sound of Music" *Snacks will be served!* (back lounge)</p> <p>7:00 PM Utah Jazz at Milwaukee Bucks</p>

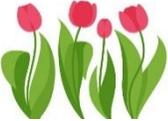
WST ACTIVITIES ARE SUBJECT TO CHANGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8</p> <p>9:30 AM Catholic Church Service (channel 19)</p> <p>2:00 PM Walk and Talk for Wellness! (meet in the back lounge)</p> <p>7:00 PM Orlando Magic at Milwaukee Bucks</p>  <p>Daylights Savings Time Starts @ 2 AM Don't forget to set your clocks an hour ahead!</p>	<p>9</p> <p>9:30 AM Chair Exercise (back lounge)</p> <p>10:00 AM Bible Study with Larry (activity room)</p>  <p>1:30 PM Live Music Performance by Abbey Lane (front lounge)</p> <p>3:00 PM Photo Circle – Bring Your Favorite Photos to Share and talk about with Others! (front lounge)</p>	<p>10</p> <p>9:00 AM Coffee & Social Hour (dining room)</p>  <p>1:00 PM Service Club – Notes for Nurses! (activity room)</p> <p>2:30 PM Dominos (puzzle lounge)</p> <p>7:00 PM Phoenix Suns at Milwaukee Bucks</p>	<p>11</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>10:15 AM Ashley Delivers library books!</p> <p>Bus Trip: Lunch @ the historic, Irish-themed tavern & restaurant - The Monarch Public House in Fountain City! (meet back lounge @ 10:00 AM)</p> <p>1:00 PM Dominos (puzzle lounge)</p> <p>2:00 PM Men's Group (activity room)</p> <p>Hair salon open 8:00-4:00 PM</p>	<p>12</p> <p>9:00 AM Coffee & Social Hour (dining room)</p>  <p>1:00 PM Give those sleepy limbs a workout and come play Choose & Move with Jen! (activity room)</p> <p>2:00 PM Christ Lutheran Bible Study (back lounge)</p> <p>6:30 PM Milwaukee Bucks at Miami Heat</p>	<p>13</p> <p>9:30 AM Chair Exercise (back lounge)</p> <p>10:00 AM Deacon Bob (activity room)</p>  <p>1:00 PM Pie for Pi Day Celebration – Come Enjoy Your Own Mini Pie in light of Pi Day Tomorrow! (front lounge)</p> <p>2:30 PM BINGO w/ Sue (dining room)</p>	<p>14</p> <p>9:00 AM Coffee & Social Hour (dining room)</p>  <p>2:00 PM Movie Matinee: "Hamilton" *Snacks will be served* (back lounge)</p> <p>2:00 PM Milwaukee Bucks at Atlanta Hawks</p> <p>5:00 PM Puzzle time with friends! (puzzle lounge)</p>

WST ACTIVITIES ARE SUBJECT TO CHANGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>15</p> <p>9:30 AM Catholic Church Service (channel 19)</p> <p>2:00 PM Walk and Talk for Wellness! (meet in the back lounge)</p> <p>2:30 PM Indiana Pacers at Milwaukee Bucks</p> <p>3:00 PM Book Discussion Group: Calling all readers! Bring your current book to discuss with others book lovers! (front lounge)</p>	<p>16</p> <p>9:30 AM Chair Exercise (back lounge)</p>  <p>2:00 PM Happy Hour: Strawberry Daiquiris, Margaritas, Chips & Salsa! (dining room)</p> <p>4:00 PM Crossword Club – Crossword Puzzles will be available! (front lounge)</p>	<p>17</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>12:30 PM - 3:00 PM Pedicures with Deann *see sign-up sheet* (spa lounge)</p> <p>1:00 PM Drum fit with Alison! (back lounge)</p> <p>2:30 PM Dominos (puzzle lounge)</p>  <p>WEAR GREEN OR GET PINCHED!!!</p>	<p>18</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>9:30 AM Chair Exercise (back lounge)</p> <p>1:00 PM Dominos (puzzle lounge)</p>  <p>3:30 PM Games with Kathy! (front lounge)</p> <p>Hair salon open 8:00-4:00 PM</p>	<p>19</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>10:00 AM BINGOCIZE with Jen-Exercise while playing BINGO!! (activity room)</p>  <p>1:30 PM Our Saviors Church Service (dining room)</p> <p>8:00 PM Milwaukee Bucks at Utah Jazz</p>	<p>20</p> <p>9:30 AM Chair Exercise (back lounge)</p>  <p>10:00 AM Bake Soda Bread with Jen! (activity room)</p> <p>2:30 PM BINGO w/ Sue (dining room)</p> <p>Happy First Day of <i>Spring</i></p> 	<p>21</p> <p>9:00 AM Coffee & Social Hour (dining room)</p>  <p>2:00 PM Movie Matinee: "Hello, Dolly!" *Snacks will be served during the movie!! (back lounge)</p> <p>9:00 PM Milwaukee Bucks at Phoenix Suns</p>

WST ACTIVITIES ARE SUBJECT TO CHANGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>22</p> <p>9:30 AM Catholic Church Service (channel 19)</p> <p>2:00 PM Walk and Talk for Wellness! (meet in the back lounge)</p> <p>3:00 PM Book Discussion Group: Calling all readers! Bring your current book to discuss with others book lovers! (front lounge)</p>	<p>23</p> <p>9:30 AM Chair Exercise (back lounge)</p> <p>10:00 AM Bible Study with Larry (activity room)</p> <p>2:00 PM Game Guy Play multiple games! (activity room)</p> <p>4:00 PM Crossword Club – Crossword Puzzles will be available! (front lounge)</p> <p>9:30 PM Milwaukee Bucks at LA Clippers</p>	<p>24</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>10:00 AM Name That Tune with Jen!! (activity room)</p> <p>1:00 PM T.E.A Discussion Group with Alison – A time where we talk about our experiences with aging (activity room)</p> <p>2:30 PM Dominos (puzzle lounge)</p>	<p>25</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>10:00 AM Chair Exercise (back lounge)</p> <p>1:00 PM Dominos (puzzle lounge)</p> <p>Bus Trip: Eagle Watch followed by supper @ Texas Roadhouse! (meet in the back lounge @ 4:00 PM)</p> <p>9:00 PM Milwaukee Bucks at Portland Trail Blazers</p> <p>Hair salon open 8:00-4:00 PM</p>	<p>26</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>1:10 PM Chicago White Sox at Milwaukee Brewers</p>  <p>2:00 PM Get to know your neighbors party! You will leave knowing someone a little better (back lounge)</p> 	<p>27</p> <p>Happy Birthday, Carlene!!!</p> <p>9:30 AM Chair Exercise (back lounge)</p> <p>10:00 AM MSGR Burrill (activity room)</p>  <p>1:00 PM Paraffin Wax Hand Treatment: Warm & Soothing for Arthritic Hands! (activity room)</p> <p>2:30 PM BINGO w/ Sue! (dining room)</p>	<p>28</p> <p>9:00 AM Coffee & Social Hour (dining room)</p>  <p>2:00 PM Movie Matinee: "The Journey of Natty Gann" *Snacks will be served during the movie!!* (back lounge)</p> <p>2:00 PM San Antonio Spurs at Milwaukee Bucks</p> <p>6:10 PM Chicago White Sox at Milwaukee Brewers</p>

WST ACTIVITIES ARE SUBJECT TO CHANGE

Sunday	Monday	Tuesday	
<p data-bbox="107 131 149 159">29</p> <p data-bbox="170 180 323 386">9:30 AM Catholic Church Service (channel 19)</p> <p data-bbox="121 431 342 638">1:10 PM Chicago White Sox at Milwaukee Brewers</p> <p data-bbox="134 683 329 943">2:00 PM Walk and Talk for Wellness! (meet in the back lounge)</p> <p data-bbox="111 984 352 1455">3:00 PM Book Discussion Group: Calling all readers! Bring your current book to discuss with others book lovers! (front lounge)</p>	<p data-bbox="380 131 422 159">30</p> <p data-bbox="403 180 604 354"><i>Happy Birthday, Nancy!!!</i></p> <p data-bbox="388 396 621 602">9:30 AM Chair Exercise (back lounge)</p> <p data-bbox="388 643 621 1060">2:00 PM Bingocize with Jen – Play BINGO & exercise @ the same time! (activity room)</p> <p data-bbox="380 1101 632 1187">BREWERS</p> <p data-bbox="396 1203 613 1455">6:40 PM Tampa Bay Rays at Milwaukee Brewers</p>	<p data-bbox="653 131 695 159">31</p> <p data-bbox="688 180 873 326"><i>Happy Birthday, Harriett!!</i></p> <p data-bbox="709 370 863 678">  </p> <p data-bbox="667 703 894 1081">11:00 AM Birthday Brunch & a Bloody Mary Bar will be served for lunch today!! (dining room)</p> <p data-bbox="657 1117 905 1252">1:00 PM Dominos (puzzle lounge)</p> <p data-bbox="653 1287 909 1455">6:40 PM Tampa Bay Rays at Milwaukee Brewers</p>	

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