

Shelby Terrace March 2026

Birthdays: Janice

NOTE: All activities are held in the front lounge unless stated otherwise. Activities are subject to change.

SUNDAY	MONDAY	TUESDAY	WESNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>9:30 AM Catholic Mass on Channel 9</p> <p>11:00 AM Catholic services at BSJ</p> <p>1:15 PM Lutheran Services at BSJ</p>  <p>1:30 PM Root Beer Floats</p> 	<p>2</p> <p>10:00 AM Monday Morning Stretch</p>  <p>12:30 PM Outing - Valley View Mall/Barnes and Nobles</p> <p>BARNES & NOBLE</p> <p>6:00 PM Board Games with Neighbors</p> 	<p>3</p> <p>10:00 AM Chair Yoga</p>  <p>1:30 PM ADRC Dementia Series Part 1: BRAIN HEALTH</p> 	<p>4</p> <p>9:30 AM Rosary and Bible Study BSJ Care Center Chapel</p> <p>10:00 AM Chair Zumba</p>  <p>2:30 PM Live Music W/ Abbey Lane</p> 	<p>5</p> <p>9:00 AM Coffee Hour</p>  <p>1:30 PM Sticks & Stings Club -Bring your crocheting, knitting, and/or cross stich projects to work along with others or learn a new skill.</p>  <p>6:00 PM BINGO NIGHT</p>	<p>6</p> <p>10:00 AM Chair Yoga</p>  <p>1:30 PM Happy Hour</p>  <p><i>Cheers!</i></p> <p>6:00 PM Card Games With Neighbors</p> 	<p>7</p> <p>10:00 AM Coffee & Curiosity - Neil deGrasse Tyson Explains Daylights Savings Time.</p>  <p>1:30 PM BINGO</p>  <p>3:00 PM Walk W/ Neighbors to Dollar Store</p>

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Daylight's Savings 8 9:30 AM Catholic Mass on Channel 9 11:00 AM Catholic services at BSJ 1:15 PM Lutheran Services at BSJ  1:30 PM Ice Cream Social  *TURN CLOCKS FORWARD 1 HOUR!	9 10:00 AM Monday Morning Stretch  9:30 AM Outing - Breakfast at Hungry Peddler 6:00 PM WII The Price is Right Game 	10 10:00 AM Chair Yoga  1:30 PM BINGO  3:30 PM Visits with Zeus 	11 9:30 AM Rosary and Bible Study BSJ Care Center Chapel 10:00 AM Chair Zumba  2:30 PM Manicures W/ Autumn 	12 9:00 AM Coffee Hour  2:00 PM Service Club - Notes For Nurses  6:00 PM BINGO NIGHT 	13 9:00 AM Men's Group Coffee, Doughnuts, & Conversation  1:30 PM Happy Hour  <i>Cheers!</i> 6:00 PM Card Games With Neighbors 	14 10:00 AM Coffee & Curiosity - History of St. Patrick's Day  1:30 PM Bingo  3:00 PM Walk/Scooter W/ Neighbors to Aldi 

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SUNDAY	MONDAY	TUESDAY St. Patrick's Day	WEDNESDAY	THURSDAY Happy BDAY Janice!	FRIDAY	SATURDAY
<p>15</p> <p>9:30 AM Catholic Mass on Channel 9</p> <p>11:00 AM Catholic services at BSJ</p> <p>1:15 PM Lutheran Services at BSJ</p>  <p>1:30 PM Root Beer Floats</p> 	<p>16</p> <p>10:00 AM Monday Morning Stretch</p>  <p>12:30 PM Outing - Walmart</p>  <p>2:00 PM March Madness Brackets</p>  <p>6:00 PM Chess/Checkers on Main Lounge Chess table</p>	<p>17</p> <p>10:00 AM Chair Yoga</p>  <p>1:30 PM Bingo - St Patrick's Theme</p>  <p>March Madness First Four</p>	<p>18</p> <p>9:30 AM Rosary and sing-a-long BSJ Care center chapel</p> <p>10:00 AM Chair Zumba</p>  <p>2:30 PM What is it? - Game with Alison</p>  <p>March Madness First Four</p>	<p>19</p> <p>9:00 AM Coffee Hour</p>  <p>1:30 PM Sticks & Strings Club</p>  <p>6:00 PM BINGO Night</p>  <p>March Madness First Round</p>	<p>20</p> <p>10:00 AM Chair Yoga</p>  <p>1:30 PM St Patrick's Day Happy Hour</p>  <p>6:00 PM Card Games with Neighbors</p>  <p>March Madness First Round</p>	<p>21</p> <p>10:00 AM Coffee & Curiosity - Serious Science: The Driftless Area</p>  <p>1:30 PM BINGO</p>  <p>3:00 PM Walk/Scooter W/ Neighbors to Dollar Store</p> <p>March Madness Second Round</p>

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<p>22</p> <p>9:30 AM Catholic Mass on Channel 9</p> <p>11:00 AM Catholic services at BSJ</p> <p>1:15PM Lutheran Services at BSJ</p> <p>1:30 PM Ice Cream Social</p>  <p>March Madness Second Round</p>	<p>23</p> <p>10:00 AM Library Delivery (See Kacie to sign up)</p>  <p>12:30 PM Outing - Spring Scenic Drive - Riverside Park & Pettibone</p> <p>6:00 PM Shelby Singing Club</p> 	<p>24</p> <p>10:00 AM Chair Yoga</p>  <p>1:30 PM BINGO</p>  <p>3:30 PM Visits w/ Zeus</p> 	<p>25</p> <p>9:30 AM Rosary and Bible study BSJ Care Center Chapel</p> <p>10:00 AM Chair Zumba</p>  <p>2:30 PM TEA Discussion Group</p> 	<p>26</p> <p>9:00 AM Coffee Hour</p>  <p>1:30 PM Fire Meeting & Drill</p> <p>6:00 PM Bingo Night</p>  <p>March Madness Sweet 16</p>	<p>27</p> <p>10:00 AM Chair Yoga</p>  <p>12:45 PM Woman's Spa & Glamour Shots - COME GET PAMPERED! (upper dining room)</p> <p>6:00 PM Card Games with Neighbors</p> <p>March Madness Sweet 16</p>	<p>28</p> <p>10:00 AM Coffee & Curiosity - Barney Fife Best Moments</p>  <p>1:30 PM BINGO</p>  <p>3:00 PM Walk/Scooter W/ Neighbors to Aldi</p> <p>March Madness Elite 8</p>

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<p>29</p> <p>9:30 AM Catholic Mass on Channel 9</p> <p>11:00 AM Catholic services at BSJ</p> <p>1:15PM Lutheran Services at BSJ </p> <p>1:30 PM Ice Cream Social </p> <p>March Madness Elite 8</p>	<p>30</p> <p>10:00 AM Monday Morning Stretch </p> <p>1:30 PM The Price is Right WII </p> <p>6:00 PM Shelby Singing Club </p>	<p>31</p> <p>10:00 AM Chair Yoga </p> <p>1:30 PM ADRC Dementia Series Part 2: Dementia Friends </p>

