



FEBRUARY 2026

SUNDAY	TUESDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 <i>Take a Walk in the Halls today!</i> 8 AM - 10 AM Coffee and Sweet Treats Front Café 9:30 AM Catholic Mass ABC Channel 9 10:00 AM Colored Pencil Art & Puzzles West Lounge 6:00 PM America's Funniest Home Videos <i>Senior-it is featuring Senior Slip ups!</i> ABC Channel 9 Invite friends to play cards!	2  <i>Take a Walk in the Halls today!</i> 8 AM - 10 AM Coffee and Sweet Treats Front Café 9:30 AM Exercise Dining Room 10:00 AM Colored Pencil Art & Puzzles West Lounge 10:00 AM Colored Pencil West Lounge 2:00 PM BINGO Dining Room 7:00 PM Price is Right At Night Channel 7	3 <i>Take a Walk in the Halls today</i> 8 AM - 10 AM Coffee and Sweet Treats Front Café 9:30 AM Exercise Dining Room 10:00 AM Colored Pencil Art & Puzzles West Lounge 11:00 AM Lunch at Pizza Ranch in Onalaska Sign up on the bulletin board 7:00 PM Pro Bowl Skills Games On ESPN	4 <i>World Cancer Day</i> Take a Walk in the Halls today 8 AM - 10 AM Coffee and Sweet Treats Front Café 9:30 AM Exercise Dining Room 10:00 AM Colored Pencil Art & Puzzles West Lounge 1:30 PM Prairie Home Service Club Make blankets to distribute to Catholic Charities Organization 7:00 PM <i>Invite friends to play cards!</i>	5 8 AM - 10 AM Coffee and Sweet Treats Front Café 9:30 AM Exercise Dining Room 10:00 AM Scenic Drive Sign up on the bulletin board 10:30 AM Catholic Mass West Lounge 2:30 PM Hot Apple Cider Social Dining Room 6:00 PM Colored Pencil Art & Puzzles West Lounge	6 National Wear Red Day! <i>Take a Walk in the Halls today</i> 8 AM - 10 AM Coffee and Sweet Treats Front Café 10:00 AM Puzzles and Colored Pencil Art West Lounge 2:00 PM Happy Hour Margaritas and Nachos with Mariachi On Tubi Center Lounge 6:00 PM Colored Pencil Art & Puzzles West Lounge 7:00 PM <i>Invite friends to play cards!</i>	7 Happy Birthday, Sonja! 8 AM - 10 AM Coffee and Sweet Treats 12:45 PM Men's Short Figure Skating NBC Channel 13 2:00 PM Movie: <u>Places in the Heart</u> <i>Set in the 1930's starring Sally Field as a widowed mother fighting to save her farm.</i> On Tubi Center Lounge 3:00 PM Free Dance Figure Skating NBC Channel 13

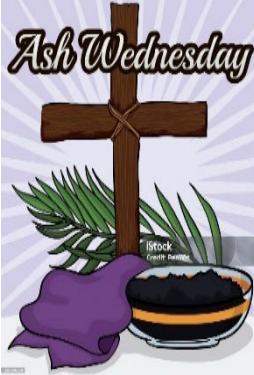


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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8 8 AM - 10 AM Coffee and Sweet Treats Front Café	9 8 AM - 10 AM Coffee and Sweet Treats Front Café	10  Book Drop Off 8 AM - 10 AM Coffee and Sweet Treats Front Café	11 8 AM - 10 AM Coffee and Sweet Treats Front Café	12 8 AM - 10 AM Coffee and Sweet Treats Front Café	13 8 AM - 10 AM Coffee and Sweet Treats Front Café	14 
9:30 AM Catholic Mass ABC Channel 9	10:00 AM Colored Pencil Art & Puzzles West Lounge	9:30 AM Exercise Dining Room	12:20 PM Rhythm Dance Figure Skating Part 1 USA Channel 40	9:30 AM Exercise Dining Room	10:30 AM Valentine's Social with Merit Centre Participants Dining Room	8 AM - 10 AM Coffee and Sweet Treats Front Café
12:30 PM Pairs Free Figure Skating USA Channel 40	12:20 PM Rhythm Dance Figure Skating Part 1 USA Channel 40	10:00 AM Scenic Drive Sign up on board	1:40 PM Rhythm Dance Figure Skating Part 2 NBC Channel 13	10:00 AM Valentine Craft Dining Room	1:15 PM Men's & Women's Speed Skating USA Channel 40	10:30 AM Ski Jumping USA Channel 40
2:55 PM Men's Team Free Figure Skating USA Channel 40	1:40 PM Rhythm Dance Figure Skating Part 2 NBC Channel 13	11:30 AM Rhythm Dance Figure Skating USA Channel 40	2:00 PM Balloon Toss Dining Room	2:00 PM Holmen High School Tri-M Honor Society USA Channel 40	1:15 PM Men's & Women's Speed Skating USA Channel 40	11:00 AM Lunch at Famous Dave's Sign up on board
5:30 PM Super Bowl LX New England Patriots vs Seattle Seahawks NBC Channel 13	 2:00 PM Creating Tiny Valentines with Alison Dining Room	2:00 PM BINGO - with St. Elizabeth's Church Group! Dining Room	3:15 PM Holmen High School Tri-M Honor Society Performing Musical Selections	2:10 PM USA Hockey USA Channel 40	2:00 PM Valentine Happy Hour Wine, Cheese, Crackers, and Chocolates – Dining Room	2:00 PM Movie: <u>It Happened One Night</u> Romantic Comedy Clark Gable & Claudette Colbert On Tubi Center Lounge
				2:30 PM Lutheran Prayer Service Front Lounge	2:00 PM Men's Free Skate Part 2 NBC Channel 13	2:10 PM USA Hockey USA Channel 40



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15 8 AM - 10 AM Coffee Hour Front Café 9:30 AM Catholic Mass ABC Channel 9 10:00 AM Colored Pencil Art & Puzzles West Lounge 12:45 PM Pairs Short Figure Skating Part 1 USA Channel 40 2:00 PM Pairs Short Figure Skating Part 2 NBC Channel 13 2:10 PM Men's Hockey USA vs Germany USA Channel 40	16 <i>Happy Birthday, Beverly K!</i> <i>Happy Birthday, Jeen S!</i> 8 AM - 10 AM Coffee Hour Front Café 8 AM - 10 AM Coffee Hour Front Café 10:00 AM Colored Pencil Art & Puzzles West Lounge 12:30 PM Women's Freestyle Skiing NBC Channel 13 1:00 PM Pairs Free Skate Part 1 USA Channel 40 2:55 PM Pairs Free Skate Part 2 NBC Channel 13 2:00 PM BINGO Dining Room	17 8 AM - 10 AM Coffee Hour Front Café 9:30 AM Exercise Dining Room 10:00 AM Walmart Trip Sign up on the board 11:45 AM Women's Short Program Skating USA Channel 40 1:40 PM Women's Short Program Skating Part 2 NBC Channel 13 2:00 PM Ice Cream Sundaes Dining Room	18  8 AM - 10 AM Coffee Hour Front Café 8 AM - 10 AM Coffee Hour Front Café 10:00 AM Colored Pencil Art & Puzzles West Lounge 11:30 AM Speed Skating USA Channel 40 2:00 PM Bingocize Dining Room 2:10 PM Men's Hockey Quarterfinal USA Channel 40	19 8 AM - 10 AM Coffee Hour Front Café 9:30 AM Exercise Dining Room 10:30 AM Catholic Communion West Lounge 11:00 AM Lunch at Hungry Peddler Sign up on board 12:00 PM Women's Free Skate NBC Channel 13 2:00 PM Music of Bruce Greenwood Dining Room	20 8 AM - 10 AM Coffee Hour Front Café 12:30 PM T.E.A. Discussion Group West Lounge 12:30 PM Men's Freestyle Skiing NBC Channel 13 2:00 PM  Mardi Gras 2:00 PM Mardi Gras Celebration Featuring Mardi Gras Cocktails, Mardi Gras Snack Mix, and Jazz Music Dining Room 2:10 PM Men's Semifinal Hockey NBC Channel 13	21 8 AM - 10 AM Coffee Hour Front Café 10:00 AM Colored Pencil Art & Puzzles West Lounge 12:30 PM Women's Freestyle Skiing NBC Channel 13 1:40 PM Men's Hockey Bronze Medal Game USA Channel 40 1:55 PM Figure Skating Exhibition Gala NBC Channel 13 2:00 PM Movie: <u>Mr. Smith Goes to Washington</u> Drama, Comedy Jimmy Stewart On Tubi Center Lounge



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22 <i>Take a Walk in the Halls today!</i>	23 <i>Take a Walk in the Halls today</i>	24 <i>Take a Walk in the Halls today</i>	25 <i>Take a Walk in the Halls today</i>	26 <i>Take a Walk in the Halls today</i>	27 <i>Take a Walk in the Halls today</i>	28 <i>Walk in the halls today!</i>
7:10 ZM Men's Hockey Gold Game NBC Channel 13	8 AM - 10 AM Coffee and Sweet Treats Front Café	8 AM - 10 AM Coffee and Sweet Treats Front Café	8 AM - 10 AM Coffee and Sweet Treats Front Café	8 AM - 10 AM Coffee and Sweet Treats Front Café	8 AM - 10 AM Coffee and Sweet Treats Front Café	8 AM - 10 AM Coffee and Sweet Treats Front Café
8 AM - 10 AM Coffee and Sweet Treats Front Café	 9:30 AM Exercise with Amy Dining Room	10:00 AM Colored Pencil Art & Puzzles West Lounge	8:30 AM Birthday Breakfast Blueberry French Toast Bake with Bacon Strips, Juice, and Coffee	10:00 AM Colored Pencil Art & Puzzles West Lounge	2:00 PM Happy Hour Bloody Mary Bar, Chips and Dip, Classic Rock and Roll Music	10:00 AM Colored Pencil Art & Puzzles West Lounge
9:30 AM Catholic Mass ABC Channel 9	10:00 AM Game Guy <i>There's not a game he doesn't know how to play!</i>  1:30 PM Musical Entertainer Jack Norton	12:30 PM Scenic Drive with Linda Sign up on the bulletin board	2:00 PM Flickin' Chicken Games & Chicken Dining Room	10:00 AM Scenic Drive Sign up on the bulletin board	1:30 PM Exercise Dining Room	2:00 PM Movie: <u>Fiddler on the Roof</u> <small>Romantic musical drama taking place in a Russian village in 1904, with classic songs "Tradition," "Matchmaker, Matchmaker," "If I Were a Rich Man," and "Sunrise, Sunset."</small> On Tubi Center Lounge
10:00 AM Colored Pencil Art & Puzzles West Lounge	2:30 PM Chex Mix and Hot Cocoa Dining Room	2:30 PM Dance Party – Dining Room	7:00 PM Trivia with Holmen Lutheran Students Dining Room		Invite friends to play board games or card games	
1:30 PM Olympics Closing Ceremony NBC Channel 13	1:30 PM <i>Invite friends to play board games or card games</i>					

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<p>February Birthdays</p>  <p>February 7th Sonja R.!</p> <p>February 16th Beverly K.!</p> <p>February 16th Emogene S.!</p> <p>Flowers:</p>  <p>Violet Primrose</p> <p>Birthstone: Amethyst Symbolizing Humility, Spiritual Wisdom, and Sincerity</p>	<p>Holmen High School Tri-M Honor Society Music Students will perform a variety of musical selections for us!</p>  <p>Wednesday, February 11th at 3:15 PM Dining Room</p>	<p>February is National HEART HEALTHY MONTH!</p> <p>Join in some activities to keep moving for heart health!</p> <p>Walk the halls Exercise Classes Flickin' Chicken Bingocize</p>	<p>National Wear Red Day is Friday, February 6th</p>  <p>Wear red and help raise awareness of women's number 1 killer – cardiovascular disease.</p>	<p>STROKE WARNING SIGNS:</p> <p><i>Spot a STROKE F-A-S-T:</i></p> <ul style="list-style-type: none"> - FACIAL DROOPING - ARM WEAKNESS - SPEECH DIFFICULTY - TIME TO CALL 9-1-1 <p>CALL 9-1-1 even If The symptoms go away!</p>	<p>HEART ATTACK WARNING SIGNS:</p> <p>DISCOMFORT in the Center of the Chest – <i>uncomfortable squeezing, fullness, or pain</i></p> <p>DISCOMFORT in the Arms, Back, Neck, Jaw, or Stomach</p> <p>SHORTNESS OF BREATH With or without chest discomfort</p> <p>OTHER SIGNS Cold Sweat, Nausea, or Lightheadedness</p> <p>CALL 9-1-1 If experiencing Any symptoms</p>	 <p>What did one pig say to the other?</p> <p><i>Don't go bacon my heart!</i></p>  <p>What do olives say to each other on Valentine's Day?</p> <p><i>Olive you!</i></p>  <p>What did one plate say to the other?</p> <p><i>Tonight, dinner is on me!</i></p> 
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