





# FEBRUARY 2026

SUNDAY	TUESDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> <i>Take a Walk in the Halls today!</i>  <b>8 AM - 10 AM</b> <b>Coffee and Sweet Treats</b> Front Café  <b>9:30 AM</b> <b>Catholic Mass</b> ABC Channel 9  <b>10:00 AM</b> <b>Colored Pencil Art &amp; Puzzles</b> West Lounge  <b>6:00 PM</b> <b>America's Funniest Home Videos</b> <i>Senior-itis featuring Senior Slip ups!</i> ABC Channel 9  <b>Invite friends to play cards!</b>	<b>2</b>  <i>Take a Walk in the Halls today!</i>  <b>8 AM - 10 AM</b> <b>Coffee and Sweet Treats</b> Front Café  <b>10:00 AM</b> <b>Colored Pencil Art &amp; Puzzles</b> West Lounge  <b>2:00 PM</b> <b>BINGO</b> Dining Room  <b>7:00 PM</b> <b>Price is Right At Night</b> Channel 7	<b>3</b> <i>Take a Walk in the Halls today</i>  <b>8 AM - 10 AM</b> <b>Coffee and Sweet Treats</b> Front Café  <b>9:30 AM</b> <b>Exercise</b> Dining Room  <b>10:00 AM</b> <b>Colored Pencil Art &amp; Puzzles</b> West Lounge  <b>11:00 AM</b> <b>Lunch at Pizza Ranch in Onalaska</b> Sign up on the bulletin board  <b>7:00 PM</b> <b>Pro Bowl Skills Games</b> On ESPN	<b>4</b> <i>World Cancer Day</i> <i>Take a Walk in the Halls today</i>  <b>8 AM - 10 AM</b> <b>Coffee and Sweet Treats</b> Front Café  <b>10:00 AM</b> <b>Colored Pencil Art &amp; Puzzles</b> West Lounge  <b>1:30 PM</b> <b>Prairie Home Service Club</b> Make blankets to distribute to Catholic Charities Organization Dining Room  <b>Invite friends to play cards!</b>	<b>5</b> <b>8 AM - 10 AM</b> <b>Coffee and Sweet Treats</b> Front Café  <b>9:30 AM</b> <b>Exercise</b> Dining Room  <b>10:00 AM</b> <b>Scenic Drive</b> Sign up on the bulletin board  <b>10:30 AM</b> <b>Catholic Mass</b> West Lounge  <b>2:30 PM</b> <b>Hot Apple Cider Social</b> Dining Room  <b>6:00 PM</b> <b>Colored Pencil Art &amp; Puzzles</b> West Lounge	<b>6</b> <b>National Wear Red Day!</b> <i>Take a Walk in the Halls today</i>  <b>8 AM - 10 AM</b> <b>Coffee and Sweet Treats</b> Front Café  <b>10:00 AM</b> <b>Puzzles and Colored Pencil Art</b> West Lounge  <b>2:00 PM</b> <b>Happy Hour Margaritas and Nachos with Mariachi Music</b> Dining Room  <b>Invite friends to play cards!</b>	<b>7</b> <b>Happy Birthday, Sonja!</b>  <b>8 AM - 10 AM</b> <b>Coffee and Sweet Treats</b>  <b>12:45 PM</b> <b>Men's Short Figure Skating</b> NBC Channel 13  <b>2:00 PM</b> <b>Movie: <u>Places in the Heart</u></b> <i>Set in the 1930's starring Sally Field as a widowed mother fighting to save her farm.</i> On Tubi Center Lounge  <b>3:00 PM</b> <b>Free Dance Figure Skating</b> NBC Channel 13


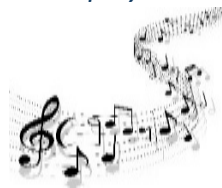
# FEBRUARY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>8</b> <b>8 AM - 10 AM</b> <b>Coffee and Sweet Treats</b> Front Café  <b>9:30 AM</b> <b>Catholic Mass</b> ABC Channel 9  <b>12:30 PM</b> <b>Pairs Free Figure Skating</b> USA Channel 40  <b>2:55 PM</b> <b>Men's Team Free Figure Skating</b> USA Channel 40  <b>5:30 PM</b> <b>Super Bowl LX New England Patriots vs Seattle Seahawks</b> NBC Channel 13	<b>9</b> <b>8 AM - 10 AM</b> <b>Coffee and Sweet Treats</b> Front Café  <b>10:00 AM</b> <b>Colored Pencil Art &amp; Puzzles</b> West Lounge  <b>12:20 PM</b> <b>Rhythm Dance Figure Skating Part 1</b> USA Channel 40 <b>1:40 PM</b> <b>Rhythm Dance Figure Skating Part 2</b> NBC Channel 13   <b>2:00 PM</b> <b>Creating Tiny Valentines with Alison</b> Dining Room	<b>10</b>  <b>Book Drop Off</b> <b>8 AM - 10 AM</b> <b>Coffee and Sweet Treats</b> Front Café  <b>9:30 AM</b> <b>Exercise</b> Dining Room  <b>10:00 AM</b> <b>Scenic Drive</b> Sign up on board  <b>11:30 AM</b> <b>Rhythm Dance Figure Skating</b> USA Channel 40 <b>12:45 PM</b> <b>Rhythm Dance Figure Skating</b> NBC Channel 13  <b>2:00 PM</b> <b>BINGO - with St. Elizabeth's Church Group!</b> Dining Room	<b>11</b> <b>8 AM - 10 AM</b> <b>Coffee and Sweet Treats</b> Front Café  <b>12:20 PM</b> <b>Rhythm Dance Figure Skating Part 1</b> USA Channel 40 <b>1:40 PM</b> <b>Rhythm Dance Figure Skating Part 2</b> NBC Channel 13  <b>2:00 PM</b> <b>Balloon Toss</b> Dining Room  <b>3:15 PM</b> <b>Holmen High School Tri-M Honor Society Performing Musical Selections</b> Dining Room	<b>12</b> <b>8 AM - 10 AM</b> <b>Coffee and Sweet Treats</b> Front Café  <b>9:30 AM</b> <b>Exercise</b> Dining Room  <b>10:00 AM</b> <b>Valentine Craft</b> Dining Room  <b>1:15 PM</b> <b>Men's &amp; Women's Speed Skating</b> USA Channel 40 NBC Channel 13 <b>2:10 PM</b> <b>USA Hockey</b> USA Channel 40  <b>2:30 PM</b> <b>Lutheran Prayer Service</b> Front Lounge	<b>13</b> <b>8 AM - 10 AM</b> <b>Coffee and Sweet Treats</b> Front Café  <b>10:30 AM</b> <b>Valentine's Social with Merit Centre Participants</b> Dining Room   <b>2:00 PM</b> <b>Valentine Happy Hour</b> Wine, Cheese, Crackers, and Chocolates – Dining Room  <b>2:00 PM</b> <b>Men's Free Skate Part 2</b> NBC Channel 13	<b>14</b>   <b>8 AM - 10 AM</b> <b>Coffee and Sweet Treats</b> Front Café  <b>10:30 AM</b> <b>Ski Jumping</b> USA Channel 40  <b>11:00 AM</b> <b>Lunch at Famous Dave's</b> Sign up on board  <b>2:00 PM</b> <b>Movie: It Happened One Night</b> <i>Romantic Comedy</i> <i>Clark Gable &amp; Claudette Colbert</i> On Tubi Center Lounge <b>2:10 PM</b> <b>USA Hockey</b> USA Channel 40

# FEBRUARY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>15</b> <b>8 AM - 10 AM</b> <b>Coffee Hour</b> Front Café  <b>9:30 AM</b> <b>Catholic Mass</b> ABC Channel 9  <b>10:00 AM</b> <b>Colored Pencil Art &amp; Puzzles</b> West Lounge  <b>12:45 PM</b> <b>Pairs Short Figure Skating Part 1</b> USA Channel 40  <b>2:00 PM</b> <b>Pairs Short Figure Skating Part 2</b> NBC Channel 13  <b>2:10 PM</b> <b>Men's Hockey USA vs Germany</b> USA Channel 40	<b>16</b> <i>Happy Birthday, Beverly K!</i>  <i>Happy Birthday, Jeen S!</i>  <b>8 AM - 10 AM</b> <b>Coffee Hour</b> Front Café <b>10:00 AM</b> <b>Colored Pencil Art &amp; Puzzles</b>  <b>12:30 PM</b> <b>Women's Freestyle Skiing</b> NBC Channel 13  <b>1:00 PM</b> <b>Pairs Free Skate Part 1</b> USA Channel 40 <b>2:55 PM</b> <b>Pairs Free Skate Part 2</b> NBC Channel 13  <b>2:00 PM</b> <b>BINGO</b> Dining Room	<b>17</b> <b>8 AM - 10 AM</b> <b>Coffee Hour</b> Front Café  <b>9:30 AM</b> <b>Exercise</b> Dining Room  <b>10:00 AM</b> <b>Walmart Trip</b> Sign up on the board  <b>11:45 AM</b> <b>Women's Short Program Skating</b> USA Channel 40  <b>1:40 PM</b> <b>Women's Short Program Skating Part 2</b> NBC Channel 13  <b>2:00 PM</b>  <b>Ice Cream Sundaes</b> Dining Room	<b>18</b>  <b>8 AM - 10 AM</b> <b>Coffee Hour</b> Front Café  <b>10:00 AM</b> <b>Colored Pencil Art &amp; Puzzles</b> West Lounge  <b>1:30 PM</b> <b>Speed Skating</b> USA Channel 40  <b>2:00 PM</b> <b>Bingocize</b> Dining Room  <b>2:10 PM</b> <b>Men's Hockey Quarterfinal</b> USA Channel 40	<b>19</b> <b>8 AM - 10 AM</b> <b>Coffee Hour</b> Front Café  <b>9:30 AM</b> <b>Exercise</b> Dining Room  <b>10:30 AM</b> <b>Catholic Communion</b> West Lounge  <b>11:00 AM</b> <b>Lunch at Hungry Peddler</b> Sign up on board  <b>12:00 PM</b> <b>Women's Free Skate</b> NBC Channel 13  <b>2:00 PM</b> <b>Music of Bruce Greenwood</b> Dining Room	<b>20</b> <b>8 AM - 10 AM</b> <b>Coffee Hour</b> Front Café  <b>12:30 PM</b> <b>T.E.A. Discussion Group</b> West Lounge  <b>12:30 PM</b> <b>Men's Freestyle Skiing</b> NBC Channel 13   <b>2:00 PM</b> <b>Mardi Gras Celebration</b> Featuring Mardi Gras Cocktails, Mardi Gras Snack Mix, and Jazz Music Dining Room <b>2:10 PM</b> <b>Men's Semifinal Hockey</b> NBC Channel 13	<b>21</b> <b>8 AM - 10 AM</b> <b>Coffee Hour</b> Front Café  <b>10:00 AM</b> <b>Colored Pencil Art &amp; Puzzles</b> West Lounge  <b>12:30 PM</b> <b>Women's Freestyle Skiing</b> NBC Channel 13 <b>1:40 PM</b> <b>Men's Hockey Bronze Medal Game</b> USA Channel 40 <b>1:55 PM</b> <b>Figure Skating Exhibition Gala</b> NBC Channel 13  <b>2:00 PM</b> <b>Movie:</b> <u><i>Mr. Smith Goes to Washington</i></u> <i>Drama, Comedy</i> <i>Jimmy Stewart</i> On Tubi Center Lounge

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>22</b> <i>Take a Walk in the Halls today!</i>  <b>7:10 ZM</b> <b>Men's Hockey Gold Game</b> NBC Channel 13  <b>8 AM - 10 AM</b> <b>Coffee and Sweet Treats</b> Front Café  <b>9:30 AM</b> <b>Catholic Mass</b> ABC Channel 9  <b>10:00 AM</b> <b>Colored Pencil Art &amp; Puzzles</b> West Lounge  <b>1:30 PM</b> <b>Olympics Closing Ceremony</b> NBC Channel 13	<b>23</b> <i>Take a Walk in the Halls today</i>  <b>8 AM - 10 AM</b> <b>Coffee and Sweet Treats</b> Front Café   <b>10:00 AM</b> <b>Game Guy</b> <i>There's not a game he doesn't know how to play!</i>   <b>1:30 PM</b> <b>Musical Entertainer Jack Norton</b> Dining Room	<b>24</b> <i>Take a Walk in the Halls today</i>  <b>8 AM - 10 AM</b> <b>Coffee and Sweet Treats</b> Front Café  <b>9:30 AM</b> <b>Exercise with Amy</b> Dining Room  <b>12:30 PM</b> <b>Scenic Drive with Linda</b> Sign up on the bulletin board  <b>2:30 PM</b> <b>Chex Mix and Hot Cocoa</b> Dining Room  <b>Invite friends to play board games or card games</b>	<b>25</b> <i>Take a Walk in the Halls today</i>  <b>8 AM - 10 AM</b> <b>Coffee and Sweet Treats</b> Front Café  <b>10:00 AM</b> <b>Colored Pencil Art &amp; Puzzles</b> West Lounge  <b>2:00 PM</b> <b>Flickin' Chicken Games &amp; Chicken Dance Party –</b> Dining Room  <b>7:00 PM</b> <b>Trivia with Holmen Lutheran Students</b> Dining Room	<b>26</b> <i>Take a Walk in the Halls today</i>  <b>8 AM – 10 AM</b> <b>Coffee and Sweet Treats</b> Front Café  <b>8:30 AM</b> <b>Birthday Breakfast Blueberry French Toast Bake with Bacon Strips, Juice, and Coffee</b> Dining Room  <b>10:00 AM</b> <b>Scenic Drive</b> Sign up on the bulletin board  <b>1:30 PM</b> <b>Exercise</b> Dining Room	<b>27</b> <i>Take a Walk in the Halls today</i>  <b>8 AM - 10 AM</b> <b>Coffee and Sweet Treats</b> Front Café  <b>10:00 AM</b> <b>Colored Pencil Art &amp; Puzzles</b> West Lounge  <b>2:00 PM</b> <b>Happy Hour Bloody Mary Bar, Chips and Dip, Classic Rock and Roll Music</b> Dining Room  <b>Invite friends to play board games or card games</b>	<b>28</b> <i>Walk in the halls today!</i>  <b>8 AM - 10 AM</b> <b>Coffee and Sweet Treats</b> Front Café  <b>10:00 AM</b> <b>Colored Pencil Art &amp; Puzzles</b> West Lounge  <b>2:00 PM</b> <b>Movie: <u>Fiddler on the Roof</u></b> <i>Romantic musical drama taking place in a Russian village in 1904, with classic songs "Tradition," "Matchmaker, Matchmaker," "If I Were a Rich Man," and "Sunrise, Sunset."</i> On Tubi Center Lounge



# FEBRUARY 2026

## February Birthdays



February 7<sup>th</sup>  
Sonja R.!

February 16<sup>th</sup>  
Beverly K.!

February 16<sup>th</sup>  
Emogene S.!

### Flowers:



*Violet Primrose*

### Birthstone:

*Amethyst*  
Symbolizing  
Humility,  
Spiritual Wisdom,  
and  
Sincerity

**Holmen High School**  
**Tri-M Honor Society**  
**Music**  
**Students will perform a variety of musical selections for us!**



**Wednesday,**  
**February 11<sup>th</sup>**  
**at 3:15 PM**  
**Dining Room**

## February is National HEART HEALTHY MONTH!

Join in some activities to keep moving for heart health!

Walk the halls

Exercise Classes

Flickin' Chicken

Bingocize

**National Wear Red Day is Friday, February 6<sup>th</sup>**



**Wear red and help raise awareness of women's number 1 killer – cardiovascular disease.**

## STROKE WARNING SIGNS:

*Spot a  
STROKE  
F-A-S-T:*

- FACIAL  
DROOPING

- ARM  
WEAKNESS

- SPEECH  
DIFFICULTY

- TIME TO  
CALL 9-1-1

**CALL 9-1-1**  
even  
If  
The symptoms  
go away!

## HEART ATTACK WARNING SIGNS:

**DISCOMFORT**  
in the Center of  
the Chest –  
uncomfortable  
squeezing,  
fullness, or pain

**DISCOMFORT**  
in the Arms,  
Back, Neck, Jaw,  
or Stomach  
**SHORTNESS  
OF BREATH**

With or without  
chest  
discomfort

**OTHER SIGNS**  
Cold Sweat,  
Nausea, or  
Lightheadedness

**CALL 9-1-1**  
**If experiencing  
Any symptoms**



What did one  
pig say to the  
other?

*Don't go bacon  
my heart!*



What do olives  
say to each  
other on  
Valentine's  
Day?

*Olive you!*



What did one  
plate say to the  
other?

*Tonight, dinner  
is on me!*

