

Marinuka Manor Newsletter

Happy Holidays!

I hope everyone has enjoyed the holiday season and has been staying warm. We have had a very fun holiday season from having a festive facility, holiday activities and of course all of the goodies.

Reflecting on the 2025 year, we are grateful for the continued community and family support from the amazing fundraising support, generous donations throughout the year, staff appreciation goodies and notes and more! I am very appreciative of the care the staff provide to each and every resident throughout the year - thank you so much for your hard work and dedication! We, Marinuka Manor, are wishing everyone a safe and happy New Year and cannot wait to see what the New Year brings!

-Kristin Cochran, Nursing Home Administrator



Like & follow us on Facebook to stay up to date with the residents and the facility:

Marinuka Manor Nursing Home

Upcoming Event Highlights

February - National Recreation

Therapy Month

February 2nd - Groundhog Day

February 13th - MM Auxiliary

Valentines Day Party

February 14th - Valentines Day

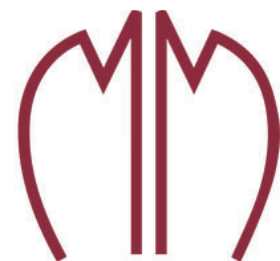
March - National Social Worker
Month

March 4th - Mardi Gras

March 9th - Daylight Savings Time
Starts

March 17th - St. Patrick's Day

March 20th - First Day of Spring



Marinuka Manor

A BSJ Corporation Managed Facility



Mission

To provide care and services responsive to the individual needs of those we serve, with dignity and respect in a cost effective manner, placing value on the recipient, his or her family and our staff.

Contact

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Nursing Home Administrator
Kristin Cochran

Director of Nursing
Taylor Docken

Social Worker
Dawn Washburn

**Director of Housekeeping, Laundry,
Food and Nutrition Services**
Nolan Henderson

Recreation Therapy Director
Carter Peterson

Eden House

Eden house offers senior independent apartments; connected to Marinuka Manor. Eden House includes support services, 3 meals a day, response system, and opportunities for leisure activities for the senior population of the community.

Call for availability of studio and one-bedroom apartments.

Therapy

Marinuka Manor offers different types of skilled therapy. To qualify for therapy, one will need to have a Doctor's order and insurance that is in network. Each therapy will focus on different interventions and goals to help provide the recovery you need.

Physical Therapy includes your lower body strengthening, balance, ambulation, and endurance.

Occupational Therapy includes upper body strengthening, edema, and ADL's (bathing, dressing, feeding, etc.).

Speech Therapy includes memory, cognition, and eating/swallowing for those having difficulty with different foods or drinks.

Thank You Donors!

Thank you to all of our generous donors over the past three months; we appreciate all of the wonderful donations to the residents, staff and facility! A big thank you to all who have donated flowers, craft supplies, bingo prizes, food and treats for residents and staff. We are blessed to have such a caring generous community!

THANK
you

Chicken Q Highlight

We are happy to share that we had a great turnout from our Chicken Q fundraiser this past October. After expenses and all, we raised a total of \$2101.66, with \$884.11 coming from our free-will donation bake sale. Thank you everyone who purchased a meal or baked goods in support for the residents of Marinuka Manor. With the funds from our Chicken Q Fundraiser and Randy's Roundup earlier this year we were able to purchase a towel warmer to keep our residents warm and cozy after their showers and baths. We look forward to seeing you again next year!



Holiday Cheer

The holidays are filled with lots of love and joy, and we would like to share a special thanks to everyone who made this year memorable for our residents and staff!

First, we would like to thank everyone who caroled or played Christmas music this year. Your music brought so much joy to the residents, and made the season feel extra festive.

Thank you Young at Heart for coordinating an online gift registry so each resident could get an individualized gift this year, and thank you to everyone in the community who donated gifts with Young at Heart for your thoughtful and generous donations that went directly to our residents.

Thank you to the Gilbert Brown Foundation for your donation of gifts from the Craft Barn in Galesville for all residents and staff. It's truly amazing to see the impact that was made for our staff and residents.

Thank you everyone who brought in baked goods and treats to share with our staff. Your continued year round support warms the hearts of our staff members.

Finally, thank you everyone who made monetary donations throughout the year. Your donations allowed us to get additional gifts for each resident on behalf of Marinuka Manor and spread some extra holiday cheer.

We are incredibly blessed to have such a great community and are grateful for everyone's continued support and care! Happy Holidays!



Holiday Cheer





Love Lights Celebration of Life

Our Love Lights Celebration of Life runs from Thanksgiving through the end of the year and serves as a way for families and friends to honor the life or memory of their loved ones. This tradition is a wonderful way to share a resident's memory with the community and make an impact on the lives of our residents. For each Love Lights donation received, an ornament is displayed on our Christmas Tree to share the memory of those we love and hold near. Thanks to generous donations this year, we raised \$2,345. We are incredibly thankful to Dan Kelleher for generously donating the Sara Steady Lift which we were fundraising for. Because of this, the funds from Love Lights will now be used in pairing with a donation from the friends and family of Glenn Rogneby to create a more accessible and welcoming courtyard space. Thank you to everyone who participated in our Love Lights Celebration of Life and donated in memory or honor of their loved one!



Resident Birthdays

October 7th - Sylvia
October 8th - Claire
October 11th - Betty
November 16th - Nona B.
December 7th - Janice E.
December 9th - Marion

HAPPY
Birthday

Dining Delights

Throughout the last quarter our Nutrition Department has continued serving up delicious food and keeping our residents well nourished. From special events such as Harvest Fest and New Years Eve Parties, to special meals for the holiday season, they continue to serve up some delicious mouthwatering meals. Check out these featured dishes from the last couple months. Our compliments to all our nutrition department staff for serving up some great meals and treats!



Lefsa and Pumpkin Truffles
-Harvest Fest

Mac and Cheese Bites, Champagne, Black and White Cookies
-New Years Eve Meal and Party

Staff Anniversaries

18 Years

Diane H.

5 Years

Cecilia N.

2 Years

Madelyn S.

1 Year

Lauren F.

13 Years

Elizabeth J.

4 Years

Chris L.

Nolan H.

Ellissa G.

Kinley A.

Heidi G.

Carter P.

6 Years

Angela M.

3 Years

Jenny H.

Jay S.

*Happy
Anniversary*

Recreation Department Updates

Happy Winter! We had a great set of programs this last quarter, and with the holiday season coming to a close, we like to reflect on all the joy and excitement that was shared this season!

In October, residents had a great time with all things Halloween. Residents crafted up some themed crafts, such as pumpkin painting and spooky floating ghosts. Staff joined in on the Halloween spirit too, with pumpkin carving and costume contests, both of which the residents voted on. Residents wrapped up the Halloween season by handing out candy to Trick Or Treaters who stopped in for a sweet treat.

In November, residents looked forward to Thanksgiving and reminiscing on those we are thankful for. Residents baked up some mini pumpkin pies before thanksgiving for a taste of the season, tested their luck and knowledge in Wheel of Fortune, and made some amazing hand made jewelry. Thank you Kelly for donating jewelry supplies which allowed us to have such a great group. To celebrate Thanksgiving, residents took part in our first Harvest Fest, where they took part in apple stacking, turkey target shooting, and enjoying some tasty treats from our amazing nutrition department.

December residents stayed busy with plenty to do. Holiday baking was a must, and residents had a great time making all sorts of holiday cookies like Sandbakkels, peanut butter blossoms, and classic sugar cookies. Residents also put their creative skills to the test with some gingerbread house decorating and cookie decorating. Finally, residents wrapped up December with a Christmas Party and New Years Party. We would like to thank everyone in the community again for their generous donations to make these special events so special for our residents.

We look forward to 2026 and everything the New Year has to offer!

-Carter Peterson, Recreation Therapy Director



Recreation Department Fun



Recreation Department Fun



Recreation Department Fun

