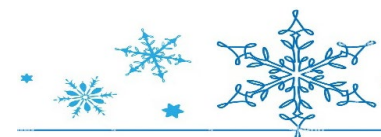


Salem Terrace Activity Calendar – January 2026



January Birthdays

**1 / 2 -
Jeanne
Wolfe**

**1 / 14 -
Carol
Dable**

**1 / 21 -
Arnold
Thompson**

**1 / 30 -
William
Hansen**



Thursday

1

9:00 AM
*Tournament of
Roses Parade*
NBC
(front lounge)

11:00 AM
Orange Bowl
ESPN
(front lounge)

4:00 PM
**Rose Bowl
Tournament**
ESPN
(front lounge)

***Wishing you
joy, peace and
endless
laughter
in the year
ahead!***



Friday

2

***Happy
Birthday,
Jeanne!***

9:00 AM
Chair Exercise
(back lounge)



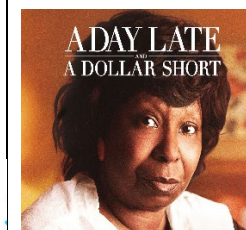
2:30 PM
BINGO
w/ Sue
(dining room)

3:30 PM
**College
Liberty Bowl**
ESPN
(front lounge)

Saturday

3

9:00 AM
**Coffee &
Social Hour**
(dining room)



2:00 PM
**Movie
Matinee:**
**"A Day Late
and a Dollar
Short"**

****Snacks will
be served!****
(back lounge)

7:00 PM
**Charlotte
Hornets at
Milwaukee
Bucks**

WST ACTIVITIES ARE SUBJECT TO CHANGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>4</p> <p>9:30 AM Catholic Service (channel 19)</p> <p>2:00 PM Euchre (puzzle lounge)</p> <p>3:00 PM Invite a Friend to Play a Game during Game Hour (puzzle lounge)</p> <p>12:00 PM Green Bay Packers vs. Minnesota Vikings! (fox)</p> <p>8:00 PM Milwaukee Bucks at Sacramento Kings</p>	<p>5</p> <p>10:00 AM Chair Exercise (back lounge)</p>  <p>2:00 PM Craft and Chat with Alyssa! We will provide a craft for you to do or you can bring your own craft from home to work on! (activity room)</p>	<p>6</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>12:45 PM Dominos (puzzle lounge)</p>  <p>2:00 PM New Years from Around the World – Activity w/ Alison (activity room)</p> <p>4:30 PM Puzzle Time (puzzle lounge)</p>	<p>7</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>10:00 AM Chair Exercise (back lounge)</p> <p>10:45 AM Ashley Delivers library books!</p>  <p>Bus Trip: Gambling @ Ho-Chunk Casino in Black River Falls!! (meet in the back lounge @ 10:45am)</p> <p>1:00 PM Dominos (puzzle lounge)</p> <p>Hair salon open</p>	<p>8</p> <p>9:00 AM Coffee & Social Hour (dining room)</p>  <p>10:00 AM Coffee Filter Snowflake Craft w/ Jen (activity room)</p> <p>1:00 PM Games with Kathy!! (front lounge)</p> <p>2:00 PM Christ Lutheran Bible Study (back lounge)</p>	<p>9</p> <p>9:00 AM Chair Exercise (back lounge)</p> <p>10:00 AM Deacon Bob (activity room)</p>  <p>2:30 PM BINGO w/ Sue (dining room)</p>  <p>9:30 PM Milwaukee Bucks at Los Angeles Lakers</p>	<p>10</p> <p>9:00 AM Coffee & Social Hour (dining room)</p>  <p>2:00 PM Movie Matinee: “A Wrinkle in Time” *Snacks will be served During the movie!* (back lounge)</p> <p>3:00 PM Game Hour (puzzle lounge)</p>

WST ACTIVITIES ARE SUBJECT TO CHANGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>11</p> <p>9:30 AM Catholic Service (channel 19)</p> <p>3:00 PM Silver Sneakers Walking Club (meet in the front lounge – walk indoors)</p>  <p>3:30 PM NFL Wild Card Game</p> <p>7:15 PM NFL Wild Card Game</p>	<p>12</p> <p>Walk the halls with a friend</p> <p>10:00 AM Chair Exercise (back lounge)</p> <p>10:00 AM Bible Study with Larry (activity room)</p>  <p>2:00 PM Indoor S'mores Party!! (back lounge)</p> <p>7:15 PM NFL Wild Card Game</p>	<p>13</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>12:30 PM - 3:00 PM Pedicures with Deann *see sign-up sheet for individual pedicure times* (spa lounge)</p> <p>1:00 PM Dominos (puzzle lounge)</p> <p>1:30 PM John Smith and Dan Sebranek Musicians (MSM sun room)</p> <p>7:00 PM Minnesota Timberwolves at Milwaukee Bucks</p>	<p>14</p> <p><i>Happy Birthday, Carol D!</i></p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>10:00 AM Chair Exercise (back lounge)</p> <p>1:00 PM Dominos (puzzle lounge)</p>  <p>2:00 PM Men's Group (activity room)</p> <p>Hair salon open 8:00-4:00 PM</p>	<p>15</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>2:00 PM BINGOCIZE with Jen – Play BINGO & exercise at the same time!! (activity room)</p>  <p>1:30 PM Our Saviors Church Service (dining room)</p> <p>7:00 PM Milwaukee Bucks at San Antonio Spurs</p>	<p>16</p> <p>10:00 AM Chair Exercise (back lounge)</p>  <p>1:00 PM Drum Fit with staff is Back!!! *Drum fit is a cardio-drumming fitness exercise where you use drumsticks to hit an exercise ball to the rhythm of music!!* (back lounge)</p> <p>2:30 PM BINGO w/ Sue (dining room)</p>	<p>17</p> <p>9:00 AM Coffee & Social Hour (dining room)</p>  <p>2:00 PM Movie Matinee: "Dead Poets Society" *Snacks will be served during the movie!! (back lounge)</p> <p>7:15 PM NFL Divisional Game (puzzle lounge)</p>

WST ACTIVITIES ARE SUBJECT TO CHANGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>18</p> <p>9:30 AM Catholic Service (channel 19)</p> <p>1:00 PM Euchre (puzzle lounge)</p> <p>2:00 PM Silver Sneakers Walking Club (meet in the back lounge – walk indoors)</p>  <p>5:30 PM NFL Divisional Game</p>	<p>19</p> <p>10:00 AM Chair Exercise (back lounge)</p> <p>12:00 PM Milwaukee Bucks at Atlanta Hawks</p> <p>2:30 PM Join in on the Fun and play some games with Game Guy! (activity room)</p>  <p><i>No Mail Today!</i></p>	<p>20</p> <p>Walk the hall with a friend!</p> <p>1:00 PM Bring your current knitting or crocheting project to work on with your neighbors!! (sun room)</p> <p>2:30 PM Happy Hour and pretzels (dining room)</p> <p>6:30 PM Wheel of Fortune (front lounge)</p> 	<p>21</p> <p><i>Happy Birthday, Arnie!!</i></p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>10:00 AM Chair Exercise (back lounge)</p>  <p>1:00 PM Dominos (puzzle lounge)</p> <p>8:30 PM Oklahoma City Thunder at Milwaukee Bucks</p> <p>Hair salon open 8:00-4:00 PM</p>	<p>22</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>10:00 AM BINGOCIZE with Jen – Play BINGO and Exercise at the same time!! (activity room)</p> <p>1:00 PM Games with Kathy (front lounge)</p>  <p>How did the snow globe feel after listening to a scary story?</p> <p><i>A bit shaken up!</i></p>	<p>23</p> <p>9:00 AM Chair Exercise (back lounge)</p> <p>10:00 AM MSGR Burrill (activity room)</p>  <p>1:30 PM Hot Apple Cider or Hot Chocolate Social (front lounge)</p> <p>2:30 PM BINGO w/ Sue! (dining room)</p> <p>7:00 PM Denver Nuggets at Milwaukee Bucks</p>	<p>24</p> <p>9:00 AM Coffee & Social Hour (dining room)</p>  <p>2:00 PM Movie Matinee: “Mrs. Doubtfire” *Snacks will be served during the movie!!* (back lounge)</p> <p>3:00 PM Game Hour (puzzle lounge)</p>

WST ACTIVITIES ARE SUBJECT TO CHANGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>25</p> <p>9:30 AM Catholic Service (channel 19)</p> <p>12:00 PM NFL AFC Championship Game</p> <p>2:00 PM Silver Sneakers Walking Club (meet in the back lounge – walk the halls indoors)</p>  <p>5:30 PM NFL NFC Championship Game</p>	<p>26</p> <p>9:00 AM Chair Exercise (back lounge)</p> <p>10:00 AM Bible Study with Larry (activity room)</p>  <p>1:30 PM Live Musical Performance by Greg Grokowsky (dining room)</p> <p>5:00 PM Puzzle Time! (puzzle lounge)</p>	<p>27</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>11:00 AM Birthday Brunch for Lunch Today!! (dining room)</p> <p>1:00 PM Dominos (puzzle lounge)</p> <p>2:00 PM T.E.A Discussion Group with Alison – A time where we talk about our Experiences with Aging! (activity room)</p> <p>7:00 PM Milwaukee Bucks at Philadelphia 76ers</p>	<p>28</p> <p>10:00 AM Chair Exercise (back lounge)</p>  <p>Bus Trip: Lunch @ Nutbush City Limits! (meet in the back lounge @ 11:00 AM)</p> <p>1:00 PM Dominos (puzzle lounge)</p> <p>Hair salon open 8:00-4:00 PM</p>	<p>29</p> <p>9:00 AM Coffee & Social Hour (dining room)</p>  <p>2:00 PM Happy Hour: Brandy Old Fashioned with Ham and Cheese Sliders & chips (dining room)</p> <p>6:00 PM Milwaukee Bucks at Washington Wizards</p>	<p>30</p> <p><i>Happy Birthday, Bill!!</i></p> <p>10:00 AM Chair Exercise (back lounge)</p>  <p>1:00 PM Service Club – Making Blankets to Donate to Catholic Charities! (activity room)</p> <p>2:30 PM BINGO w/ Sue! (dining room)</p>	<p>31</p> <p>9:00 AM Coffee & Social Hour (dining room)</p>  <p>2:00 PM Movie Matinee: “Mr. Holland’s Opus” *Snacks will be served during the movie!!* (back lounge)</p> <p>3:00 PM Game Hour (puzzle lounge)</p>

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