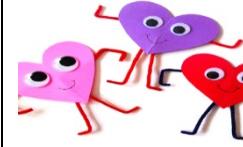




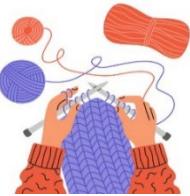
Salem Terrace Activity Calendar – February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 AM Catholic Church Service (channel 19) 2:00 PM Euchre (puzzle lounge) 3:00 PM Invite your neighbors to play a game together during Game Hour! (front lounge) Full Snow Moon!	2 The movie Groundhog Day will be playing over and over today in back lounge 10:00 AM Chair Exercise (back lounge) 2:00 PM Craft and chat with Alyssa! We will provide a craft for you to do during this time! (activity room) Groundhogs Day! Will winter last another 6 weeks, or will it call it quits early this year?!	3 9:00 AM Coffee & Social Hour (dining room)  1:00 PM Tiny Valentines with Alison (activity room) 2:30 PM Dominos (puzzle lounge) 4:30 PM Puzzle Time (puzzle lounge)	4 9:00 AM Coffee & Social Hour (dining room) 10:00 AM Chair Exercise (back lounge) 1:00 PM Dominos (puzzle lounge) 2:00 PM Hot Apple Cider and Hot Chocolate Social! (front lounge) Hair salon open 8:00-4:00 PM	5 9:00 AM Coffee & Social Hour (dining room) 1:00 PM Bingocize with Jen (activity room) 2:00 PM Christ Lutheran Worship (back lounge) Wear Red Today in Honor of National Wear Red Day to Raise Awareness of Heart Disease in Women	6 Take a Walk with a Friend in the Hall Today! 10:00 AM Chair Exercise (back lounge) 	7 9:00 AM Coffee & Social Hour (dining room)  2:00 PM Movie Matinee: "13 Going on 30" *Snacks will be served!*(back lounge) 3:00 PM Game hour! (puzzle lounge)

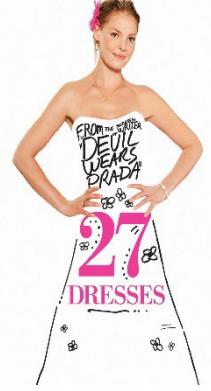
WST ACTIVITIES ARE SUBJECT TO CHANGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8 9:30 AM Catholic Church Service (channel 19)</p> <p>2:00 PM Euchre (puzzle lounge)</p> <p>3:00 PM Invite a Friend to Play a Game during Game Hour (puzzle lounge)</p>  <p>6:30 PM Super Bowl LX Game will be on in front lounge and back lounge (channel 13)</p>	<p>9 9:30 AM Chair Exercise (back lounge)</p>  <p>10:00 AM Bible Study with Larry (activity room)</p>  <p>1:00 PM Craft Hour: Make 3D Paper Hearts with Jen (activity room)</p>	<p>10 9:00 AM Coffee & Social Hour (dining room)</p>  <p>1:00 PM Dominos (puzzle lounge)</p> <p>2:30 PM Test your Knowledge at Valentine's Day Trivia!! (front lounge)</p> <p>4:30 PM Puzzle Time (puzzle lounge)</p>	<p>11 9:00 AM Coffee & Social Hour (dining room)</p>  <p>10:00 AM Valentine's Day Songs and Crafts with West Salem Elementary School 4k Students! (dining room)</p> <p>10:15 AM Ashley Delivers library books!</p> <p>1:00 PM Dominos (puzzle lounge)</p> <p>3:00 PM Hair salon open 8:00-4:00 PM</p>	<p>12 9:00 AM Coffee & Social Hour (dining room)</p>  <p>1:00 PM Make Mardi Gras masks to wear to party on 2/17 (activity room)</p> <p>2:00 PM Christ Lutheran Bible Study (back lounge)</p> <p>3:00 PM BINGO w/ Sue (dining room)</p>	<p>13 9:30 AM Chair Exercise (back lounge)</p> <p>10:00 AM Deacon Bob (activity room)</p>  <p>2:15 PM Happy Hour featuring the Lovebug Cocktail, Chocolate Covered Strawberries & Live Harp Music to play @ 2:30 PM (dining room)</p>	<p>14 9:00 AM Coffee & Social Hour (dining room)</p>  <p>2:00 PM Movie Matinee: "Love Again" *Snacks will be served During the movie! * (back lounge)</p> <p>Happy Valentine's Day! </p>

WST ACTIVITIES ARE SUBJECT TO CHANGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>15</p> <p>9:30 AM Catholic Church Service (channel 19)</p> <p>2:00 PM Euchre (puzzle lounge)</p> <p>3:00 PM Invite a Friend to Play a Game during Game Hour (puzzle lounge)</p> <p>Take a walk in the hallways or try your luck with the puzzle!!</p>	<p>16</p> <p>Happy Birthday, Dave!!!</p> <p>10:00 AM Chair Exercise (back lounge)</p> <p>1:30 PM Tenant Meeting with a Fire Drill to follow Presidential treats will be served! (dining room)</p> <p>No Mail Today in honor of Presidents' Day!</p>	<p>17</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>12:30 PM - 3:00 PM Pedicures with Deann *see sign-up sheet for individual pedicure times* (spa lounge)</p> <p>1:00 PM Dominos (puzzle lounge)</p> <p>2:30 PM Live Music with Bruce Greenwood (dining room)</p> <p>3:30 PM Mardi Gras Party w/ Kathy Wear your mask! (front lounge)</p>	<p>18</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>9:30 AM Chair Exercise (back lounge)</p> <p>10:00 AM Deacon Bob (activity room)</p> <p>1:00 PM Dominos (puzzle lounge)</p> <p>2:00 PM Men's Group (activity room)</p> <p>Ash Wednesday</p> <p>Hair salon open 8:00-4:00 PM</p>	<p>19</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>10:00 AM BINGOCIZE with Jen!! Come Play BINGO and exercise at the same time!! (activity room)</p> <p>1:30 PM Our Saviors Church Service (dining room)</p>	<p>20</p> <p>10:00 AM Chair Exercise (back lounge)</p>  <p>1:00 PM Bring your current knitting or crocheting project to work on with your neighbors!! (front lounge)</p> <p>2:30 PM BINGO w/ Sue (dining room)</p> 	<p>21</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>HOW DO YOU KNOW</p>  <p>2:00 PM Movie Matinee: "How Do You Know" *Snacks will be served during the movie!! (back lounge)</p> <p>3:00 PM Game Hour (puzzle lounge)</p>

WST ACTIVITIES ARE SUBJECT TO CHANGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>22 9:30 AM Catholic Church Service (channel 19)</p> <p>2:00 PM Euchre (puzzle lounge)</p> <p>3:00 PM Invite a Friend to Play a Game during Game Hour (puzzle lounge)</p> <p>Invite a Friend to take a Walk in the Hall with you Today!!</p>	<p>23 9:30 AM Chair Exercise (back lounge)</p> <p>10:00 AM Bible Study with Larry (activity room)</p> <p>2:00 PM Bingocize with Jen – Play BINGO & exercise @ the same time! (activity room)</p> <p> 3:00 PM Join in on the fun and games with Game Guy (MSM sun room)</p>	<p>24 9:00 AM Coffee & Social Hour (dining room)</p> <p> 1:00 PM T.E.A Discussion Group with Alison – A time where we talk about our experiences with aging (activity room)</p> <p>2:30 PM Dominos (puzzle lounge)</p> <p>4:00 PM Scrabble (front lounge)</p>	<p>25 9:00 AM Coffee & Social Hour (dining room)</p> <p>10:00 AM Chair Exercise (back lounge)</p> <p>Bus Trip: Lunch at Raising Cane's (meet in the back lounge @11:00 AM)</p> <p> 1:00 PM Dominos (puzzle lounge)</p> <p>2:00 PM Happy Hour with Vernon Vinyards! (MSM sun room)</p> <p>Hair salon open 8:00-4:00 PM</p>	<p>26 Happy Birthday, Flo!!</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p> 10:00 AM Service Club – Come help make a blanket to donate to the MERIT centers! (activity room)</p> <p>4:00 PM Puzzle Time (puzzle lounge)</p>	<p>27 9:30 AM Chair Exercise (back lounge)</p> <p>10:00 AM MSGR Burrill (activity room)</p> <p> 1:00 PM Balloon Toss (front lounge)</p> <p> 2:30 PM BINGO w/ Sue! (dining room)</p>	<p>28 9:00 AM Coffee & Social Hour (dining room)</p> <p> 2:00 PM Movie Matinee: "27 Dresses" *Snacks will be served during the movie!!* (back lounge)</p> <p>3:00 PM Game Hour (puzzle lounge)</p>

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