


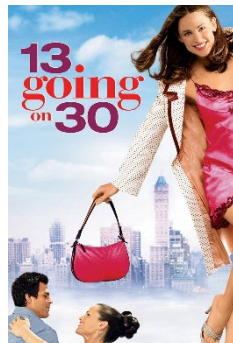




## Salem Terrace Activity Calendar – February 2026

| Sunday   | Monday   | Tuesday   | Wednesday  | Thursday  | Friday  | Saturday  |
|--|--|---|--|---|---|---|
| <p>1</p> <p><b>9:30 AM</b><br/><b>Catholic Church Service</b><br/>(channel 19)</p> <p><b>2:00 PM</b><br/><b>Euchre</b><br/>(puzzle lounge)</p> <p><b>3:00 PM</b><br/><b>Invite your neighbors to play a game together during Game Hour!</b><br/>(front lounge)</p> <p><b>Full Snow Moon!</b></p> | <p>2</p> <p>The movie Groundhog Day will be playing over and over today in back lounge</p> <p><b>10:00 AM</b><br/><b>Chair Exercise</b><br/>(back lounge)</p> <p><b>2:00 PM</b><br/><b>Craft and chat with Alyssa! We will provide a craft for you to do during this time!</b><br/>(activity room)</p> <p>Groundhogs Day! Will winter last another 6 weeks, or will it call it quits early this year?!</p> | <p>3</p> <p><b>9:00 AM</b><br/><b>Coffee &amp; Social Hour</b><br/>(dining room)</p>  <p><b>1:00 PM</b><br/><b>Tiny Valentines with Alison</b><br/>(activity room)</p> <p><b>2:30 PM</b><br/><b>Dominos</b><br/>(puzzle lounge)</p> <p><b>4:30 PM</b><br/><b>Puzzle Time</b><br/>(puzzle lounge)</p> | <p>4</p> <p><b>9:00 AM</b><br/><b>Coffee &amp; Social Hour</b><br/>(dining room)</p> <p><b>10:00 AM</b><br/><b>Chair Exercise</b><br/>(back lounge)</p> <p><b>1:00 PM</b><br/><b>Dominos</b><br/>(puzzle lounge)</p>  <p><b>2:00 PM</b><br/><b>Hot Apple Cider and Hot Chocolate Social!</b><br/>(front lounge)</p> <p>Hair salon open 8:00-4:00 PM</p> | <p>5</p> <p><b>9:00 AM</b><br/><b>Coffee &amp; Social Hour</b><br/>(dining room)</p> <p><b>1:00 PM</b><br/><b>Bingocize with Jen</b><br/>(activity room)</p> <p><b>2:00 PM</b><br/><b>Christ Lutheran Worship</b><br/>(back lounge)</p> <p><b>Wear Red Today in Honor of National Wear Red Day to Raise Awareness of Heart Disease in Women</b></p> | <p>6</p> <p><b>Take a Walk with a Friend in the Hall Today!</b></p> <p><b>10:00 AM</b><br/><b>Chair Exercise</b><br/>(back lounge)</p>  <p><b>1:00 PM</b><br/><b>Name that Love Tune!</b><br/>(front lounge)</p> <p><b>2:30 PM</b><br/><b>BINGO w/ Sue</b><br/>(dining room)</p> | <p>7</p> <p><b>9:00 AM</b><br/><b>Coffee &amp; Social Hour</b><br/>(dining room)</p>  <p><b>2:00 PM</b><br/><b>Movie Matinee: "13 Going on 30"</b><br/><b>*Snacks will be served!*</b><br/>(back lounge)</p> <p><b>3:00 PM</b><br/><b>Game hour!</b><br/>(puzzle lounge)</p> |

**WST ACTIVITIES ARE SUBJECT TO CHANGE**

| Sunday   | Monday  | Tuesday   | Wednesday  | Thursday   | Friday  | Saturday  |
|--|---|---|--|--|---|---|
| <p>8</p> <p><b>9:30 AM</b><br/><b>Catholic Church Service</b><br/>(channel 19)</p> <p><b>2:00 PM</b><br/><b>Euchre</b><br/>(puzzle lounge)</p> <p><b>3:00 PM</b><br/><b>Invite a Friend to Play a Game during Game Hour</b><br/>(puzzle lounge)</p>  <p><b>6:30 PM</b><br/><b>Super Bowl LX Game will be on in front lounge and back lounge</b><br/>(channel 13)</p> | <p>9</p> <p><b>9:30 AM</b><br/><b>Chair Exercise</b><br/>(back lounge)</p>  <p><b>10:00 AM</b><br/><b>Bible Study with Larry</b><br/>(activity room)</p>  <p><b>1:00 PM</b><br/><b>Craft Hour: Make 3D Paper Hearts with Jen</b><br/>(activity room)</p> | <p>10</p> <p><b>9:00 AM</b><br/><b>Coffee &amp; Social Hour</b><br/>(dining room)</p> <p><b>1:00 PM</b><br/><b>Dominos</b><br/>(puzzle lounge)</p>  <p><b>2:30 PM</b><br/><b>Test your Knowledge at Valentine's Day Trivia!!</b><br/>(front lounge)</p> <p><b>4:30 PM</b><br/><b>Puzzle Time</b><br/>(puzzle lounge)</p> | <p>11</p> <p><b>9:00 AM</b><br/><b>Coffee &amp; Social Hour</b><br/>(dining room)</p>  <p><b>10:00 AM</b><br/><b>Valentine's Day Songs and Crafts with West Salem Elementary School 4k Students!</b><br/>(dining room)</p> <p><b>Bus Trip: Lunch at Applebee's / iHop!</b><br/>(meet back lounge @11:30 AM)</p> <p><b>10:15 AM</b><br/><b>Ashley Delivers library books!</b></p> <p><b>1:00 PM</b><br/><b>Dominos</b><br/>(puzzle lounge)</p> <p><b>Hair salon open 8:00-4:00 PM</b></p> | <p>12</p> <p><b>9:00 AM</b><br/><b>Coffee &amp; Social Hour</b><br/>(dining room)</p>  <p><b>1:00 PM</b><br/><b>Make Mardi Gras masks to wear to party on 2/17</b><br/>(activity room)</p> <p><b>2:00 PM</b><br/><b>Christ Lutheran Bible Study</b><br/>(back lounge)</p> <p><b>3:00 PM</b><br/><b>BINGO w/ Sue</b><br/>(dining room)</p> | <p>13</p> <p><b>9:30 AM</b><br/><b>Chair Exercise</b><br/>(back lounge)</p> <p><b>10:00 AM</b><br/><b>Deacon Bob</b><br/>(activity room)</p>  <p><b>2:15 PM</b><br/><b>Happy Hour featuring the Lovebug Cocktail, Chocolate Covered Strawberries &amp; Live Harp Music to play @ 2:30 PM</b><br/>(dining room)</p> | <p>14</p> <p><b>9:00 AM</b><br/><b>Coffee &amp; Social Hour</b><br/>(dining room)</p>  <p><b>2:00 PM</b><br/><b>Movie Matinee: "Love Again"</b><br/><b>*Snacks will be served During the movie! *</b><br/>(back lounge)</p> <p><b>Happy Valentine's Day!</b></p>  |

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|---|--|--|--|--|---|---|
| <p>15</p> <p><b>9:30 AM</b><br/><b>Catholic Church Service</b><br/>(channel 19)</p> <p><b>2:00 PM</b><br/><b>Euchre</b><br/>(puzzle lounge)</p> <p><b>3:00 PM</b><br/><b>Invite a Friend to Play a Game during Game Hour</b><br/>(puzzle lounge)</p> <p><b>Take a walk in the hallways or try your luck with the puzzle!!</b></p> | <p>16</p> <p><b>Happy Birthday, Dave!!!</b></p> <p><b>10:00 AM</b><br/><b>Chair Exercise</b><br/>(back lounge)</p> <p><b>1:30 PM</b><br/><b>Tenant Meeting with a Fire Drill to follow</b><br/><b>Presidential treats will be served!</b><br/>(dining room)</p>  <p><b>No Mail Today in honor of Presidents' Day!</b></p> | <p>17</p> <p><b>9:00 AM</b><br/><b>Coffee &amp; Social Hour</b><br/>(dining room)</p> <p><b>12:30 PM - 3:00 PM</b><br/><b>Pedicures with Deann</b><br/>*see sign-up sheet for individual pedicure times*<br/>(spa lounge)</p> <p><b>1:00 PM</b><br/><b>Dominos</b><br/>(puzzle lounge)</p> <p><b>2:30 PM</b><br/><b>Live Music with Bruce Greenwood</b><br/>(dining room)</p> <p><b>3:30 PM</b><br/><b>Mardi Gras Party w/ Kathy</b><br/><b>Wear your mask!</b><br/>(front lounge)</p> | <p>18</p> <p><b>9:00 AM</b><br/><b>Coffee &amp; Social Hour</b><br/>(dining room)</p> <p><b>9:30 AM</b><br/><b>Chair Exercise</b><br/>(back lounge)</p> <p><b>10:00 AM</b><br/><b>Deacon Bob</b><br/>(activity room)</p> <p><b>1:00 PM</b><br/><b>Dominos</b><br/>(puzzle lounge)</p>  <p><b>2:00 PM</b><br/><b>Men's Group</b><br/>(activity room)</p> <p><b>Ash Wednesday</b><br/><b>Hair salon open 8:00-4:00 PM</b></p> | <p>19</p> <p><b>9:00 AM</b><br/><b>Coffee &amp; Social Hour</b><br/>(dining room)</p> <p><b>10:00 AM</b><br/><b>BINGOCIZE with Jen!!</b><br/><b>Come Play BINGO and exercise at the same time!!</b><br/>(activity room)</p>  <p><b>1:30 PM</b><br/><b>Our Saviors Church Service</b><br/>(dining room)</p> | <p>20</p> <p><b>10:00 AM</b><br/><b>Chair Exercise</b><br/>(back lounge)</p>  <p><b>1:00 PM</b><br/><b>Bring your current knitting or crocheting project to work on with your neighbors!!</b><br/>(front lounge)</p> <p><b>2:30 PM</b><br/><b>BINGO w/ Sue</b><br/>(dining room)</p>  | <p>21</p> <p><b>9:00 AM</b><br/><b>Coffee &amp; Social Hour</b><br/>(dining room)</p> <p>HOW DO YOU KNOW</p>  <p><b>2:00 PM</b><br/><b>Movie Matinee: "How Do You Know"</b><br/>*Snacks will be served during the movie!!<br/>(back lounge)</p> <p><b>3:00 PM</b><br/><b>Game Hour</b><br/>(puzzle lounge)</p> |

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| Sunday   | Monday   | Tuesday   | Wednesday  | Thursday   | Friday  | Saturday  |
|--|--|---|--|--|---|---|
| <p>22</p> <p><b>9:30 AM</b><br/><b>Catholic Church Service</b><br/>(channel 19)</p> <p><b>2:00 PM</b><br/><b>Euchre</b><br/>(puzzle lounge)</p> <p><b>3:00 PM</b><br/><b>Invite a Friend to Play a Game during Game Hour</b><br/>(puzzle lounge)</p> <p><b>Invite a Friend to take a Walk in the Hall with you Today!!</b></p> | <p>23</p> <p><b>9:30 AM</b><br/><b>Chair Exercise</b><br/>(back lounge)</p> <p><b>10:00 AM</b><br/><b>Bible Study with Larry</b><br/>(activity room)</p> <p><b>2:00 PM</b><br/><b>Bingocize with Jen – Play BINGO &amp; exercise @ the same time!</b><br/>(activity room)</p>  <p><b>3:00 PM</b><br/><b>Join in on the fun and games with Game Guy</b><br/>(MSM sun room)</p> | <p>24</p> <p><b>9:00 AM</b><br/><b>Coffee &amp; Social Hour</b><br/>(dining room)</p>  <p><b>1:00 PM</b><br/><b>T.E.A Discussion Group with Alison – A time where we talk about our experiences with aging</b><br/>(activity room)</p> <p><b>2:30 PM</b><br/><b>Dominos</b><br/>(puzzle lounge)</p> <p><b>4:00 PM</b><br/><b>Scrabble</b><br/>(front lounge)</p> | <p>25</p> <p><b>9:00 AM</b><br/><b>Coffee &amp; Social Hour</b><br/>(dining room)</p> <p><b>10:00 AM</b><br/><b>Chair Exercise</b><br/>(back lounge)</p> <p><b>Bus Trip: Lunch at Raising Cane's</b><br/>(meet in the back lounge @11:00 AM)</p> <p><b>1:00 PM</b><br/><b>Dominos</b><br/>(puzzle lounge)</p>  <p><b>2:00 PM</b><br/><b>Happy Hour with Vernon Vinyards!</b><br/>(MSM sun room)<br/>Hair salon open 8:00-4:00 PM</p> | <p>26</p> <p><b>Happy Birthday, Flo!!</b></p> <p><b>9:00 AM</b><br/><b>Coffee &amp; Social Hour</b><br/>(dining room)</p>  <p><b>10:00 AM</b><br/><b>Service Club – Come help make a blanket to donate to the MERIT centers!</b><br/>(activity room)</p> <p><b>4:00 PM</b><br/><b>Puzzle Time</b><br/>(puzzle lounge)</p> | <p>27</p> <p><b>9:30 AM</b><br/><b>Chair Exercise</b><br/>(back lounge)</p> <p><b>10:00 AM</b><br/><b>MSGR Burrill</b><br/>(activity room)</p>  <p><b>1:00 PM</b><br/><b>Balloon Toss</b><br/>(front lounge)</p>  <p><b>2:30 PM</b><br/><b>BINGO w/ Sue!</b><br/>(dining room)</p> | <p>28</p> <p><b>9:00 AM</b><br/><b>Coffee &amp; Social Hour</b><br/>(dining room)</p>  <p><b>2:00 PM</b><br/><b>Movie Matinee: "27 Dresses"</b><br/><b>*Snacks will be served during the movie!!*</b><br/>(back lounge)</p> <p><b>3:00 PM</b><br/><b>Game Hour</b><br/>(puzzle lounge)</p> |

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