



Shelby Terrace December 2025



Birthdays: Frank

NOTE: All activities are held in the front lounge unless stated otherwise. Activities are subject to change.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>1</p> <p>10:00 AM - Monday Morning Stretch</p>  <p>12:30 PM - Outing Walmart</p>  <p>6:00 PM - Board games with neighbors</p> 	<p>2</p> <p>10:00 AM - Chair Yoga</p>  <p>1:30 PM BINGO</p>  <p>6:00 PM - Movement challenge - See how many laps you can do around the main Dining room. Collect a chip for each one.</p>	<p>3</p> <p>9:30 AM - Rosary and Bible Study BSJ Care Center Chapel</p> <p>10:00 AM - Movement Challenge - Balloon Volleyball</p>  <p>1:30 PM Manicures</p> 	<p>4</p> <p>9:00 AM - Coffee Hour</p>  <p>2:00 PM - Movie Matine - A Christmas Carol</p>  <p>6:00 PM - After dinner BINGO</p> 	<p>5</p> <p>10:30 AM Discussion Group W/ Alison</p>  <p>1:30 PM Happy Hour/Discussion Group w/ Alison</p> <p>Happy Hour</p>  <p>6:00 PM Card Games With Neighbors</p> 	<p>6</p> <p>10:00 AM - Coffee & Curiosity - 12 riddles that will test your vision & personality type</p>  <p>1:30 PM - BINGO</p>  <p>3:00 PM - Walk W/ Neighbors to Dollar Store</p> 





















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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>7</p> <p>9:30 AM - Catholic Mass on Channel 9</p> <p>11:00 AM - Catholic services at BSJ</p> <p>1:15 PM - Lutheran Services at BSJ</p>  <p>1:30 PM - Ice Cream Social</p>  <p>12:00 PM Packers vs Bears</p> 	<p>8</p> <p>10:00 AM - Monday Morning Stretch</p>  <p>12:30 PM - Outing - Valley View Mall/Barnes & Noble</p> <p>BARNES & NOBLE</p> <p>6:00 PM - Shelby Singing Club</p> 	<p>9</p> <p>10:00 AM - Chair Yoga</p>  <p>1:30 PM - BINGO</p> 	<p>10</p> <p>9:30 AM - Rosary and Bible Study BSJ Care Center Chapel</p> <p>10:00 AM Movement Challenge - Dining Room Laps</p>  <p>2:30 PM - Live Music By Jack Norton</p> 	<p>11</p> <p>9:00 AM - Coffee Hour</p>  <p>2:00 PM - Movie Matinee - It's a Wonderful Life</p>  <p>6:00 PM - After Dinner BINGO</p> 	<p>12</p> <p>10:00 AM - Chair Yoga</p>  <p>1:30 PM Happy Hour</p> <p>Happy Hour</p>  <p>6:00 PM Card Games With Neighbors</p> 	<p>13</p> <p>10:00 AM - Coffee & Curiosity - Are you right or left brain dominant?</p>  <p>1:30 PM - Bingo</p>  <p>3:00 PM - Walk/Scooter W/ Neighbors to Aldi</p> 








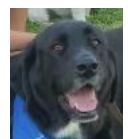














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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
14 9:30 AM - Catholic Mass on Channel 9 11:00 AM -Catholic services at BSJ 1:15PM - Lutheran Services at BSJ  1:30 PM Root Beer Floats  3:25 PM - Packers vs Broncos 	15 10:00 AM - Monday Morning Stretch  12:30 PM Outing Goodwill Thrifting/Donating  6:00 PM Board Games with Neighbors 	16 10:00 AM - Chair Yoga  1:30 PM Bingo  3:00 PM - Visits with Zeus  6:00 PM - Music by The Apple Annies 	17 9:30 AM - Rosary and sing-a-long BSJ Care center chapel 10:00 AM - Chair Zumba  2:00 PM Christmas Activity w/ Alison 	18 9:00 AM - Coffee Hour  2:00 PM - Movie Matinee - Miracle On 34 th Street On 34 th Street  6:00 PM - BINGO Night 	19 10:00 AM - Chair Yoga  12:00 PM - Christmas Party  6:00 PM - Card Games with Neighbors 	20 10:00 AM - Coffee & Curiosity - What is your mental age?  1:30 PM - BINGO  3:00 PM - Walk/Scooter W/ Neighbors to Dollar Store  TBD -Packers vs Bears 






















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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>21 9:30 AM - Catholic Mass on Channel 9</p> <p>11:00 AM - Catholic services at BSJ</p> <p>1:15PM - Lutheran Services at BSJ</p>  <p>1:30 PM - Ice Cream Social</p> 	<p>22 10:00 AM - Library Delivery (See Kacie to sign up)</p>  <p>12:30 PM Outing - The Sweet Shop</p>  <p>6:00 PM - Shelby Singing Club</p> 	<p>23 10:00 AM - Chair Yoga</p>  <p>1:30 PM - BINGO</p> 	<p>24 9:30 AM - Rosary and Bible study BSJ Care Center Chapel</p> <p>10:00 AM Chair Zumba</p>  <p>2:00 PM Gingerbread Man Decorating</p> 	<p>25 9:00 AM - Coffee Hour</p>  <p>2:00 PM - Movie Matinee - A Christmas Story</p>  <p>6:00 PM - Bingo Night</p> 	<p>26 10:00 AM - Chair Yoga</p>  <p>1:30 PM - Happy Hour</p>  <p>3:00 PM - Visits with Zeus</p>  <p>6:00 PM - Card Games with Neighbors</p> 	<p>27 10:00 AM Coffee & Curiosity - It's Not an Ice Cream and Other Fun Food Facts</p>  <p>1:30 PM - BINGO</p>  <p>3:00 PM Walk/Scooter W/ Neighbors to Aldi</p> 











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SUNDAY	MONDAY	TUESDAY	WEDNESDAY Happy Bday Frank!
28 9:30 AM - Catholic Mass on Channel 9 11:00 AM - Catholic services at BSJ 1:15PM - Lutheran Services at BSJ  12:00 PM Packers vs Ravens 1:30 PM Root Beer Floats  TBD - Packers vs Ravens	29 9:00 AM Outing - Breakfast at Java Vino  10:00 AM - Monday Morning Stretch  6:00 PM - Games with Neighbors 	30 10:00 AM - Chair Exercise  1:30 PM - BINGO 	31 9:30 AM - Rosary and sing-a-long BSJ Care Center Chapel 10:00 AM - Chair Zumba  1:30 PM - Manicures 