








Marinuka Manor Weekly Recreation Schedule

<u>Sunday</u> September 28 th	<u>Monday</u> September 29 th	<u>Tuesday</u> September 30 th	<u>Wednesday</u> October 1 st	<u>Thursday</u> October 2 nd	<u>Friday</u> October 3 rd	<u>Saturday</u> October 4 th
Kay's Birthday  9:00 Lutheran Worship Ch. 18 9:30 Mass on TV Ch. 9 3:15 Coffee & Snack Cart with staff when requested	9:15 Exercise with Lynda 10:30 Bingo  2:30 Music with Steven Freehill 3:15 Coffee Social	9:15 Morning Movements 10:30 Coffee Tasting  2:15 Owl Yarn Wrapping 3:00 Manicures with Sue 3:15 Coffee Social 3:30 A-Z List 6:00 Musicians in Our Midst Ch.18	9:15 Exercise with Lynda 10:00 Rosary 10:30 Pumpkin Bag Toss 2:15 Pokeno  3:15 Coffee Social 3:30 October Gazette	9:15 Morning Movements 10:30 Bingo 2:15 Spiritual Eldercare Church Service  3:00 Coffee Social 3:15 Crazy 8's Cards	9:15 Exercise with Lynda 10:30 Famous Faces 1:00 Euchre with Ashley 2:15 Dice Group and Happy Hour  3:15 Coffee Social 3:30 Current Events	10:30 Bingo with Liz  3:15 Coffee and Snack Cart with staff when requested

Grab quick activities from Activity Hub Board throughout the day. Group activities and offerings are held in common area spaces; please join any or all activities! Group activities are subject to change.