

JULY 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1 "US Postage Stamp Day" "Reggae Day"</p> <p>7:30am: Morning Brews and News</p> <p>8:30am: Patriotic Windsock Craft</p> <p>10am: Grandad's Bluff</p> <p>11am: Exercise</p> <p>11:30am: Lunch</p> <p>12:30pm: Story Circles</p> <p>1:30pm Snack</p> <p>2pm: Adapted Charades</p> <p>3pm: Coloring or Word Search</p>	<p>2 "I Forgot Day" "Made in the USA Day"</p> <p>7:30am: Morning Brews and News</p> <p>9am: Patriotic Head piece Craft</p> <p>10am: Good Steward Store</p> <p>11am: Exercise</p> <p>11:30am Lunch</p> <p>12:30pm: Guess that Tune!</p> <p>1:30 Snack</p> <p>2pm: Pictionary</p> <p>3pm: Coloring or Word Search</p>	<p>3 "Chocolate Wafer Day"</p> <p>7:30am Morning Brews and News</p> <p>8:30am Patriotic Gnome Craft</p> <p>11am: 4th of July Party at MCN</p> <p>Grill out at MCN</p> <p>Patriotic Bingo game</p> <p>Yard Games</p> <p>Patriotic Exercise</p> <p>Sparklers</p> <p>Patriotic Music Playlist</p>	<p>4 "Alice in Wonderland Day"</p> <p>MERIT Centre Closed in Observation of Independence Day</p>

Activities are subject to change

If a participant does not wish to engage in a scheduled activity, they may choose another

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>7</p> <p>“Day of Rock N Roll” “Chocolate Day”</p> <p>7:30am: Morning Brews and News</p> <p>8:30am: Stars Craft</p> <p>10am: Picture Puzzle Race</p> <p>11am: Exercise</p> <p>11:30am Lunch</p> <p>12pm: Rhythm and Clap game (claps, taps, or snaps)</p> <p>1:45pm <u>Sensory Story Time</u> <u>Onalaska Library</u> Join us for a time of stories, music, movement and relaxation.</p> <p>3pm: Coloring or Word Search</p>	<p>8</p> <p>“Be a Kid Again Day” “Video Game Day”</p> <p>7:30am: Morning Brews and News</p> <p>8:30am: Patriotic Clothes pin wreaths</p> <p>10am: Pool Noodle Fishing</p> <p>11am: Exercise</p> <p>12pm: Music in the Park Seven Rivers Jazz Band Tuesday, July 8, 2025 12:00pm-1:00pm Black River Beach Neighborhood Center</p> <p>12:30pm Story Chain</p> <p>1:30 Snack</p> <p>2pm: Guess the object</p> <p>3pm: Coloring or Word Search</p>	<p>9</p> <p>“National Dimples Day” “Fashion Day”</p> <p>7:30am: Morning Brews and News</p> <p>8:30am River Rock Painting</p> <p>10am: Mall Walking</p> <p>11am: Exercise</p> <p>11:30am Lunch</p> <p>12:30: Conversational Jenga</p> <p>1:30 Snack</p> <p>2pm: Word Association Game</p> <p>3pm: Coloring or Word Search</p>	<p>10</p> <p>“Pick Blueberries Day” “Kitten Day”</p> <p>7:30am: Morning Brews and News</p> <p>8:30am: Scrapbook Memories</p> <p>10am: Blueberry picking @ Jolivette’s Berry Farm</p> <p>11am: Exercise</p> <p>11:30am: Lunch</p> <p>12:30pm: Tabby Town to bring Kittens in @ MCS</p> <p>1:30pm: Snack</p> <p>2pm: Tabby Town to bring Kittens in @ MCN</p> <p>3pm: Coloring or Word Search</p>	<p>11</p> <p>“National Mojito Day” “French Fry Day”</p> <p>7:30am: Morning Brews and News</p> <p>8:30am: Create Photo Frames</p> <p>11am: Exercise</p> <p>11:30am Lunch</p> <p>1pm-2pm NASA Pontoon Leisure Ride</p> <p>1:30pm: Snack</p> <p>2pm: Yahtzee</p> <p>3pm: Funny videos</p>

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
14 “Mac N Cheese Day” “Shark Awareness Day” 7:30am: Morning Brews and News 8:30am Shark Paintings 10am: Franciscan Spirituality Center Creation Space 11am: Exercise 11:30am Lunch 12:30pm Local History Trivia Game focused on La Crosse History 1:30 Snack 2pm: Group Hangman 3pm: Coloring or Word Search	15 “Give Something Away Day” “Gummi Worm Day” 7:30am: Morning Brews and News 8:30am Sensory Taste Game 11am: Exercise 12pm: Music in the Park Seven Rivers Jazz Band Tuesday, July 8, 2025 Black River Beach Neighborhood Center 1:30 Snack 2pm: What’s in the picture? 3pm: Coloring or Word Search	16 “Fresh Spinach Day” Hot Dog Day” 7:30am: Morning Brews and News 8:30am Driftless Region Collage Craft 10am: La Crosse Interstate Fair 11am: Exercise 11:30am Lunch 12:30pm Craft Activity with Alison 1:30 Snack 2pm: Water balloon Target Toss 3pm: Coloring or Word Search	17 “National Tattoo Day” “World Emoji Day” 7:30am: Morning Brews and News 8:30am: Tattoos 10am: La Crosse Interstate Fair 11am: Exercise 11:30am Lunch 12:30pm Seated Dance Party 1:30 Snack 3pm: Sound Identification Game 3pm: Coloring or Word Search	18 “Black Leaders Awareness Day” “Caviar Day” 7:30am: Morning Brews and News 8:30am: Create Bookmarks 10am: La Crosse Interstate Fair 11am: Exercise 11:30am Lunch 12:30pm Seated Ring Toss 1:30 Snack 2pm: Bean Bag Tic-Tac-Toe 3pm: Coloring or Word Search

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21 “Be Someone Day” “Lamington Day” 7:30am: Morning Brews and News 8:30am: July Picnic Collage Placemats 11am: Exercise 11:30am Lunch 12:30pm Memory Tray Game 1:30 Snack 1:45 pm - 2:15 pm Sensory Story Time @ Onalaska Library Join us for a time of stories, music, movement and relaxation. 2pm: Mini Basketball Game 3pm: Coloring or Word Search	22 “National Hammock Day” “Mango Day” 7:30am: Morning Brews and News 8:30am: Firework Painted Coasters 11am: Exercise 11:30am Lunch 12pm: Music in the park Big Strum Tuesday, July 22, 2025 12:00pm-1:00pm Black River Beach Neighborhood Center 1:30 Snack 2pm: Interactive Wheel Of Fortune 3pm: Coloring or Word Search	23 “Gorgeous Grandma Day” “Vanilla Ice Cream Day” 7:30am: Morning Brews and News 8:30am: Paper Plate Flowers 10am: McDonald’s for Ice Cream 11am: Exercise 11:30am Lunch 12:30pm Living Game Boards- Chutes and Ladders 1:30 Snack 2pm: Plinko 3pm: Coloring or Word Search	24 “Tell an Old Joke Day” 7:30am: Morning Brews and News 8:30am: Exercise 10am: La Crosse Queen Cruise 11:30am Lunch 12:30pm Eagle Craft 1:30 Snack 2pm: Summer Rhythm Band 3pm: Coloring or Word Search	25 “Hot Fudge Sundae Day” “Wine & Cheese Day” 7:30am: Morning Brews and News 8:30am: Summer Beach Jar Scenes 10am: Hixon Forest Nature Walk 11am: Exercise 11:30am Lunch 12:30pm: July Themed Photo Scavenger Hunt 1:30 Snack 2pm: Summer Sing-Along Circle 3pm: Coloring or Word Search

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 “National Soccer Day” “World Nature Conservation Day” 7:30am: Morning Brews and News 8:30am: Craft Kit 10am: Paul E. Stry Nature Preserve, W5845 Wisconsin 33, La Crosse This is a great place to enjoy paved walking paths, 2 waterfalls, a pond, wild flowers, & nature. 11am: Exercise 11:30am Lunch 12:30pm Movie Monday 1:30 Snack 2pm: Coloring or Word Search	29 “Chicken Wing Day” “National Lipstick Day” 7:30am: Morning Brews and News 8:30am: 1:1 Sensory activities 11am: Exercise 11:30am Lunch 12pm: Music in the Park Driftless River Band Tuesday, July 29, 2025 12:00pm-1:00pm Black River Beach Neighborhood Center 1:30 Snack 2pm: Ski Ball 3pm: Coloring or Word Search	30 “Share a Hug Day” “Cheesecake Day” 7:30am: Morning Brews and News 8:30am: Baking Muffins 10am: Pearl Street Brewery Tour 11am: Exercise 11:30am Lunch 12:30pm Category Countdown 1:30 Snack 2pm: Put Golf 3pm: Coloring or Word Search	31 “Avocado Day” “Chili Dog Day” 7:30am: Morning Brews and News 8:30am: 1:1 Sensory activities 10am: A&W for Root Beer Floats or Chili Dogs 11am: Exercise 11:30am Lunch 12:30pm: Camping Stories 1:30 Snack 2pm: Bowling 3pm: Coloring or Word Search	

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