

# JULY 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1 "US Postage Stamp Day" "Reggae Day"</p> <p>7:30am: Morning Brews and News</p> <p>8:30am: Patriotic Windsock Craft</p> <p>10am: Grandad's Bluff</p> <p>11am: Exercise</p> <p>11:30am: Lunch</p> <p>12:30pm: Story Circles</p> <p>1:30pm Snack</p> <p>2pm: Adapted Charades</p> <p>3pm: Coloring or Word Search</p>	<p>2 "I Forgot Day" "Made in the USA Day"</p> <p>7:30am: Morning Brews and News</p> <p>9am: Patriotic Head piece Craft</p> <p>10am: Good Steward Store</p> <p>11am: Exercise</p> <p>11:30am Lunch</p> <p>12:30pm: Guess that Tune!</p> <p>1:30 Snack</p> <p>2pm: Pictionary</p> <p>3pm: Coloring or Word Search</p>	<p>3 "Chocolate Wafer Day"</p> <p>7:30am Morning Brews and News</p> <p>8:30am Patriotic Gnome Craft</p> <p>11am: 4<sup>th</sup> of July Party at MCN</p> <p>Grill out at MCN</p> <p>Patriotic Bingo game</p> <p>Yard Games</p> <p>Patriotic Exercise</p> <p>Sparklers</p> <p>Patriotic Music Playlist</p>	<p>4 "Alice in Wonderland Day"</p> <p><b>MERIT Centre Closed in Observation of Independence Day</b></p>

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<p>7</p> <p>“Day of Rock N Roll” “Chocolate Day”</p> <p>7:30am: Morning Brews and News</p> <p>8:30am: Stars Craft</p> <p>10am: Picture Puzzle Race</p> <p>11am: Exercise</p> <p>11:30am Lunch</p> <p>12pm: Rhythm and Clap game (claps, taps, or snaps)</p> <p>1:45pm <u>Sensory Story Time</u> <u>Onalaska Library</u> Join us for a time of stories, music, movement and relaxation.</p> <p>3pm: Coloring or Word Search</p>	<p>8</p> <p>“Be a Kid Again Day” “Video Game Day”</p> <p>7:30am: Morning Brews and News</p> <p>8:30am: Patriotic Clothes pin wreaths</p> <p>10am: Pool Noodle Fishing</p> <p>11am: Exercise</p> <p>12pm: Music in the Park <b>Seven Rivers Jazz Band</b> <b>Tuesday, July 8, 2025  </b> <b>12:00pm-1:00pm</b> <b>Black River Beach</b> <b>Neighborhood Center</b></p> <p>12:30pm Story Chain</p> <p>1:30 Snack</p> <p>2pm: Guess the object</p> <p>3pm: Coloring or Word Search</p>	<p>9</p> <p>“National Dimples Day” “Fashion Day”</p> <p>7:30am: Morning Brews and News</p> <p>8:30am River Rock Painting</p> <p>10am: Mall Walking</p> <p>11am: Exercise</p> <p>11:30am Lunch</p> <p>12:30: Conversational Jenga</p> <p>1:30 Snack</p> <p>2pm: Word Association Game</p> <p>3pm: Coloring or Word Search</p>	<p>10</p> <p>“Pick Blueberries Day” “Kitten Day”</p> <p>7:30am: Morning Brews and News</p> <p>8:30am: Scrapbook Memories</p> <p>10am: Blueberry picking @ Jolivette’s Berry Farm</p> <p>11am: Exercise</p> <p>11:30am: Lunch</p> <p>12:30pm: Tabby Town to bring Kittens in @ MCS</p> <p>1:30pm: Snack</p> <p>2pm: Tabby Town to bring Kittens in @ MCN</p> <p>3pm: Coloring or Word Search</p>	<p>11</p> <p>“National Mojito Day” “French Fry Day”</p> <p>7:30am: Morning Brews and News</p> <p>8:30am: Create Photo Frames</p> <p>11am: Exercise</p> <p>11:30am Lunch</p> <p>1pm-2pm NASA Pontoon Leisure Ride</p> <p>1:30pm: Snack</p> <p>2pm: Yahtzee</p> <p>3pm: Funny videos</p>

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14 “Mac N Cheese Day” “Shark Awareness Day”  7:30am: Morning Brews and News  8:30am Shark Paintings  10am: Franciscan Spirituality Center Creation Space  11am: Exercise  11:30am Lunch  12:30pm Local History Trivia Game focused on La Crosse History  1:30 Snack  2pm: Group Hangman  3pm: Coloring or Word Search	15 “Give Something Away Day” “Gummi Worm Day”  7:30am: Morning Brews and News  8:30am Sensory Taste Game  11am: Exercise  12pm: Music in the Park <b>Seven Rivers Jazz Band</b> <b>Tuesday, July 8, 2025  </b> <b>Black River Beach</b> <b>Neighborhood Center</b>  1:30 Snack  2pm: What’s in the picture?  3pm: Coloring or Word Search	16 “Fresh Spinach Day” Hot Dog Day”  7:30am: Morning Brews and News  8:30am Driftless Region Collage Craft  10am: La Crosse Interstate Fair  11am: Exercise  11:30am Lunch  12:30pm Craft Activity with Alison  1:30 Snack  2pm: Water balloon Target Toss  3pm: Coloring or Word Search	17 “National Tattoo Day” “World Emoji Day”  7:30am: Morning Brews and News  8:30am: Tattoos  10am: La Crosse Interstate Fair  11am: Exercise  11:30am Lunch  12:30pm Seated Dance Party  1:30 Snack  3pm: Sound Identification Game  3pm: Coloring or Word Search	18 “Black Leaders Awareness Day” “Caviar Day”  7:30am: Morning Brews and News  8:30am: Create Bookmarks  10am: La Crosse Interstate Fair  11am: Exercise  11:30am Lunch  12:30pm Seated Ring Toss  1:30 Snack  2pm: Bean Bag Tic-Tac-Toe  3pm: Coloring or Word Search

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21 “Be Someone Day” “Lamington Day”  7:30am: Morning Brews and News  8:30am: July Picnic Collage Placemats  11am: Exercise  11:30am Lunch  12:30pm Memory Tray Game  1:30 Snack  1:45 pm - 2:15 pm Sensory Story Time @ <b>Onalaska Library</b> Join us for a time of stories, music, movement and relaxation.  2pm: Mini Basketball Game  3pm: Coloring or Word Search	22 “National Hammock Day” “Mango Day”  7:30am: Morning Brews and News  8:30am: Firework Painted Coasters  11am: Exercise  11:30am Lunch  12pm: Music in the park Big Strum Tuesday, July 22, 2025   12:00pm-1:00pm Black River Beach Neighborhood Center  1:30 Snack  2pm: Interactive Wheel Of Fortune  3pm: Coloring or Word Search	23 “Gorgeous Grandma Day” “Vanilla Ice Cream Day”  7:30am: Morning Brews and News  8:30am: Paper Plate Flowers  10am: McDonald’s for Ice Cream  11am: Exercise  11:30am Lunch  12:30pm Living Game Boards- Chutes and Ladders  1:30 Snack  2pm: Plinko  3pm: Coloring or Word Search	24 “Tell an Old Joke Day”  7:30am: Morning Brews and News  8:30am: Exercise  10am: La Crosse Queen Cruise  11:30am Lunch  12:30pm Eagle Craft  1:30 Snack  2pm: Summer Rhythm Band  3pm: Coloring or Word Search	25 “Hot Fudge Sundae Day” “Wine & Cheese Day”  7:30am: Morning Brews and News  8:30am: Summer Beach Jar Scenes  10am: Hixon Forest Nature Walk  11am: Exercise  11:30am Lunch  12:30pm: July Themed Photo Scavenger Hunt  1:30 Snack  2pm: Summer Sing-Along Circle  3pm: Coloring or Word Search

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<p>28</p> <p>“National Soccer Day” “World Nature Conservation Day”</p> <p>7:30am: Morning Brews and News</p> <p>8:30am: Craft Kit</p> <p>10am: Paul E. Stry Nature Preserve, W5845 Wisconsin 33, La Crosse This is a great place to enjoy paved walking paths, 2 waterfalls, a pond, wild flowers, &amp; nature.</p> <p>11am: Exercise</p> <p>11:30am Lunch</p> <p>12:30pm Movie Monday</p> <p>1:30 Snack</p> <p>2pm: Coloring or Word Search</p>	<p>29</p> <p>“Chicken Wing Day” “National Lipstick Day”</p> <p>7:30am: Morning Brews and News</p> <p>8:30am: 1:1 Sensory activities</p> <p>11am: Exercise</p> <p>11:30am Lunch</p> <p>12pm: Music in the Park Driftless River Band Tuesday, July 29, 2025   12:00pm-1:00pm Black River Beach Neighborhood Center</p> <p>1:30 Snack</p> <p>2pm: Ski Ball</p> <p>3pm: Coloring or Word Search</p>	<p>30</p> <p>“Share a Hug Day” “Cheesecake Day”</p> <p>7:30am: Morning Brews and News</p> <p>8:30am: Baking Muffins</p> <p>10am: Pearl Street Brewery Tour</p> <p>11am: Exercise</p> <p>11:30am Lunch</p> <p>12:30pm Category Countdown</p> <p>1:30 Snack</p> <p>2pm: Put Golf</p> <p>3pm: Coloring or Word Search</p>	<p>31</p> <p>“Avocado Day” “Chili Dog Day”</p> <p>7:30am: Morning Brews and News</p> <p>8:30am: 1:1 Sensory activities</p> <p>10am: A&amp;W for Root Beer Floats or Chili Dogs</p> <p>11am: Exercise</p> <p>11:30am Lunch</p> <p>12:30pm: Camping Stories</p> <p>1:30 Snack</p> <p>2pm: Bowling</p> <p>3pm: Coloring or Word Search</p>	

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