

# JUNE 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>“National Rocky Road Day”</p> <p>8 AM: Morning Brews and News</p> <p>9 AM: Dragonfly Craft</p> <p>10 AM: Pick out Flowers at Home Depot</p> <p>11 AM: Exercise</p> <p>11:30 AM: Lunch</p> <p>12:30 PM: Planting flowers/Gardening</p> <p>1:30 PM: Snack</p> <p>2 PM: Group Game Bingo</p> <p>3 PM: Baseball Trivia</p>	<p>3</p> <p>“National Repeat Day”</p> <p>8 AM: Morning Brews and News</p> <p>9 AM: Beatles Sing A Long</p> <p>10 AM: Today History</p> <p>11 AM: Exercise</p> <p>11:30 AM: Lunch</p> <p>12PM: Music in the Park Grumpy Old Men</p> <p>1:30 PM: Snack</p> <p>2 PM: Coulee Region Giving Hearts Choir @ST</p> <p>3 PM: Crossword Puzzle</p>	<p>4</p> <p>“National Hug Your Cat Day”</p> <p>8 AM: Morning Brews and News</p> <p>9 AM: Color By Number</p> <p>10 AM: Copeland Park</p> <p>11 AM: Exercise</p> <p>11:30 AM: Lunch</p> <p>12:30 PM: Collage with Allison</p> <p>1:30 PM: Snack</p> <p>2 PM: Group Game Checkers</p> <p>3PM:Go Fish</p>	<p>5</p> <p>“National Ketchup Day”</p> <p>8 AM: Morning Brews and News</p> <p>9 AM: Create Ribbon Twirls</p> <p>10 AM: Chair Yoga La Crosse Public Library</p> <p>11 AM: Parachute Exercise</p> <p>11:30 AM: Lunch</p> <p>12:30 PM: Ping Pong Cup (roll ball across table to land in taped cups)</p> <p>1:30 PM: Snack</p> <p>2PM: CUPS (like spoons)</p> <p>3PM: Ribbon Twirling</p>	<p>6</p> <p>“National Donut Day”</p> <p>8 AM: Morning Brews and News</p> <p>9 AM: Ring Toss</p> <p>10 AM: Goodwill</p> <p>11 AM: Exercise</p> <p>11:30 AM: Lunch</p> <p>12:30 PM: Hot Balloon (create paddles with paint sticks and paper plates) hit the balloon</p> <p>1:30 PM: Snack</p> <p>2 PM: Movie Friday</p> <p>3 PM: Board games</p>

\*Activities are subject to change\*

\*If a participant does not wish to engage in a scheduled activity, they may choose another\*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9 “National Donald Duck Day”  8 AM: Morning Brews and News  9 AM: Donald Duck Painting  10 AM: Balloon Volleyball  11 AM: Exercise  11:30 AM: Lunch  1PM: Historic Hixon House Tour  1:30 PM: Snack  2 PM: Dominoes  3 PM: Music Hour	10 “National Iced Tea Day”  8 AM: Morning Brews and News  9 AM: Tea Party- Pass the Tea  10 AM: Tea Time Trivia  11 AM: Exercise  11:30 AM: Lunch  12pm: Music in the Park Under Paris Skies  1:30 PM: Snack  2 PM: Tea Party Coloring  3 PM: Brain Strainers	11 “National Corn on the Cob Day”  8 AM: Morning Brews and News  9 AM: Cheerio Corn on the Cob  10 AM: All Abilities Trane Park  11 AM: Exercise  11:30 AM: Lunch  12:30 PM: Manicures  1:30 PM: Snack  2 PM: Glider Cup Game  3PM: TV Roulette	12 “National Rose Day”  8 AM: Morning Brews and News  9 AM: Button Flowers  10 AM: Botanical Gardens  11 AM: Exercise  11:30 AM: Lunch  12:30 PM:  1:30 PM: Snack  2PM: Today in History  3PM: Prize Bingo	13 “National Wear Blue Day”  8 AM: Morning Brews and News  9 AM: Coloring  10 AM: Riverside Park Eagle Watching/walk  11 AM: Exercise  11:30 AM: Lunch  12:30 PM: Movie- Father of the Bride  1:30 PM: Snack  2 PM: Movie Continued  3 PM: Wii Bowling

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
16 “National Fudge Day”  8 AM: Morning Brews and News  9 AM: Slot Machines  10:30AM: Clearwater Farms- interact with animals  11 AM: Exercise  11:30 AM: Lunch  12:30 PM: Music over the Decades  1:30 PM: Snack  2 PM: Left, Right, Out, In, Up  3 PM: Ski Ball	17 “National Root Beer Day”  8 AM: Morning Brews and News  9 AM: Octopus Yarn Craft  10 AM: Whack A Mole  11 AM: Exercise  11:30 AM: Lunch  12PM: Music in the Park West Salem Adult Jazz Band  1:30 PM: Snack  2 PM: Rummikub  3 PM: Coloring	18 “National Go Fishing Day”  8 AM: Morning Brews and News  9 AM: Go Fish  10 AM: Copeland Park  11 AM: Exercise  11:30 AM: Lunch  12:30 PM: Pour Painting with Allison  1:30 PM: Snack  2 PM: Go Fish  3PM: Coloring	19 “National Ketchup Day”  8 AM: Morning Brews and News  9 AM: Rainbow Twirlers  10 AM: Chair Yoga La Crosse Public Library  11 AM: Exercise  11:30 AM: Lunch  12:30 PM: Ball Drumming  1:30 PM: Snack  2PM: Yahtzee  3PM: Coloring	20 “National Seashell Day” “National Take Your Dog to Work Day”  8 AM: Morning Brews and News  9 AM: Nature Suncatcher Craft  10 AM: Rummage Sales  11 AM: Exercise  11:30 AM: Lunch  12:30 PM: Karaoke  1:30 PM: Snack  2 PM: Reminisce  3 PM: Coloring

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
23 “National Hydration Day”  8 AM: Morning Brews and News  9 AM: Nature Bracelet Craft  10 AM: Table Balloon Hockey with pool noodles  11 AM: Exercise  11:30 AM: Lunch  1PM: NASA Leisure Pontoon Ride  1PM: The Game Guy @MCS  1:30 PM: Snack  2 PM: Butterfly Craft  3 PM: Coloring/Craft	24 “National Patch Day”  8 AM: Morning Brews and News  9 AM: Bible Study  10 AM: Table Drumming  11 AM: Exercise  11:30 AM: Lunch  12PM: Music in the Park Sweet Grass- 50s, 60s, 70s  1:30 PM: Snack  2 PM: Would You Rather  3 PM: Coloring/Craft	25 “National Catfish Day”  8 AM: Morning Brews and News  9 AM: Guess that Song  10 AM: Copeland Park  11 AM: Exercise  11:30 AM: Lunch  12:30 PM: Cup Glider (glide the cup into box on opposite end of table)  1:30 PM: Snack  2 PM: Riddles  3PM: Coloring/Craft	26 “National Handshake Day” “National Bomb Pop Day”  8 AM: Morning Brews and News  9 AM: Community walk/scavenger  10 AM: Shut the Box  11 AM: Exercise  11:30 AM: Lunch  12:30 PM: Sing A Long  1:30 PM: Snack  2PM: Brain Games  3PM: Coloring/Craft	27 “National Sunglasses Day”  8 AM: Morning Brews and News  9 AM: Movie Friday  10 AM: Movie Friday  11 AM: Exercise  11:30 AM: Lunch  12:30 PM: Dahl Auto Classic Car Show  1:30 PM: Snack  2 PM: Travel Tales  3 PM: Coloring/Craft

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 “National Meteor Watch Day”  8 AM: Morning Brews and News  9 AM: Balloon Basketball  10 AM: Scenic Drive at Goose Island  11 AM: Exercise  11:30 AM: Lunch  12:30 PM: Ball toss (toss ball into solo cup in bowl of water)  1:30 PM: Snack  2 PM: Board Games  3 PM: Coloring/Craft				

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