

MERIT Centre North

March 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 <i>Be Happy Day</i> 8 AM Coffee Chat 9 AM Garbage Card Game 10 AM Monday Mornings at Main: "Moments of Happiness: My History with the UW Marching Band" with Author Mike Leckrone (Depart MERIT at 9:30 am) 11 AM Paul Eugene Exercise 11:30 AM Lunch 12:30 PM Mardis Gras Mask Crafts 1:30 PM Snack 2 PM Wii Bowling 3 PM Cover the Number	4 <i>Mardis Gras</i> 8 AM Coffee Chat 9 AM Shut the Box 10 AM Mardis Gras Bingo 11 AM Paul Eugene Exercise 11:30 AM Lunch 12:30 PM Crafts at the La Crosse Library Creation Space (Depart MERIT at Noon) 1:30 PM Snack 2 PM UNO 3 PM Mardis Gras Trivia	5 <i>Cheese Doodle Day</i> 8 AM Coffee Chat 9 AM Leprechaun Craft 10 AM Wisconsin Prisoner of War Camps in WWII Presentation at the Onalaska Library (Depart MERIT at 9:30 am) 11 AM Shake Loose Some Memories 11:30 AM Lunch 12:30 PM Sorry 1:30 PM Snack 2 PM Ball Drumming with Elise 3 PM Jenga	6 <i>Oreo Cookie Day</i> 8 AM Coffee Chat 9 AM Colored Pencil Art 10 AM Outing to Linda's Bakery (Depart MERIT at 9:30 am) 11 AM Hangman 11:30 AM Lunch 1 PM Bowwow Bingocize with Dr. Wags & UWL Recreation Therapy Students 2 PM Snack 2:30 PM UNO	7 <i>Small Business Day</i> 8 AM Coffee Chat 9 AM Salt Shamrock Paintings 10 AM Chit Chat Twister 11 AM Paul Eugene Exercise 11:30 AM Lunch 12:30 PM Bingo with Brandi at MERIT Centre South (Depart MERIT at Noon) 1:30 PM Snack 2 PM Rummikub 3 PM Shut the Box

Activities are Subject to Change

If a participant does not wish to engage in a scheduled activity, participant may choose another option

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10 <i>Mario Day</i> 8 AM Coffee Chat 9 AM Shut the Box 10 AM Monday Mornings at Main: Critter Mobile Visit (Depart MERIT at 9:30 am) 11 AM Paul Eugene Exercise 11:30 AM Lunch 12:30 PM Lucky Penny Necklaces with Alison 1:30 PM Snack 2 PM Rummikub 3 PM Brain Games (Word Searches, Puzzles, Trivia & More)	11 <i>Apple Seed Day</i> 8 AM Coffee Chat 9 AM Colored Pencil Art 10 AM Ball Drumming 11 AM Trivia 11:30 AM Lunch 12:30 PM Crafts at the La Crosse Library Creation Space (Depart MERIT at Noon) 1:30 PM Snack 2 PM Tenzi 3 PM Blackjack	12 <i>Plant a Flower Day</i> 8 AM Coffee Chat 9- 11 AM St. Patrick's Day Wreaths 11 AM Sherry Zak Exercise 11:30 AM Lunch 1 PM Grumpy Old Men Performance at Shelby Terrace (Depart MERIT at 12:30 pm) 1:30 PM Snack 2 PM Board Games with Elise 3 PM Brain Games (Word Searches, Puzzles, Trivia & More)	13 <i>Good Samaritan Day</i> 8 AM Coffee Chat 9 AM End of the Rainbow Twirlers 10 AM Outing to Goose Island (Depart MERIT at 9:30 am) 11 AM Category Game 11:30 AM Lunch 1 PM Bowwow Bingocize with Dr. Wags & UWL Recreation Therapy Students 2 PM Snack 2:30 PM Cover the Number	14 <i>Pi Day</i> 8 AM Coffee Chat 9 AM Garbage Card Game 10 AM Coffee at McDonald's (Depart MERIT at 9:30 am) 11 AM Paul Eugene Exercise 11:30 AM Lunch 12:30 PM St. Patrick's Day Pot of Gold Craft 1:30 PM Snack 2 PM Giant Bowling 3 PM UNO

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>17 <i>St. Patrick's Day</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Shopping at the Dollar Tree (Depart MERIT at 9 am)</p> <p>11 AM- 2 PM St. Patrick's Day Party with MERIT Centre South 11am- Exercise 11:30am- Lunch Noon- St. Patrick's Themed Activities & Games 1:30pm- Themed Snack</p>	<p>18 <i>Oatmeal Cookie Day</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Colored Pencil Art</p> <p>10 AM Cover the Number</p> <p>11 AM Paul Eugene Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Crafts at the La Crosse Library Creation Space (Depart MERIT at Noon)</p> <p>1:30 PM Snack</p> <p>2 PM Chit Chat Twister</p> <p>3 PM Blackjack</p>	<p>19 <i>Let's Laugh Day</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Shut the Box</p> <p>10 AM Statue of Liberty Presentation by David Jones at the Onalaska Library (Depart MERIT at 9:30 am)</p> <p>11 AM Wii Bowling</p> <p>11:30 AM Lunch</p> <p>12:30 PM Tissue Paper Shamrocks</p> <p>1:30 PM Snack</p> <p>2 PM Ball Drumming with Elise</p> <p>3 PM Comedy Hour (Jokes, Riddles, Funny Videos, and More)</p>	<p>20 <i>First Day of Spring</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Colored Pencil Art</p> <p>10 AM Farm Tales Presentation with Daryl Wermedal at the Onalaska Library (Depart MERIT at 9:30 am)</p> <p>11 AM Trivia</p> <p>11:30 AM Lunch</p> <p>1 PM Bowwow Bingocize with Dr. Wags & UWL Recreation Therapy Students</p> <p>2 PM Snack</p> <p>2:30 PM Cover the Number</p>	<p>21 <i>Memory Day</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Watercolor Shamrocks</p> <p>10 AM Sorry</p> <p>11 AM Paul Eugene Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Bingo with Brandi at MERIT Centre South (Depart MERIT at Noon)</p> <p>1:30 PM Snack</p> <p>2 PM Rummikub</p> <p>3 PM Left, Right, Center</p>

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>24 <i>Chocolate Covered Raisin Day</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Colored Pencil Art</p> <p>10 AM Monday Mornings at Main: Clutter 101: Learning to Thrive with Less Stuff (Depart MERIT at 9:30 am)</p> <p>11 AM Paul Eugene Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Games with The Game Guy & MERIT South</p> <p>1:30 PM Snack</p> <p>2 PM Rummikub</p> <p>3 PM UNO</p>	<p>25 <i>Medal of Honor Day</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Brain Games (Word Searches, Puzzles, Trivia & More)</p> <p>10 AM 5000 Dice Game</p> <p>11 AM Sherry Zak Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Crafts at the La Crosse Library Creation Space (Depart MERIT at Noon)</p> <p>1:30 PM Snack</p> <p>2 PM Bingo</p> <p>3 PM Minute to Win It Games</p>	<p>26 <i>Spinach Day</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Popeye Videos</p> <p>10 AM Coffee at McDonald's (Depart MERIT at 9:30 am)</p> <p>11 AM Sherry Zak Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Pony Bead Bracelets</p> <p>1:30 PM Snack</p> <p>2- 4 PM Board Games with Elise</p>	<p>27 <i>Theatre Day</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Watercolor Paintings</p> <p>10 AM Outing to Linda's Bakery (Depart MERIT at 9:30 am)</p> <p>11 AM Hangman</p> <p>11:30 AM Lunch</p> <p>1 PM Bowwow Bingocize with Dr. Wags & UWL Recreation Therapy Students</p> <p>2 PM Snack</p> <p>2:30 PM Rummikub</p>	<p>28 <i>Black Forest Cake Day</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Straw Painted Flowers</p> <p>10 AM Kings Korner</p> <p>11 AM Paul Eugene Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Bingo with Brandi at MERIT Centre South (Depart MERIT at Noon)</p> <p>1:30 PM Snack</p> <p>2 PM Giant Bowling</p> <p>3 PM Blackjack</p>

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>31</p> <p><i>Potato Day</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Garbage Card Game</p> <p>10 AM Monday Mornings at Main: Project Proven (Depart MERIT at 9:30 am)</p> <p>11 AM Paul Eugene Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Tape Art</p> <p>1:30 PM Snack</p> <p>2 PM Wii Bowling</p> <p>3 PM UNO</p>				

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