



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p><b>1</b> <i>CLOSED FOR NEW YEARS DAY</i></p>	<p><b>2</b> <i>Cream Puff Day</i></p> <p><b>8 AM Coffee Chat</b></p> <p><b>9 AM Shut the Box</b></p> <p><b>10 AM Crafts at the La Crosse Library Creation Space (Depart MERIT at 9:30am)</b></p> <p><b>11 AM Sherry Zak Exercise</b></p> <p><b>11:30 AM Lunch</b></p> <p><b>12:30 PM Salt Snowflake Paintings</b></p> <p><b>1:30 PM Snack</b></p> <p><b>2 PM Balloon Badminton</b></p> <p><b>3 PM UNO</b></p>	<p><b>3</b> <i>Chocolate Covered Cherry Day</i></p> <p><b>8 AM Coffee Chat</b></p> <p><b>9 AM Torn Paper Snowmen Craft</b></p> <p><b>10 AM Sorry</b></p> <p><b>11 AM Paul Eugene Exercise</b></p> <p><b>11:30 AM Lunch</b></p> <p><b>12:30 PM Bingo at MERIT Centre South (Depart MERIT at Noon)</b></p> <p><b>1:30 PM Happy Hour</b></p> <p><b>2 PM Giant Bowling</b></p> <p><b>3 PM Blackjack</b></p>

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# MERIT Centre North

# January 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>6</b></p> <p><b>Technology Day</b>  <i>Happy Birthday Edie!</i>  <i>Happy Birthday Jann! -</i>  <i>(Birthday was Yesterday)</i></p> <p><b>8 AM Coffee Chat</b></p> <p><b>9 AM Colored Pencil Art</b></p> <p><b>10 AM Outing to Goose Island</b> (Depart MERIT at 9:30am)</p> <p><b>11 AM Paul Eugene Exercise</b></p> <p><b>11:30 AM Lunch</b></p> <p><b>12:30 PM Beaded Snowflakes</b></p> <p><b>1:30 PM Jann &amp; Edie's Birthday Party!</b></p> <p><b>2:30-4 PM Giant Bowling</b></p>	<p><b>7</b></p> <p><b>Bobblehead Day</b></p> <p><b>8 AM Coffee Chat</b></p> <p><b>9 AM Blackjack</b></p> <p><b>10 AM Cover the Number</b></p> <p><b>11 AM Paul Eugene Exercise</b></p> <p><b>11:30 AM Lunch</b></p> <p><b>1 PM Crafts at the La Crosse Library Creation Space</b> (Depart MERIT at 12:30pm)</p> <p><b>1:30 PM Snack</b></p> <p><b>2 PM Ring Toss</b></p> <p><b>3 PM Jenga</b></p>	<p><b>8</b></p> <p><b>Elvis' Birthday</b></p> <p><b>8 AM Coffee Chat</b></p> <p><b>9- 11 AM Popsicle Stick Snowmen</b></p> <p><b>11 AM Hangman</b></p> <p><b>11:30 AM Lunch</b></p> <p><b>1 PM Music by the Driftless River Band at Shelby Terrace</b> (Depart MERIT at 12:30pm)</p> <p><b>1:30 PM Snack</b></p> <p><b>2 PM Ball Drumming</b></p> <p><b>3 PM Trivia</b></p>	<p><b>9</b></p> <p><b>Apricot Day</b></p> <p><b>8 AM Coffee Chat</b></p> <p><b>9 AM Shut the Box</b></p> <p><b>10 AM Chit Chat Twister</b></p> <p><b>11 AM Sherry Zak Exercise</b></p> <p><b>11:30 AM Lunch</b></p> <p><b>12:30 PM Outing to Linda's Bakery</b> (Depart MERIT at Noon)</p> <p><b>1:30 PM Snack</b></p> <p><b>2 PM Rummikub</b></p> <p><b>3 PM UNO</b></p>	<p><b>10</b></p> <p><b>Travel Day</b></p> <p><b>8 AM Coffee Chat</b></p> <p><b>9 AM Pamper &amp; Polish</b></p> <p><b>10 AM Left, Right, Center</b></p> <p><b>11 AM Paul Eugene Exercise</b></p> <p><b>11:30 AM Lunch</b></p> <p><b>12:30 PM Bingo at MERIT Centre South</b> (Depart MERIT at Noon)</p> <p><b>1:30 PM Happy Hour</b></p> <p><b>2 PM Plinko</b></p> <p><b>3 PM Jenga</b></p>

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# MERIT Centre North

# January 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>13</b> <i>Rubber Duck Day</i>	<b>14</b> <i>Dress Up Your Pet Day</i>	<b>15</b> <i>Hat Day</i>	<b>16</b> <i>Fig Newton Day</i>	<b>17</b> <i>Classy Day</i>
8 AM Coffee Chat	8 AM Coffee Chat	8 AM Coffee Chat	8 AM Coffee Chat	8 AM Coffee Chat
9 AM Shut the Box	9 AM Colored Pencil Art	9 AM Pamper & Polish	9 AM Coffee Filter Snowflakes	9 AM Shut the Box
10 AM Countryside Scenic Drive (Depart MERIT at 9:30am)	10 AM Cover the Number	10 AM Coffee at McDonald's (Depart MERIT at 9:30am)	10 AM Sorry	10 AM Coffee at Bean Juice (Depart MERIT at 9:30am)
11 AM Paul Eugene Exercise	11 AM Sherry Zak Exercise	11 AM Exercise	11 AM Sherry Zak Exercise	11 AM Paul Eugene Exercise
11:30 AM Lunch	11:30 AM Lunch	11:30 AM Lunch	11:30 AM Lunch	11:30 AM Lunch
12:30 PM Dough Lab with Alison	1 PM Crafts at the La Crosse Library Creation Space (Depart MERIT at 12:30pm)	12:30 PM Love Never Melts Craft	12:30 PM Shopping at Good Steward (Depart MERIT at Noon)	12:30 PM Bingo
1:30 PM Snack	1:30 PM Snack	1:30 PM Snack	1:30 PM Snack	1:30 PM Happy Hour
2 PM UNO	2 PM Bingo	2 PM Card Games of Choice	2 PM UNO	2 PM Giant Bowling
3 PM Colored Pencil Art	3 PM Trivia	3 PM Pictionary	3 PM Pictionary	3 PM Blackjack

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# MERIT Centre North

# January 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>20</b> <i>Martin Luther King Jr. Day</i>  <b>8 AM Coffee Chat</b>  <b>9 AM Word Search Puzzles</b>  <b>10 AM Shopping at Valley Market</b> (Depart MERIT at 9:15am)  <b>11 AM Paul Eugene Exercise</b>  <b>11:30 AM Lunch</b>  <b>12:30 PM Winter Watercolor Paintings</b>  <b>1:30 PM Snack</b>  <b>2 PM Giant Bowling</b>  <b>3 PM UNO</b>	<b>21</b> <i>Squirrel Day</i>  <b>8 AM Coffee Chat</b>  <b>9 AM Colored Pencil Art</b>  <b>10 AM Blackjack</b>  <b>11 AM Sherry Zak Exercise</b>  <b>11:30 AM Lunch</b>  <b>1 PM Crafts at the La Crosse Library Creation Space</b> (Depart MERIT at 12:30pm)  <b>1:30 PM Snack</b>  <b>2 PM Bingo</b>  <b>3 PM Trivia</b>	<b>22</b> <i>Polka Dot Day</i> <i>Happy Birthday Char!</i>  <b>8 AM Coffee Chat</b>  <b>9 AM Pamper &amp; Polish</b>  <b>10 AM Coffee at McDonald's</b> (Depart MERIT at 9:30am)  <b>11 AM Exercise</b>  <b>11:30 AM Lunch</b>  <b>12:30 PM Chit Chat Twister</b>  <b>1:30 PM Char's Birthday Party!</b>  <b>2:30 -4 PM Sorry</b>	<b>23</b> <i>Pie Day</i>  <b>8 AM Coffee Chat</b>  <b>9 AM Snowman Fork Paintings</b>  <b>10 AM Shut the Box</b>  <b>11 AM Sherry Zak Exercise</b>  <b>11:30 AM Lunch</b>  <b>12:30 PM Outing to Linda's Bakery</b> (Depart MERIT at Noon)  <b>1:30 PM Snack</b>  <b>2 PM UNO</b>  <b>3 PM Colored Pencil Art</b>	<b>24</b> <i>Peanut Butter Day</i>  <b>8 AM Coffee Chat</b>  <b>9 AM Bubble Wrap Snowmen</b>  <b>10 AM Sorry</b>  <b>11 AM Paul Eugene Exercise</b>  <b>11:30 AM Lunch</b>  <b>12:30 PM Bingo at MERIT Centre South</b> (Depart MERIT at Noon)  <b>1:30 PM Snack</b>  <b>2 PM Ring Toss</b>  <b>3 PM Shut the Box</b>

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# MERIT Centre North

# January 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>27</b> <b>Chocolate Cake Day</b>  <b>8 AM Coffee Chat</b>  <b>9 AM Group Puzzle Work</b>  <b>10 AM Shopping at Goodwill</b> (Depart MERIT at 9:30am)  <b>11 AM Exercise</b>  <b>11:30 AM Lunch</b>  <b>12:30 PM Frosty the Snowman Craft</b>  <b>1:30 PM Snack</b>  <b>2:30 PM Games with The Game Guy</b>	<b>28</b> <b>Ladybug Day</b>  <b>8 AM Coffee Chat</b>  <b>9 AM Colored Pencil Art</b>  <b>10 AM Cover the Number</b>  <b>11 AM Paul Eugene Exercise</b>  <b>11:30 AM Lunch</b>  <b>1 PM Crafts at the La Crosse Library Creation Space</b> (Depart MERIT at 12:30pm)  <b>1:30 PM Snack</b>  <b>2 PM Bingo</b>  <b>3 PM Shut the Box</b>	<b>29</b> <b>Puzzle Day</b>  <b>8 AM Coffee Chat</b>  <b>9 AM Pamper &amp; Polish</b>  <b>10 AM Winter Birding Presentation by Michael Huffman at the Onalaska Library</b> (Depart MERIT at 9:30am)  <b>11 AM Paul Eugene Exercise</b>  <b>11:30 AM Lunch</b>  <b>12:30 PM Rummikub</b>  <b>1:30 PM Snack</b>  <b>2 PM Group Puzzle Work</b>  <b>3 PM UNO</b>	<b>30</b> <b>Plan a Vacation Day</b>  <b>8 AM Coffee Chat</b>  <b>9-11 AM Rummikub</b>  <b>11 AM Paul Eugene Exercise</b>  <b>11:30 AM Lunch</b>  <b>12:30 PM Countryside Scenic Drive</b> (Depart MERIT at 9:30am)  <b>1:30 PM Snack</b>  <b>2 PM Category Game</b>  <b>3 PM UNO</b>	<b>31</b> <b>Hot Chocolate Day</b>  <b>8 AM Coffee Chat</b>  <b>9 AM Hot Chocolate Craft</b>  <b>10 AM Sorry</b>  <b>11 AM Paul Eugene Exercise</b>  <b>11:30 AM Lunch</b>  <b>12:30 PM Bingo at MERIT Centre South</b> (Depart MERIT at Noon)  <b>1:30 PM Snack</b>  <b>2 PM Basketball Toss</b>  <b>3 PM Shut the Box</b>

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