

MERIT Centre South *December 2024*



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <i>Build Joy Day</i> 8 AM Coffee Chat 9 AM Checkers 10 AM Mondays at Main: The Great Wisconsin Quilt Show (depart MERIT at 9:30am) 11 AM Paul Eugene Exercise 11:30 AM Lunch 12:30 PM Tree Trimming 1:30 PM Snack 2 PM Ring Toss 3 PM Reading & Conversation	3 <i>Make a Gift Day</i> 8 AM Coffee Chat 9 AM Add-On Craft Game 10 AM Fireside Stories with Hot Cocoa 11 AM Paul Eugene Exercise 11:30 AM Lunch 12:30 PM Caroling at Laurel Manor (Depart MERIT at Noon) 1:30 PM Snack 2 PM Upwords 3 PM Trivia	4 <i>Cookie Day</i> 8 AM Coffee Chat 9 AM Colored Pencil Art 10 AM Reindeer Viewing at Riverside Park (Depart MERIT at 9:30am) 11 AM Exercise 11:30 AM Lunch 12:30 PM Holiday Cards with Alison 1:30 PM Snack 2 PM Sorry 3 PM War Card Game	5 <i>Comfort Food Day</i> 8 AM Coffee Chat 9 AM Mancala 10 AM Marbled Ornaments 11 AM Sherry Zak Exercise 11:30 AM Lunch 12 - 2 PM Bell Ringing at Valley View Mall (Depart MERIT at 11:30am) 1:30 PM Snack 2- 4 PM Movie Matinee: Elf	6 <i>St. Nicholas Day</i> 8 AM Coffee Chat 9 AM Paper Snow Globes 10 AM Shopping at Dollar General (Depart MERIT at 9:30am) 11 AM Paul Eugene Exercise 11:30 AM Lunch 12:30 PM Bingo 1:30 PM Happy Hour 2 PM Wii Bowling

Activities are Subject to Change

If a participant does not wish to engage in a scheduled activity, participant may choose another option

MERIT Centre South *December 2024*



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9 <i>Pastry Day</i> 8 AM Coffee Chat 9 AM 3-D Paper Gingerbread Houses 10 AM Mondays at Main: Dark Sky Lighting with Electrician Scott Lind (Depart MERIT at 9:30am) 11 AM Paul Eugene Exercise 11:30 AM Lunch 12:30 PM Santa Visit 1:30 PM Snack 2 PM Chinese Checkers 3 PM Reading & Conversation	10 <i>Nobel Prize Day</i> 8 AM Coffee Chat 9 AM Colored Pencil Art 10 AM Coffee at McDonald's (Depart MERIT at 10am) 11 AM Paul Eugene Exercise 11:30 AM Lunch 12:30 Wii Bowling 1:30 PM Snack 2 PM Sorry 3 PM Shut the Box	11 <i>Tango Day</i> 8 AM Coffee Chat 9 AM Riddles & Jokes 10 AM Caroling at Shelby Terrace (Depart MERIT at 9:45am) 11 AM Exercise 11:30 AM Lunch 12:30 PM Santa Ornaments 1:30 PM Snack 2 PM Bean Bag Toss 3 PM Trivia	12 <i>Gingerbread House Day</i> 8 AM Coffee Chat 9 AM Mancala 10 AM Gingerbread House Decorating 11 AM Sherry Zak Exercise 11:30 AM Lunch 12:30 PM Caroling at Salem Terrace/ Mill St. Manor (Depart MERIT at Noon) 1:30 PM Snack 2 PM Break the Ice Dice Game 3 PM Chinese Checkers	13 <i>Hot Cocoa Day</i> 8 AM Coffee Chat 9 AM Shut the Box 10 AM Shopping at Goodwill (Depart MERIT at 9:30am) 11 AM Paul Eugene Exercise 11:30 AM Lunch 12:30 PM Bingo 1:30 PM Cookie Decorating & Hot Cocoa Bar 2 PM Kings Korner

Activities are Subject to Change

If a participant does not wish to engage in a scheduled activity, participant may choose another option

MERIT Centre South *December 2024*



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Christmas Spirit Week				
<p>16</p> <p>Grinch Day <i>(Join Us in Wearing Green)</i></p> <p>8 AM Coffee Chat</p> <p>9 AM UNO</p> <p>10 AM Mondays at Main: Sounds of the Season with the Coulee Region Giving Hearts Choir (Depart MERIT at 9:30am)</p> <p>11 AM Paul Eugene Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Santa Paintbrush Craft</p> <p>1:30 PM Snack</p> <p>2 PM Ring Toss</p> <p>3 PM Reading & Conversation</p>	<p>17</p> <p>Christmas Hat Day <i>(Join Us in Wearing any Christmas Themed Hat)</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Mancala</p> <p>10 AM Felt Santa Hat Decorating</p> <p>11 AM Sherry Zak Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Shopping at Dollar Tree (Depart MERIT at Noon)</p> <p>1:30 PM Snack</p> <p>2 PM Break the Ice Dice Game</p> <p>3 PM Trivia</p>	<p>18</p> <p>Channel Your Flannel Day <i>(Join Us in Wearing Your Favorite Flannel Shirt)</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Colored Pencil Art</p> <p>10 AM Shopping at Five Below (Depart MERIT at 9:30am)</p> <p>11 AM Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Wooden Bead Christmas Trees with Alison</p> <p>1:30 PM Mary J's Birthday Party! -Birthday is Sunday</p> <p>3 PM Name that Tune</p>	<p>19</p> <p>Christmas Shirt Day <i>(Join Us in Wearing any Christmas Themed Shirt)</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Popsicle Stick Christmas Windows</p> <p>10 AM MERIT Annual Christmas Trivia Championship</p> <p>11 AM Sherry Zak Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Christmas Caroling at Prairie Home (Depart MERIT at Noon)</p> <p>1:30 PM Snack</p> <p>2 PM Wii Bowling</p> <p>3 PM Colored Pencil Art</p>	<p>20</p> <p>Ugly Holiday Sweater Day <i>(Join Us in Wearing an "Ugly" Holiday Sweater)</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Colored Pencil Art & Christmas Music</p> <p>10 AM – 2 PM MERIT Christmas Party at MERIT Centre North! (Depart MERIT at 9:30am) 10-11:30am Holiday Games 11:30am-Noon Lunch Noon- 1pm Christmas Music with Emma Blank 1pm-2pm Holiday Activities</p>

Activities are Subject to Change

If a participant does not wish to engage in a scheduled activity, participant may choose another option

MERIT Centre South *December 2024*



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>23 <i>Christmas Movie Marathon Day</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Shut the Box</p> <p>10 AM Basketball Toss</p> <p>11 AM Paul Eugene Exercise</p> <p>11:30 AM Lunch</p> <p>12:45 PM Reindeer Tea Lights at Laurel Manor (Depart MERIT at 12:15am)</p> <p>1:30 PM Snack</p> <p>2- 4 PM Movie Matinee: Home Alone</p>	<p>24 <i>CLOSED FOR CHRISTMAS EVE</i></p>	<p>25 <i>CLOSED FOR CHRISTMAS DAY</i></p>	<p>26 <i>Thank You Note Day</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Colored Pencil Art</p> <p>10 AM Coffee at Java Vino (Depart MERIT at 9:45am)</p> <p>11 AM Sherry Zak Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Salt Snowflake Paintings</p> <p>1:30 PM Snack</p> <p>2 PM Washer Toss</p> <p>3 PM Holiday Reminisce</p>	<p>27 <i>Snowflake Day</i></p> <p>8 AM Coffee Chat</p> <p>9- 11 AM 3-D Snowflake Craft</p> <p>10 AM Shopping at Burlington (Depart MERIT at 9:30am)</p> <p>11 AM Paul Eugene Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Bingo</p> <p>1:30 PM Snack</p> <p>2 PM Snowflake Scavenger Hunt</p>

Activities are Subject to Change

If a participant does not wish to engage in a scheduled activity, participant may choose another option



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>30</p> <p><i>Bacon Day</i></p> <p>8 AM Coffee Chat</p> <p>9 AM UNO</p> <p>10 AM Shopping at Salvation Army Thrift Store (Depart MERIT at 9:30am)</p> <p>11 AM Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Bubble Wrap Snowmen</p> <p>1:30 PM Snack</p> <p>2 PM Break the Ice Dice Game</p> <p>3 PM Reading & Conversation</p>	<p>31</p> <p><i>New Years Eve</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Colored Pencil Art</p> <p>10 AM Kings Korner</p> <p>11 AM Paul Eugene Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 -3 PM MERIT New Year's Eve Party at MERIT North (Depart MERIT at Noon)</p>			

Activities are Subject to Change

If a participant does not wish to engage in a scheduled activity, participant may choose another option