



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p><b>1</b></p> <p><i>Fire Dog Day</i></p> <p>8 AM Current Events/ Coffee Time</p> <p>9 AM Colored Pencil Art</p> <p>10 AM Shut the Box</p> <p>11 AM Paul Eugene Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Outing to Goose Island (depart MERIT at 12:30pm)</p> <p>1:30 PM Snack</p> <p>2 PM UNO</p> <p>3 PM Blackjack</p>	<p><b>2</b></p> <p><i>Smarties Day</i></p> <p>8 AM Current Events/ Coffee Time</p> <p>9 AM Dot Game</p> <p>10 AM "Hooded History" Presentation by Nancy Vaillancourt at the Onalaska Library (depart MERIT at 9:30am)</p> <p>11 AM Sherry Zak Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Visit from the Oktoberfest Grenadiers with MERIT South</p> <p>1:30 PM Snack</p> <p>2 PM Sorry</p> <p>3 PM UNO</p>	<p><b>3</b></p> <p><i>Random Acts of Poetry Day</i></p> <p>8 AM Current Events/ Coffee Time</p> <p>9 AM Scarecrow Craft</p> <p>10 AM Mini Pool</p> <p>11 AM Balloon Basketball</p> <p>11:30 AM Lunch</p> <p>1 PM Music Café at the Southside Neighborhood Center (depart MERIT at 12:30pm)</p> <p>1:30 PM Snack</p> <p>2 PM Trouble</p> <p>3 PM Shut the Box</p>	<p><b>4</b></p> <p><i>Taco Day</i></p> <p>8 AM Current Events/ Coffee Time</p> <p>9 AM Taco Craft</p> <p>10 AM Plinko</p> <p>11 AM Parachute Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Bingo at MERIT Centre South (depart MERIT at Noon)</p> <p>1:30 PM Happy Hour (Featuring Mimosa Mocktails)</p> <p>2 PM Cover the Number</p> <p>3 PM Jenga</p>

# MERIT Centre North

# October 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>7</b> <i>Chocolate Covered Pretzel Day</i> <i>Happy Birthday Julie!</i></p> <p>8 AM Current Events/ Coffee Time</p> <p>9 AM Shut the Box</p> <p>10 AM Mondays at Main: Fall Migration (depart MERIT at 9:30am)</p> <p>11 AM Paul Eugene Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Hoot Owls Craft</p> <p>1:30 PM Snack</p> <p>2 PM Gladys's Birthday Party! - Birthday is Tomorrow</p> <p>3 PM UNO</p>	<p><b>8</b> <i>Fluffernutter Day</i> <i>Happy Birthday Gladys!</i></p> <p>8 AM Current Events/ Coffee Time</p> <p>9 AM Colored Pencil Art</p> <p>10 AM Mini Pool</p> <p>11 AM Balloon Basketball</p> <p>11:30 AM Lunch</p> <p>12:30 PM Autumn Color Scenic Drive (depart MERIT at 12:30pm)</p> <p>1:30 PM Snack</p> <p>2 PM Cover the Number</p> <p>3 PM Blackjack</p>	<p><b>9</b> <i>Nurse's Day</i></p> <p>8 AM Current Events/ Coffee Time</p> <p>9 AM Shut the Box</p> <p>10 AM Coffee at Java Vino (depart MERIT at 9:30am)</p> <p>11 AM Sherry Zak Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Popsicle Stick Monsters, Ghosts, and Jack-O-Lanterns</p> <p>1:30 PM Snack</p> <p>2 PM Indoor Bowling</p> <p>3 PM UNO</p>	<p><b>10</b> <i>Cake Decorating Day</i> <i>Happy Birthday Monica!</i></p> <p>8 AM Current Events/ Coffee Time</p> <p>9 AM Halloween Painted Pots</p> <p>10 AM Monica's Birthday Party!</p> <p>11 AM Sherry Zak Exercise</p> <p>11:30 AM Lunch</p> <p>1 PM Music Café at the Southside Neighborhood Center (depart MERIT at 12:30pm)</p> <p>1:30 PM Snack</p> <p>2 PM UNO</p> <p>3 PM Trivia</p>	<p><b>11</b> <i>Sausage Pizza Day</i></p> <p>8 AM Current Events/ Coffee Time</p> <p>9 AM Frankenstein Craft</p> <p>10 AM Left, Right, Center</p> <p>11 AM Paul Eugene Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Outing to Goose Island (depart MERIT at 12:30pm)</p> <p>1:30 PM Happy Hour (Featuring Sparkling Pineapple Mocktails)</p> <p>2 PM Sorry</p> <p>3 PM Jenga</p>

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# MERIT Centre North

# October 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>14</b> <i>Columbus Day</i>  <b>8 AM Current Events/ Coffee Time</b>  <b>9 AM Native American Talking Sticks</b>  <b>10 AM Board Games of Choice</b>  <b>11 AM Paul Eugene Exercise</b>  <b>11:30 AM Lunch</b>  <b>12:30 PM Magic with Isaiah Foster at Shelby Terrace (depart MERIT at Noon)</b>  <b>1:30 PM Snack</b>  <b>2 PM Chit Chat Twister</b>  <b>3 PM Trivia</b>	<b>15</b> <i>I Love Lucy Day</i>  <b>8 AM Current Events/ Coffee Time</b>  <b>9 AM "I Love Lucy" on YouTube</b>  <b>10 AM Mini Pool</b>  <b>11 AM Sherry Zak Exercise</b>  <b>11:30 AM Lunch</b>  <b>12:30- 2PM Connect 2 Nature Presentation at the Southside Neighborhood Center (depart MERIT at Noon)</b>  <b>1:30 PM Snack</b>  <b>2 PM Cover the Number</b>  <b>3 PM Blackjack</b>	<b>16</b> <i>Boss' Day</i>  <b>8 AM Current Events/ Coffee Time</b>  <b>9 AM Autumn Reminisce</b>  <b>10 AM "Who Rode the War Eagle" Presentation by Robert Taunt at the Onalaska Library (depart MERIT at 9:30am)</b>  <b>11 AM Balloon Basketball</b>  <b>11:30 AM Lunch</b>  <b>12:30 PM Paper Plate Spiders</b>  <b>1:30 PM Snack</b>  <b>2 PM Category Game</b>  <b>3 PM Shut the Box</b>	<b>17</b> <i>Pasta Day</i>  <b>8 AM Current Events/ Coffee Time</b>  <b>9 AM Colored Pencil Art</b>  <b>10 AM Indoor Bowling</b>  <b>11 AM Sherry Zak Exercise</b>  <b>11:30 AM Lunch</b>  <b>1 PM Music Café at the Southside Neighborhood Center (depart MERIT at 12:30pm)</b>  <b>1:30 PM Snack</b>  <b>2 PM Cover the Number</b>  <b>3 PM UNO</b>	<b>18</b> <i>Chocolate Cupcake Day</i>  <b>8 AM Current Events/ Coffee Time</b>  <b>9 AM Fall Paintings</b>  <b>10 AM Indoor Bowling</b>  <b>11 AM Paul Eugene Exercise</b>  <b>11:30 AM Lunch</b>  <b>12:30 PM Bingo at MERIT Centre South (depart MERIT at Noon)</b>  <b>1:30 PM Happy Hour (Featuring Mimosa Mocktails)</b>  <b>2 PM UNO</b>  <b>3 PM Jenga</b>

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# MERIT Centre North

# October 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>21</b> <i>Apple Day</i> <b>8 AM Current Events/ Coffee Time</b> <b>9 AM Jigsaw Puzzles</b> <b>10 AM Mondays at Main: Music for your Mind (depart MERIT at 9:30am)</b> <b>11 AM Paul Eugene Exercise</b> <b>11:30 AM Lunch</b> <b>12:30 PM Halloween Silhouette Painting</b> <b>1:30 PM Snack</b> <b>2 PM Cover the Number</b> <b>3 PM UNO</b>	<b>22</b> <i>Color Day</i> <b>8 AM Current Events/ Coffee Time</b> <b>9 AM Colored Pencil Art</b> <b>10 AM Cover the Number</b> <b>11 AM Paul Eugene Exercise</b> <b>11:30 AM Lunch</b> <b>12:30- 2PM Travel Tales Presentation at the Southside Neighborhood Center (depart MERIT at Noon)</b> <b>1:30 PM Snack</b> <b>2 PM Hangman</b> <b>3 PM Blackjack</b>	<b>23</b> <i>Boston Cream Pie Day</i> <b>8 AM Current Events/ Coffee Time</b> <b>9 AM Trivia</b> <b>10 AM "Prohibition: A Great Misadventure" Presentation by David Jones (depart MERIT at 9:15am)</b> <b>11 AM Sherry Zak Exercise</b> <b>11:30 AM Lunch</b> <b>12:30 PM Sorry</b> <b>1:30 PM Snack</b> <b>2 PM Chit Chat Twister</b> <b>3 PM Jenga</b>	<b>24</b> <i>Food Day</i> <b>8 AM Current Events/ Coffee Time</b> <b>9 AM Monster Wreaths</b> <b>10 AM Go Fish</b> <b>11 AM Parachute Exercise Game</b> <b>11:30 AM Lunch</b> <b>1 PM Music Café at the Southside Neighborhood Center (depart MERIT at 12:30pm)</b> <b>1:30 PM Snack</b> <b>2 PM Cover the Number</b> <b>3 PM Shut the Box</b>	<b>25</b> <i>Bread Sticks Day</i> <b>8 AM Current Events/ Coffee Time</b> <b>9 AM Shut the Box</b> <b>10 AM Coffee at McDonald's (depart MERIT at 9:30am)</b> <b>11 AM Balloon Basketball</b> <b>11:30 AM Lunch</b> <b>12:30 PM Golf Putting</b> <b>1:30 PM Happy Hour (Featuring Cran-Orange Mocktails)</b> <b>2 PM Sorry</b> <b>3 PM Halloween Reminisce</b>

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>28</b> <i>First Responders Day</i></p> <p><b>8 AM Current Events/ Coffee Time</b></p> <p><b>9 AM Jigsaw Puzzles</b></p> <p><b>10 AM Mondays at Main: Lumberjack Legends (depart MERIT at 9:30am)</b></p> <p><b>11 AM Balloon Basketball</b></p> <p><b>11:30 AM Lunch</b></p> <p><b>12:30 PM Puffy Ghost Craft</b></p> <p><b>1:30 PM Snack</b></p> <p><b>2 PM UNO</b></p> <p><b>3 PM Shut the Box</b></p>	<p><b>29</b> <i>Cat Day</i></p> <p><b>8 AM Current Events/ Coffee Time</b></p> <p><b>9 AM Trivia</b></p> <p><b>10 AM Cover the Number</b></p> <p><b>11 AM Paul Eugene Exercise</b></p> <p><b>11:30 AM Lunch</b></p> <p><b>1 PM Crafts at the La Crosse Library Creation Space (depart MERIT at 12:30pm)</b></p> <p><b>1:30 PM Snack</b></p> <p><b>2 PM Basketball Toss</b></p> <p><b>3 PM UNO</b></p>	<p><b>30</b> <i>Candy Corn Day</i></p> <p><b>8 AM Current Events/ Coffee Time</b></p> <p><b>9 AM Colored Pencil Art</b></p> <p><b>10 AM "Northern Colony" Presentation by David Gordon at the Onalaska Library (depart MERIT at 9:15am)</b></p> <p><b>11 AM Halloween Hangman</b></p> <p><b>11:30 AM Lunch</b></p> <p><b>12:30 PM Costume Drum Fit with Alison</b></p> <p><b>1:30 PM Snack</b></p> <p><b>2 PM Sorry</b></p> <p><b>3 PM Jenga</b></p>	<p><b>31</b> <i>Halloween</i></p> <p><b>8 AM Current Events/ Coffee Time</b></p> <p><b>9 AM Coffee at McDonald's (depart MERIT at 9am)</b></p> <p><b>10 AM Pumpkin Painting</b></p> <p><b>11 AM- 3 PM Halloween Party with MERIT Centre South</b></p>	