

# MERIT Centre North *September* 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> <i>Closed for Labor Day</i>	<b>3</b> <i>US Bowling Day</i>  <b>8 AM Current Events/ Coffee Time</b>  <b>9 AM End of Summer Reminisce</b>  <b>10 AM Wii Bowling</b>  <b>11 AM Paul Eugene Exercise</b>  <b>11:30 AM Lunch</b>  <b>12:30 PM Scenic Drive along Great River Road (departing at 12:30)</b>  <b>1:30 PM Snack</b>  <b>2 PM Bingo</b>  <b>3 PM UNO</b>	<b>4</b> <i>Wildlife Day</i>  <b>8 AM Current Events/ Coffee Time</b>  <b>9 AM Milk Jug Pig Craft</b>  <b>10 AM International Owl Center Presentation at the Onalaska Library (departing Merit at 9:30am)</b>  <b>11 AM Sherry Zak Exercise</b>  <b>11:30 AM Lunch</b>  <b>12:30 PM Sorry</b>  <b>1:30 PM Snack</b>  <b>2 PM Jenga</b>  <b>3 PM Animal Planet/ Group Puzzle Work</b>	<b>5</b> <i>Cheese Pizza Day</i>  <b>8 AM Current Events/ Coffee Time</b>  <b>9 AM Tissue Paper Turtles</b>  <b>10:30 AM -12:30 PM Genoa Fish Hatchery Tour &amp; Picnic Lunch (Tour the Facilities, See the Lake Sturgeon, and possibly feed the fish!) (departing Merit at 9:30am)</b>  <b>11 AM Sherry Zak Exercise</b>  <b>11:30 AM Lunch</b>  <b>12:30 PM Group Puzzle Work</b>  <b>1:30 PM Snack</b>  <b>2 PM UNO</b>  <b>3 PM Trivia</b>	<b>6</b> <i>Read a Book Day</i>  <b>8 AM Current Events/ Coffee Time</b>  <b>9 AM Colored Pencil Art</b>  <b>10 AM Shut the Box</b>  <b>11 AM Paul Eugene Exercise</b>  <b>11:30 AM Lunch</b>  <b>12:30 PM Bingo at Merit South (departing Merit at Noon)</b>  <b>1:30 PM Happy Hour (Featuring Mimosa Mocktails)</b>  <b>2 PM Sorry</b>  <b>3 PM Book Reading</b>

\*Activities are Subject to Change\*

\*If a participant does not wish to engage in a scheduled activity, participant may choose another option\*

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>9</b> <i>Teddy Bear Day</i>  <b>8 AM Current Events/ Coffee Time</b>  <b>9 AM Bubble Wrap Harvest Corn Craft</b>  <b>10 AM Mondays at Main:</b> (Music Celebrating River & Refuge with Prairie Smoke) (departing Merit at 9:30am)  <b>11 AM Paul Eugene Exercise</b>  <b>11:30 AM Lunch</b>  <b>12:30 PM Rummikub/ Group Puzzle Work</b>  <b>1:30 PM Snack</b>  <b>2 PM Balloon Badminton</b>  <b>3 PM Shut the Box</b>	<b>10</b> <i>White Balloon Day</i>  <b>8 AM Current Events/ Coffee Time</b>  <b>9 AM Colored Pencil Art</b>  <b>10 AM Golf Putting</b>  <b>11 AM Sherry Zak Exercise</b>  <b>11:30 AM Lunch</b>  <b>12:30 PM Outing to Goose Island</b> (departing at 12:30)  <b>1:30 PM Snack</b>  <b>2 PM Cover the Number</b>  <b>3 PM Blackjack</b>	<b>11</b> <i>Day of Remembrance</i>  <b>8 AM Current Events/ Coffee Time</b>  <b>9 AM American Flag Paintings</b>  <b>10 AM A Year at a Beaver Pond Presentation by Al Cornell at the Onalaska Library</b> (departing Merit at 930am)  <b>11 AM Parachute Exercise</b>  <b>11:30 AM Lunch</b>  <b>12:30 PM Sorry</b>  <b>1:30 PM Snack</b>  <b>2 PM Chit Chat Twister</b>  <b>3 PM UNO</b>	<b>12</b> <i>Dolphin Day</i>  <b>8 AM Current Events/ Coffee Time</b>  <b>9 AM Tissue Paper Dolphins</b>  <b>10 AM Cover the Number</b>  <b>11 AM Sherry Zak Exercise</b>  <b>11:30 AM Lunch</b>  <b>12:30 PM Outing to Eckers Apple Orchard</b> (departing Merit at Noon)  <b>1:30 PM Snack</b>  <b>2 PM Sorry</b>  <b>3 PM Ring Toss</b>	<b>13</b> <i>Chocolate Day</i>  <b>8 AM Current Events/ Coffee Time</b>  <b>9 AM Colored Pencil Art</b>  <b>10 AM Outing to Nordic Creamery Petting Zoo</b> (departing Merit at 9:15 am)  <b>11 AM Paul Eugene Exercise</b>  <b>11:30 AM Lunch</b>  <b>12:30 PM Balloon Basketball with Alison</b>  <b>1:30 PM Happy Hour</b> (Featuring Sunrise Mocktails)  <b>2 PM Left, Right, Center</b>  <b>3 PM Jenga</b>

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>***National Adult Day Care Week***</b>				
<p>16</p> <p><b>Under the Sea</b> (All are invited to join in wearing Hawaiian attire)</p> <p>8 AM Current Events/ Coffee Time</p> <p>9 AM Jellyfish Craft</p> <p>10:30 AM- 3 PM Under the Sea Party at MERIT Centre South (departing Merit at 10am)</p> 	<p>17</p> <p><b>Celebrate You Day!</b></p> <p>8 AM Current Events/ Coffee Time</p> <p>9 AM Autumn Reminisce</p> <p>10 AM Name Frames</p> <p>11 AM Sherry Zak Exercise</p> <p>11:30 AM Lunch</p> <p>12:30- 2 PM Connect 2 Nature Presentation at the Southside Neighborhood Center (departing Merit at Noon)</p> <p>1:30 PM Snack</p> <p>2 PM Cover the Number</p> <p>3 PM UNO</p>	<p>18</p> <p><b>Bamboo Day</b></p> <p>8 AM Current Events/ Coffee Time</p> <p>9 AM Colored Pencil Art</p> <p>10 AM Sorry</p> <p>11 AM Parachute Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Bingo at the Southside Neighborhood Center (departing Merit at Noon)</p> <p>1:30 PM Snack</p> <p>2 PM Cover the Number</p> <p>3 PM Basketball Toss</p>	<p>19</p> <p><b>Oktoberfest Celebration</b></p> <p>8 AM Current Events/ Coffee Time</p> <p>9 AM Bavarian Hat &amp; Pretzel Necklace Crafts</p> <p>10 AM Oktoberfest Trivia</p> <p>11 AM- 3 PM Oktoberfest Party at West Salem Terrace/ Mill St. Manor! (departing Merit at 10:30am)</p> 	<p>20</p>  <p><b>Merit Carnival</b></p> <p>8 AM Current Events/ Coffee Time</p> <p>9 AM Coffee at Bluebird Café (departing Merit at 9am)</p> <p>11 AM- 3 PM MERIT Carnival</p>

# MERIT Centre North *September* 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
23 <i>Snack Stick Day</i>	24 <i>AKC Dog Day</i>	25 <i>Lobster Day</i>	26 <i>Day of Worship</i>	27 <i>Corned Beef Hash Day</i>
8 AM Current Events/ Coffee Time	8 AM Current Events/ Coffee Time	8 AM Current Events/ Coffee Time	8 AM Current Events/ Coffee Time	8 AM Current Events/ Coffee Time
9 AM Autumn Tree Paintings	9 AM Colored Pencil Art	9 AM Football Helmet Paintings	9 AM Apple Stamping Craft	9 AM Colored Pencil Art
10 AM Autumn Color Scenic Drive- Apple Blossom Drive (departing Merit at 9:30am)	10 AM Golf Putting	10 AM Iron Brigade, Second Wisconsin Presentation by John Dudkiewicz at the Onalaska Library (departing Merit at 9:30am)	10 AM Chit Chat Twister	10 AM Brutus the Pig
11 AM Paul Eugene Exercise	11 AM Paul Eugene Exercise	11 AM Sherry Zak Exercise	11 AM Sherry Zak Exercise	11 AM Paul Eugene Exercise
11:30 AM Lunch	11:30 AM Lunch	11 AM Sherry Zak Exercise	11:30 AM Lunch	11:30 AM Lunch
12:30 PM The Game Guy	12:30-2 PM Travel Tales Presentation at the Southside Neighborhood Center (departing Merit at Noon)	11:30 AM Lunch	12:30 PM Hangman	12:30 PM Outing to Bauer's Market (departing Merit at Noon)
1:30 PM Snack	1:30 PM Snack	12:30 Sorry	1 PM Music Café at the Southside Neighborhood Center (departing Merit at 12:30pm)	1:30 PM Happy Hour (Featuring Sunrise Mocktails)
2 PM Rummikub	2 PM Shut the Box	1:30 PM Snack	1:30 PM Snack	2 PM Sorry
3 PM UNO	3 PM AKC Dog Show on YouTube	2 PM Balloon Badminton	2 PM Cover the Number	3 PM Jenga
		3 PM Shut the Box	3 PM UNO	

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>30</b></p> <p><i>Love People Day</i></p> <p><b>8 AM Current Events/ Coffee Time</b></p> <p><b>9 AM Scarecrow Craft</b></p> <p><b>10 AM Mondays at Main:</b> (Cranberries: How Wisconsin Became Best with Lindsey Rushford, UW-Madison Division of Extension) (departing Merit at 9:30am)</p> <p><b>11 AM Paul Eugene Exercise</b></p> <p><b>11:30 AM Lunch</b></p> <p><b>12:30 PM Rummikub</b></p> <p><b>1:30 PM Snack</b></p> <p><b>2 PM Bean Bag Toss</b></p> <p><b>3 PM UNO</b></p>				

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