














SHELBY TERRACE AUGUST 2024

NOTE: All activities are held in the front lounge unless stated otherwise

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<p>1</p> <p>10:00 AM “Days of Summer- Nature’s Peak Performance” on Youtube</p> <p>1:30 PM </p>	<p>2</p> <p>9:00 AM Coffee and Treats </p> <p>2:00 PM Happy Hour & Snacks! </p>	<p>3</p> <p>2:00 PM Viewers’ Choice! Movie Matinee and Popcorn!</p> 

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>4</p> <p>11:00 AM Catholic Service BSJ Chapel (next door)</p> <p>1:15 PM Lutheran Service BSJ Chapel (next door)</p>	<p>5</p> <p>10:00 AM Let's get outside for a walk around the BSJ campus!</p> <p>1:30 PM </p>	<p>6</p> <p>10:00 AM Chair Yoga </p> <p>2:00 PM Live Music w/ Peter Kish! </p>	<p>7</p> <p>9:30 AM Exercises on YouTube</p> <p>1:30 PM Wii Bowling! </p>	<p>8</p> <p>10:00 AM Chair Yoga w/ Trudy </p> <p>1:30 PM </p>	<p>9</p> <p>9:00 AM Coffee and Treats </p> <p>5:30 PM Kings' Corners Card Game </p>	<p>10</p> <p>2:00 PM Viewers' Choice! Movie Matinee and Popcorn! </p>

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>11</p> <p>11:00 AM Catholic Service BSJ Chapel (next door)</p> <p>1:15 PM Lutheran Service BSJ Chapel (next door)</p> <p>2:00 PM ICE CREAM SOCIAL</p>	<p>12</p> <p>9:00 AM- 11:30 AM Let's go shopping at Walmart!</p> <p>1:30 PM </p>	<p>13</p> <p>10:00 AM Let's get outside for a walk around the BSJ campus!</p> <p>1:30 PM Ice Cream Social </p>	<p>14</p> <p>9:30 AM Exercises on YouTube</p> <p>2:30 PM Ball drumming w/ Alison! </p>	<p>15</p> <p>10:00 AM "Exciting Animal Behavior in the most enchanted Forests of our Planet" on Youtube</p> <p>1:30 PM </p>	<p>16</p> <p>9:00 AM Coffee and Treats  2:00 PM Happy Hour & Snacks! </p> <p>5:30 PM "500!" Card Game </p>	<p>17</p> <p>2:00 PM Viewers' Choice! Movie Matinee and popcorn! </p>






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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>18</p> <p>11:00 AM Catholic Service BSJ Chapel (next door)</p> <p>1:15 PM Lutheran Service BSJ Chapel (next door)</p>	<p>19</p> <p>9:00 AM- 11:30 AM Coffee and Pastries at JavaVino (makeup date)</p> <p>1:30 PM </p>	<p>20</p> <p>10:00 AM Let's get outside for a walk around the BSJ campus!</p> <p>2:00 PM Bingocize! Light exercise and prizes!</p>	<p>21</p> <p>9:30 AM Chair Exercises on YouTube</p> <p>1:30 PM Wii Bowling! </p>	<p>22</p> <p>10:00 AM Meditation Time w/ Dave </p> <p>1:30 PM Bingo! </p>	<p>23</p> <p>9:00 AM Birthday Breakfast!!! </p> <p>2:00 PM Pictionary and snacks! </p>	<p>24</p> <p>2:00 PM Viewer's Choice Movie Matinee and popcorn! </p>

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>25</p> <p>11:00 AM Catholic Service BSJ Chapel (next door)</p> <p>Lutheran Service BSJ Chapel (next door)</p> <p>2:00 PM ICE CREAM SOCIAL</p>	<p>26</p> <p>11:00 AM-1:15 PM Let's go out to lunch at Blue Moon</p>  <p>1:30 PM Bingo!</p> 	<p>27</p> <p>10:00 AM Let's get outside for a walk around the BSJ campus!</p> <p>1:00 PM Indoor bowling!</p> 	<p>28</p> <p>10:00 AM Meditation Time w/ Dave</p>  <p>2:30 PM Watercolor painting w/ Alison!</p> 	<p>29</p> <p>10:00 AM Tea and cookies!</p>  <p>1:30 PM Bingo!</p> 	<p>30</p> <p>9:00 AM Coffee and Treats</p>  <p>2:00 PM Happy Hour w/ Trivia & Snacks!</p> 	<p>31</p>