



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<p>1 <i>Friend Day</i></p> <p>8 AM Current Events/ Coffee Time</p> <p>9 AM Nail Painting</p> <p>10 AM Crafts at the La Crosse Library Creation Space</p> <p>11 AM Sherry Zak Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Card Making and Golden Girl TV Episodes</p> <p>1:30 PM Snack</p> <p>2 PM War Card Game</p> <p>3 PM Mancala</p>	<p>2 <i>Ice Cream Sandwich Day</i></p> <p>8 AM Current Events/ Coffee Time</p> <p>9 AM Nail Polish Ornament Craft</p> <p>10 AM Shopping at Big Lots</p> <p>11 AM Paul Eugene Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Bingo</p> <p>1:30 PM Happy Hour (Featuring Cherry Bomb Mocktails)</p> <p>2 PM Cover the Number</p> <p>3 PM UNO</p>

Activities are Subject to Change

If a participant does not wish to engage in a scheduled activity, participant may choose another option

MERIT Centre South

August 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 Watermelon Day 8 AM Current Events/ Coffee Time 9 AM Watermelon Fans Craft 10 AM Outing to the Eagle Outlook 11 AM Paul Eugene Exercise 11:30 AM Lunch 12:30 PM All About Watermelons on YouTube 1:30 PM Snack 2 PM Cover the Number 3 PM Shut the Box	6 Root Beer Float Day 8 AM Current Events/ Coffee Time 9 AM Denim Heart & Butterfly Craft 10 AM Outing to Sunny the Sunfish Overlook 11 AM Chair Chi 11:30 AM Lunch 12:30 PM Music with Peter Kish 1:30 PM Snack 2 PM UNO 3 PM Mancala	7 Mustard Day 8 AM Current Events/ Coffee Time 9 AM Bagel Craft 10 AM Mustard Facts on YouTube 11 AM Sherry Zak Exercise 11:30 AM Lunch 12:30 PM Bingo at Southside Neighborhood Center 1:30 PM Snack 2 PM Cover the Number 3 PM War	8 Happiness Day 8 AM Current Events/ Coffee Time 9 AM Nail Painting & Tattoos 10 AM Crafts at the La Crosse Library Creation Space 11 AM Sherry Zak Exercise 11:30 AM Lunch 12 PM Brewer Game 12:30 PM Scratch Art 1:30 PM Snack 2 PM Mancala 3 PM Mini Pool	9 Book Lovers Day <i>Happy Birthday Donna- Birthday is Saturday!</i> 8 AM Current Events/ Coffee Time 9 AM Leaf Art & Shel Silverstein Poetry 10 AM Shopping at Aldis 11 AM Paul Eugene Exercise 11:30 AM Lunch 12:30 PM Donna's Birthday Party! 1:30 PM Happy Hour (Featuring Blue Lagoon Mocktails) 2 PM Cover the Number 3 PM Shut the Box

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August 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12 <i>Bowling Day</i>	13 <i>Left Handers Day</i>	14 <i>Creamsicle Day</i>	15 <i>Lemon Meringue Day</i>	16 <i>Roller Coaster Day</i>
8 AM Current Events/ Coffee Time	8 AM Current Events/ Coffee Time	8 AM Current Events/ Coffee Time	8 AM Current Events/ Coffee Time	8 AM Current Events/ Coffee Time
9 AM Peas in a Pod Craft	9 AM Cat Puff Paint Canvas Craft	9 AM Ceramic Painting	9 AM Nail Painting & Tattoos	9 AM Rustic Upcycled Storage Jars Craft
10 AM Walk at Green Island	10 AM Sorry	10 AM- 12 PM Pontoon Ride on Lake Onalaska & Picnic Lunch	10 AM Crafts at the La Crosse Library Creation Space	10 AM Shopping at Dollar Tree
11 AM Paul Eugene Exercise	11 AM- 1 PM Mississippi Melodies & Picnic Lunch at the Black River Neighborhood Center (11- 12 PM Picnic Lunch; 12- 1 PM Music by The Tri-State Accordion Club)	11 AM Paul Eugene Exercise	11 AM Chair Dancing Exercise	11 AM Paul Eugene Exercise
11:30 AM Lunch	11 AM Sherry Zak Exercise	11:30 AM Lunch	11:30 AM Lunch	11:30 AM Lunch
12:30 PM How Its Made: Bowling Pins on YouTube		12:30 PM Trivia	12:30 PM Balloon Badminton	12:30 PM Shut the Box
1:30 PM Snack		1:30 PM Snack		1 PM Ball Drumming with Alison
2 PM Wii Bowling	11:30 AM Lunch	2 PM Cover the Number	1:10 PM Brewer Game	2 PM Happy Hour (Featuring Tequila Sunrise Mocktails)
3 PM UNO	12:30 PM Category Game	3 PM War	1:30 PM Snack	2 PM Cover the Number
	1:30 PM Snack		2 PM Mancala	
	2 PM Mancala		3 PM UNO	3 PM Checkers
	3 PM Spot It Game			

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>19</p> <p>Aviation Day</p> <p>8 AM Current Events/ Coffee Time</p> <p>9 AM Airplane Banner Craft</p> <p>10 AM Walk at Coon Creek in Coon Valley</p> <p>11 AM Paul Eugene Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Amelia Earhart Documentary on YouTube</p> <p>1:30 PM Snack</p> <p>2 PM Cover the Number</p> <p>3 PM UNO</p>	<p>20</p> <p>Radio Day</p> <p>8 AM Current Events/ Coffee Time</p> <p>9 AM Splatter Paint Cassette Tape Craft & Cupcake Baking</p> <p>10 AM Bart's Birthday Party!</p> <p>11 AM- 1 PM Mississippi Melodies & Picnic Lunch at the Black River Neighborhood Center (11- 12 PM Picnic Lunch; 12- 1 PM Music by the Pinski Brothers Band)</p> <p>11 AM Sherry Zak Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Evolution of the Radio on YouTube</p> <p>1:30 PM Snack</p> <p>2 PM UNO</p> <p>3 PM Checkers</p>	<p>21</p> <p>Spumoni Day</p> <p>8 AM Current Events/ Coffee Time</p> <p>9 AM Colored Pencil Art</p> <p>10 AM Pictionary</p> <p>11 AM Sherry Zak Exercise</p> <p>11:30 AM Lunch</p> <p>12:30- 2:30 PM National Senior Citizen Event Day at the Southside Neighborhood Center (Bingo, Ice Cream, & Music)</p> <p>1:30 PM Snack</p> <p>2 PM Cover the Number</p> <p>3 PM Shut the Box</p>	<p>22</p> <p>Sponge Cake Day <i>Happy Birthday Bart!</i></p> <p>8 AM Current Events/ Coffee Time</p> <p>9 AM Nail Painting & Tattoos</p> <p>10 AM Craft at the La Crosse Library Creation Space</p> <p>11 AM Sherry Zak Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Upcycled Tin Box Magnets</p> <p>1:15 PM Brewer Game</p> <p>1:30 PM Snack</p> <p>2 PM Spot It Game</p> <p>3 PM Cover the Number</p>	<p>23</p> <p>Strange Music Day</p> <p>8 AM Current Events/ Coffee Time</p> <p>9 AM 60's in the Summer Party & Daisy Wallpaper Craft</p> <p>10 AM Shopping at Good Steward</p> <p>11 AM Paul Eugene Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Summer Bingo</p> <p>1:30 PM Happy Hour & 60's Tunes- (Featuring Fuzzy Navel Mocktails)</p> <p>2 PM War</p> <p>3 PM Cover the Number</p>

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
26 <i>Dog Day</i>	27 <i>Cinema Day</i>	28 <i>Bow Tie Day</i>	29 <i>Eat Outside Day</i>	30 <i>Beach Day</i>
8 AM Current Events/ Coffee Time	8 AM Current Events/ Coffee Time	8 AM Current Events/ Coffee Time	8 AM Current Events/ Coffee Time	8 AM Current Events/ Coffee Time
9 AM Dog Colored Pencil Art	9 AM Record Bowl Craft	9 AM Bowtie Craft	9 AM Nail Painting & Tattoos	9 AM Letter Sea Shell Craft
10 AM Scenic Drive to Goose Island	11 AM- 1 PM Mississippi Melodies & Picnic Lunch at the Black River Neighborhood Center (11- 12 PM Picnic Lunch; 12- 1 PM Music by Mark IV)	10 AM Shopping at Goodwill	10 AM T-Shirt Hoop Art	10 AM Shopping at Valley Market in Coon Valley
11 AM Paul Eugene Exercise	11 AM Sherry Zak Exercise	11 AM Sherry Zak Exercise	11 AM Chair Dancing Exercise	11 AM Paul Eugene Exercise
11:30 AM Lunch	11:30 AM Lunch	11:30 AM Lunch	11:30 AM Lunch	11:30 AM Lunch
12:30 PM Wood Painting Craft	12:30 PM History of Movies on YouTube	12:30 PM Watercolor Craft with Alison	11:30 AM Picnic Lunch at Green Island	12:30 PM Bingo
1:30 PM Snack		1:30 PM Snack	12:30 PM	1:30 PM Happy Hour- (Featuring Pina Colada Mocktails)
2 PM Shut the Box	1:30 PM Snack	2 PM Balloon Badminton	1:10 PM Brewer Game	2 PM Cover the Number
3 PM UNO	2 PM Mancala	3 PM Cover the Number	1:30 PM Snack	3 PM UNO
	3 PM Checkers		2 PM Spot It Game	
			3 PM Mancala	

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