



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<p>1 <i>Friend Day</i></p> <p>8 AM Current Events/ Coffee Time</p> <p>9 AM Nail Painting & Summertime Reminisce</p> <p>10 AM Crafts at the La Crosse Library Creation Space</p> <p>11 AM Parachute Exercise Game</p> <p>11:30 AM Lunch</p> <p>12:30 PM Rummikub</p> <p>1:30 PM Snack</p> <p>2 PM UNO</p> <p>3 PM Ring Toss</p>	<p>2 <i>Ice Cream Sandwich Day</i></p> <p>8 AM Current Events/ Coffee Time</p> <p>9 AM Coffee Filter Flowers</p> <p>10 AM Sorry</p> <p>11 AM Paul Eugene Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Shake Loose Some Memories</p> <p>1:30 PM Intergenerational Bingo at the Holmen Area Community Center</p> <p>1:30 PM Happy Hour (Featuring Cherry Bomb Mocktails)</p> <p>2 PM Trivia</p> <p>3 PM Shut the Box</p>

Activities are Subject to Change

If a participant does not wish to engage in a scheduled activity, participant may choose another option

MERIT Centre North

August 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 Watermelon Day 8 AM Current Events/ Coffee Time 9 AM Watermelon Fan Craft 10 AM Outing to the Eagle Overlook 11 AM Paul Eugene Exercise 11:30 AM Lunch 12:30 PM Sorry 1:30 PM Snack 2 PM Watermelon Dice Game 3 PM All About Watermelons on YouTube	6 Root Beer Float Day 8 AM Current Events/ Coffee Time 9 AM Colored Pencil Art 10 AM Wheel of Fortune 11 AM- 1 PM Mississippi Melodies & Picnic Lunch at the Black River Neighborhood Center (11-12 PM Picnic Lunch; 12- 1 PM Music by the Driftless River Band) 11 AM Chair Chi 11:30 AM Lunch 12:30 PM Summer Bingo 1:30 PM Snack 2 PM Cover the Number 3 PM Jenga	7 Mustard Day 8 AM Current Events/ Coffee Time 9 AM Bagel Craft 9:30 AM Coffee at McDonald's 10 AM Summer Bingo 11 AM Food Hangman 11:30 AM Lunch 12:30 PM Ball Drumming with Alison 1:30 PM Snack 2 PM Trouble 3 PM UNO	8 Happiness Day 8 AM Current Events/ Coffee Time 9 AM Nail Painting 10 AM Chair Yoga at the La Crosse Library 11 AM Charades 11:30 AM Lunch 12 PM Brewer Game 12:30 PM Rummikub 1:30 PM Snack 2 PM Basketball Toss 3 PM Blackjack	9 Book Lovers Day 8 AM Current Events/ Coffee Time 9 AM Leaf Art 10 AM Poetry Reading 11 AM Paul Eugene Exercise 11:30 AM Lunch 12:30 PM Trivia 1 PM Moving with Moments Chair Fitness at the Southside Neighborhood Center 1:30 PM Happy Hour (Featuring Blue Lagoon Mocktails) 2 PM Movie Matinee: Bruce Almighty 3 PM Checkers

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August 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12 <i>Bowling Day</i>	13 <i>Left Handers Day</i>	14 <i>Creamsicle Day</i>	15 <i>Lemon Meringue Day</i>	16 <i>Roller Coaster Day</i>
8 AM Current Events/ Coffee Time	8 AM Current Events/ Coffee Time	8 AM Current Events/ Coffee Time	8 AM Current Events/ Coffee Time	8 AM Current Events/ Coffee Time
9 AM Colored Pencil Art	9 AM Trivia	9 AM Cat Craft	9 AM Scratch Art	9 AM Nail Painting
10 AM Yard Games at Myrick Park	10 AM Chit Chat Twister	10 AM Sorry	10 AM Summer Bingo	10 AM Charades
11 AM Paul Eugene Exercise	11 AM- 1 PM Mississippi Melodies & Picnic Lunch at the Black River Neighborhood Center (11- 12 PM Picnic Lunch; 12- 1 PM Music by The Tristate Accordion Club)	11 AM Sherry Zak Exercise	11 AM Chair Dancing Exercise	11 AM Category Game
11:30 AM Lunch	11 AM Sherry Zak Exercise	11:30 AM Lunch	11 AM- 1 PM Pontoon Ride on Lake Onalaska & Picnic Lunch	11:30 AM Lunch
12:30 PM Wii Bowling	11:30 AM Lunch	12:30 PM Shopping at Good Steward	11:30 AM Lunch	12:30 PM UNO
1:30 PM Snack	12:30 PM Summer Bingo	1:30 PM Snack	12:30 PM Rummikub	1:30 PM Intergenerational Bingo at the Holmen Area Community Center
2 PM Charades	1:30 PM Snack	3 PM Jenga	1:10 PM Brewer Game	1:30 PM Happy Hour (Featuring Tequila Sunrise Mocktails)
3 PM Checkers	2 PM Cover the Number		1:30 PM Snack	2 PM Golf Putting
	3 PM UNO		2 PM Basketball Toss	3 PM Jenga
			3 PM Shut the Box	

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August 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
19 Aviation Day 8 AM Current Events/ Coffee Time 9 AM Airplane Origami Craft 10 AM Yard Games at Copeland Park 11 AM Paul Eugene Exercise 11:30 AM Lunch 12:30 PM Rummikub 1:30 PM Snack 2 PM Movie Matinee: Underdog	20 Radio Day 8 AM Current Events/ Coffee Time 9 AM Splatter Paint Craft 10 AM Wheel of Fortune 11 AM- 1 PM Mississippi Melodies & Picnic Lunch at the Black River Neighborhood Center (11-12 PM Picnic Lunch; 12- 1 PM Music by the Pinski Brothers Band) 11 AM Chair Dancing Exercise 11:30 AM Lunch 12:30 PM Gordy's Birthday Party! 1:30 PM Snack 2 PM Cover the Number 3 PM Exploration of the Radio on YouTube	21 Spumoni Day Happy Birthday Gordy! 8 AM Current Events/ Coffee Time 9 AM Colored Pencil Art 9:30 AM Coffee at Bluebird Café 10 AM Wheel of Fortune 11 AM Paul Eugene Exercise 11:30 AM Lunch 12:30 PM Watercolor Craft with Alison 1:30 PM Snack 2 PM Sorry 3 PM Jenga	22 Sponge Cake Day 8 AM Current Events/ Coffee Time 9 AM Sorry 10 AM Crafts at the La Crosse Library 11 AM Sherry Zak Exercise 11:30 AM Lunch 12:30 PM Summer Bingo 1:15 PM Brewer Game 1:30 PM Snack 2 PM Basketball Toss 3 PM Shut the Box	23 Strange Music Day 8 AM Current Events/ Coffee Time 9 AM Rain Stick Craft 10 AM Wii Bowling 11 AM Summer Hangman 11:30 AM Lunch 12:30 PM Cover the Number 1 PM Moving with Moments Chair Fitness at the Southside Neighborhood Center 1:30 PM Happy Hour- (Featuring Fuzzy Navel Mocktails) 2 PM Chit Chat Twister 3 PM UNO

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August 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>26</p> <p>Dog Day</p> <p><i>Happy Birthday Bev!</i> <i>(Birthday was Sunday)</i></p> <p>8 AM Current Events/ Coffee Time</p> <p>9 AM Dog Craft</p> <p>10 AM Yard Games at Myrick Park</p> <p>11 AM Paul Eugene Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Bev's Birthday Party</p> <p>1:30 PM Snack</p> <p>2 PM Movie Matinee: Marly & Me</p>	<p>27</p> <p>Cinema Day</p> <p>8 AM Current Events/ Coffee Time</p> <p>9 AM Colored Pencil Art</p> <p>10 AM Outing to Goose Island</p> <p>11 AM Sherry Zak Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Music with Peter Kish</p> <p>1:30 PM Snack</p> <p>2 PM Cover the Number</p> <p>3 PM Checkers</p>	<p>28</p> <p>Bow Tie Day</p> <p>8 AM Current Events/ Coffee Time</p> <p>9 AM Bowtie Pasta Craft</p> <p>10 AM Bizarre History of WI with Chad Lewis at the Onalaska Library</p> <p>11 AM Paul Eugene Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Sorry</p> <p>1:30 PM Snack</p> <p>2 PM Pictionary</p> <p>3 PM UNO</p>	<p>29</p> <p>Eat Outside Day</p> <p><i>Happy Birthday Jeffrey!</i></p> <p>8 AM Current Events/ Coffee Time</p> <p>9 AM Trivia</p> <p>10 AM Chair Yoga at the La Crosse Library</p> <p>11 AM Sherry Zak Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Summer Bingo</p> <p>1:10 PM Brewer Game</p> <p>1:30 PM Snack</p> <p>2 PM Charades</p> <p>3 PM Shut the Box</p>	<p>30</p> <p>Beach Day</p> <p>8 AM Current Events/ Coffee Time</p> <p>9 AM Surfboard Painting</p> <p>10 AM Sorry</p> <p>11 AM Paul Eugene Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Hangman</p> <p>1 PM Bingo at Merit Centre South</p> <p>1:30 PM Happy Hour- (Featuring Pina Colada Mocktails)</p> <p>2 PM Beach Ball Toss</p> <p>3 PM Jenga</p>

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