







SHELBY TERRACE APRIL 2024

NOTE: All activities are held in the front lounge unless stated otherwise

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>1</p> <p>9:00 AM-11:30 AM Walmart, Dollar Tree and Goodwill Shopping</p> <p>1:30 PM </p>	<p>2</p> <p>9:30 AM “Gentle Chair Yoga for Beginners and Seniors” on Youtube</p> <p>2:00 PM Bingocize!!! Light Exercise and Bingo with prizes!</p>	<p>3</p> <p>9:30 AM “10 Minute Beginner Chair Exercises for Seniors” on YouTube</p> <p>2:00 PM Finish Magic Frames w/ Alison</p> 	<p>4</p> <p>10:00 AM “Our Planet— Forests” on Youtube</p> <p>1:30 PM </p>	<p>5</p> <p>9:00 AM Coffee and Treats</p>  <p>5:30 PM Play Cribbage!</p> 	<p>6</p> <p>2:00 PM Viewers’ Choice! Movie Matinee and Popcorn!</p> 









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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>7</p> <p>11:00 AM Catholic Service BSJ Chapel (next door)</p> <p>1:15 PM Lutheran Service BSJ Chapel (next door)</p> <p>2:00 PM ICE CREAM SOCIAL</p>	<p>8</p> <p>9:00 AM- 11:30 AM Breakfast at Perkins Restaurant!!</p>  <p>1:30 PM Bingo!</p>	<p>9</p> <p>9:00 AM "Our Planet— From Deserts to Grasslands" on Youtube</p> <p>2:00 PM Bingocize!!! Light Exercise and Bingo with prizes!</p>	<p>10</p> <p>9:30 AM Exercises on YouTube</p> <p>1:30 PM Wii Bowling</p> 	<p>11</p> <p>10:00 AM "Our Planet— Jungles" on Youtube</p> <p>1:30 PM Bingo!</p>	<p>12</p> <p>9:00 AM Birthday Breakfast!!!</p>  <p>5:30 PM Kings' Corners Card Game</p> 	<p>13</p> <p>2:00 PM Viewers' Choice! Movie Matinee and Popcorn!</p> 

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>14</p> <p>11:00 AM Catholic Service BSJ Chapel (next door)</p> <p>1:15 PM Lutheran Service BSJ Chapel (next door)</p>	<p>15</p> <p>9:00 AM Shopping at Goodwill!</p> <p>10:00 AM Chair Yoga</p>  <p>1:30 PM</p> 	<p>16</p> <p>9:00 AM "Our Planet—Coastal Seas" on Youtube</p> <p>2:00 PM Bingocize!!! Light Exercise and Bingo with prizes!</p>	<p>17</p> <p>9:30 AM Exercises on YouTube</p> <p>2:00 PM Earth Day Masks w/ Alison!</p> 	<p>18</p> <p>10:00 AM "America's Musical Journey" on YouTube</p> <p>1:30 PM</p> 	<p>19</p> <p>9:00 AM Coffee and Treats</p>  <p>2:00 PM Happy Hour & Snacks!</p>  <p>5:30 PM "500!" Card Game</p> 	<p>20</p> <p>2:00 PM Viewers' Choice! Movie Matinee and popcorn!</p> 

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>21</p> <p>11:00 AM Catholic Service BSJ Chapel (next door)</p> <p>1:15 PM Lutheran Service BSJ Chapel (next door)</p> <p>2:00 PM ICE CREAM SOCIAL</p>	<p>22</p> <p>Earth Day!!! 9:30 AM- 11:30 AM Shopping at Hyvee and the Mall!</p> <p>1:30 PM </p>	<p>23</p> <p>9:00 AM Coffee and Treats!</p>  <p>2:00 PM Music w/ Hans Mayer!</p> 	<p>24</p> <p>9:30 AM Exercises on YouTube</p> <p>2:00 PM Sing-along with your friends!</p> 	<p>25</p> <p>10:00 AM “Our Planet— High Seas” on Youtube</p> <p>1:30 PM </p>	<p>26</p> <p>9:00 AM Coffee and Treats</p>  <p>5:30 PM Trivial Pursuit!</p>	<p>27</p> <p>2:00 PM Viewer’s Choice Movie Matinee and popcorn!</p> 

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>28</p> <p>11:00 AM Catholic Service BSJ Chapel (next door)</p> <p>Lutheran Service BSJ Chapel (next door)</p>	<p>29</p> <p>9:00 AM- 11:30 AM Parks Tour and Bird- watching!</p> <p>10:00 AM Chair Exercises</p> <p>1:30 PM </p>	<p>30</p> <p>9:00 AM Coffee and Treats!</p>  <p>2:00 PM Bingocize!!! Light Exercise and Bingo with prizes!</p>				