

April 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Ozzie <i>April 5th</i></p> <p>Ed R. April <i>17th</i></p> <p>April Gemstone Diamond- <i>love and commitment</i></p>  <p>April Flower Daisy- <i>purity and innocence</i></p> 	<p>1</p> <p>April Fool's Day!</p> <p><i>Take a Walk in the Halls today!</i></p> <p>8:00 AM Coffee Hour Front Café</p> <p>10:00 AM Educational Session with Dana: Falls Prevention Dining Room</p> <p>2:15 PM Bingo Dining Room</p> <p>7:00 PM The Price is Right at Night CBS Center Lounge</p>	<p>2</p> <p><i>Take a Walk in the Halls today!</i></p> <p>8:00 AM Coffee Hour Front Café</p> <p>10:00 AM Drive up Sugar Loaf To Garvin Heights and Lunch at River City Grill Sign up on the Bulletin Board</p> <p>2:00 PM Musical Entertainer Hans Meyer Dining Room</p> <p>3:10 PM Milwaukee vs Minnesota</p>	<p>3</p> <p>National Inspiring Joy Day</p> <p><i>Take a Walk in the Halls today!</i></p> <p>8:00 AM Coffee Hour Front Café</p> <p>9:30 AM Exercise with Amy Dining Room</p> <p>Invite friends to gather for a game of cards! Dining Room</p> <p>3:10 PM Milwaukee vs Minnesota Twins</p>	<p>4</p> <p>National Vitamin C Day</p> <p><i>Take a Walk in the Halls today!</i></p> <p>8:00 AM Coffee Hour Front Café</p> <p>10:30 AM Catholic Mass West Lounge</p> <p>1:30 PM Exercise with Amy Dining Room</p> <p>7:00 PM The Price is Right at Night CBS Center Lounge</p>	<p>5</p> <p>Happy Birthday, Ozzie!</p> <p><i>Take a Walk in the Halls today!</i></p> <p>8:00 AM Coffee Hour Front Café</p> <p>2:00 PM Happy Hour Pizza, Beer, Wine, and Soda</p> <p>7:00 PM The Price is Right at Night</p> <p>7:10 PM Milwaukee vs Seattle</p>	<p>6</p> <p><i>Take a Walk in the Halls today!</i></p> <p>8:00 AM Coffee Hour Front Café</p> <p>2:00 PM Movie: <u>The Music Man</u> <i>Classic romantic musical starring Shirley Jones and Buddy Hackett</i> ROKU- TUBI channel</p> <p>Invite friends to gather for a card game!</p> <p>6:10 PM Milwaukee vs Seattle</p> <p>March Madness Final Four</p>



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7 <i>Take a Walk in the Halls today!</i> 8:00 AM Coffee Hour Front Café 9:30 AM Catholic Mass Channel 9 1:10 PM Milwaukee vs Seattle Invite friends to gather for a game of cards! 6:00 PM America's Funniest Home Videos On ABC Center Lounge	8 <i>Take a Walk in the Halls today!</i> 8:00 AM Coffee Hour Front Café Puzzles & Coloring Always available in West Lounge 2:00 PM Finish Magic Picture Frames with Alison Invite friends to gather for a game of cards! March Madness Championship Game	9 <i>Take a Walk in the Halls today!</i> 8:00 AM Coffee Hour Front Café 9:30 AM Exercise with Amy Dining Room 10:00 AM Road Trip to Ho Chunk Casino in Black River Falls Sign up on the bulletin board Invite friends to gather for a game of cards!	10 <i>Take a Walk in the Halls today!</i> 8:00 AM Coffee Hour Front Café 2:00 PM Holmen Middle School Students Instrumental Solos and Ensembles 3:00 PM Educational Presentation- PROTECTING YOURSELF FROM FRAUDS AND SCAMS	11 8:00 AM Coffee Hour Front Café 9:30 AM Shopping at Festival Foods Sign up on the bulletin board 1:30 PM Exercise with Amy 1:45 PM Statewide Tornado Drill See info on back page of calendar 2:30 PM Lutheran Prayer Service Front Lounge	12 <i>Take a Walk in the Halls today!</i> 8:00 AM Coffee Hour Front Café 2:00 PM Tropical Beach Day Happy Hour Shrimp Cocktail, Crackers, and Tropical Drinks Invite friends to gather for a game of cards! 6:05 PM Milwaukee vs Baltimore	13 <i>Take a Walk in the Halls today!</i> 8:00 AM Coffee Hour Front Café 2:00 PM Movie: <u>42 The Jackie Robinson Story</u> <i>The uplifting and inspiring story of courage and talent.</i> DVD Center Lounge Invite friends to gather for a game of cards! 3:05 PM Milwaukee vs Baltimore

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<p>14</p> <p><i>International Moment of Laughter Day</i></p>  <p><i>Take a Walk in the Halls today!</i></p> <p>8:00 AM Coffee Hour Front Café</p> <p>9:30 AM Catholic Mass Channel 9</p> <p>12:35 PM Milwaukee vs Baltimore</p> <p>Invite friends to gather for a game of cards!</p>	<p>15</p> <p><i>Take a Walk in the Halls today!</i></p> <p>8:00 AM Coffee Hour Front Café</p> <p>1:30 PM Balloon Toss – Exercise and Fun in One! Dining Room</p> <p>Invite friends to gather for a card game!</p> <p>6:40 PM Milwaukee vs San Diego</p> <p>7:00 PM The Price is Right at Night CBS Center Lounge</p>	<p>16</p> <p><i>Take a Walk in the Halls today!</i></p> <p>8:00 AM Coffee Hour Front Café</p> <p>9:30 AM Exercise with Amy Dining Room</p> <p>10:00 AM Chaplain Emma Blank West Lounge</p> <p>10:45 AM Lunch at Neuie’s Vogue Bar & Grill</p> <p>6:40 PM Milwaukee vs San Diego</p>	<p>17</p> <p><i>Happy Birthday, Ed R.!</i></p> <p><i>Take a Walk in the Halls today!</i></p> <p>8:00 AM Coffee Hour Front Café</p> <p>9:30 AM Healthy Tidbits Dining Room</p> <p>1:30 PM Flick-in’ Chicken Exercise and Fun in One! Dining Room</p> <p>Invite friends to gather for a card game!</p>	<p>18</p> <p>National Exercise Day</p> <p><i>Take a Walk in the Halls today!</i></p> <p>8:00 AM Coffee Hour Front Café</p> <p>10:30 AM Catholic Communion West Lounge</p> <p>1:30 PM Exercise with Amy Dining Room</p> <p>7:00 PM The Price is Right at Night CBS Center Lounge</p>	<p>19</p> <p><i>Take a Walk in the Halls today!</i></p> <p>8:00 AM Coffee Hour Front Café</p>  <p>2:00 PM Earth Day Happy Hour Blue Lagoon Cocktails, Veggies & Dip Dining Room</p> <p>Invite friends to gather for a card game!</p> <p>7:15 PM Milwaukee Brewers vs St. Louis</p>	<p>20</p> <p><i>Take a Walk in the Halls today!</i></p> <p>8:00 AM Coffee Hour Front Café</p> <p>2:00 PM Movie: High Society <i>A romantic musical comedy starring Bing Crosby, Frank Sinatra, and Grace Kelly</i> ROKU- TUBI channel</p> <p>Invite friends to gather for a card game!</p> <p>7:15 PM Milwaukee Brewers vs St. Louis</p>

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<p>21 <i>Take a Walk in the Halls today!</i></p> <p>8:00 AM Coffee Hour Front Café</p> <p>9:30 AM Catholic Mass Channel 9</p> <p>1:15 PM Milwaukee vs St. Louis</p> <p>Invite friends to gather for a card game</p> <p>6:00 PM America's Funniest Home Videos On ABC Center Lounge</p>	<p>22</p>  <p><i>Take a Walk in the Halls today!</i></p> <p>8:00 AM Coffee Hour Front Café</p> <p>2:15 PM Bingo Dining Room</p> <p>Invite friends to gather for a card game!</p> <p>5:40 PM Milwaukee Brewers vs Pittsburgh Pirates</p>	<p>23 <i>Take a Walk in the Halls today!</i></p> <p>8:30 AM Birthday Breakfast</p> <p>10:00 AM Drive through Trempealeau Wildlife Refuge Sign up on the Bulletin Board</p> <p>Invite friends to gather for a game of cards!</p> <p>5:40 PM Milwaukee vs Pittsburgh Pirates</p>	<p>24 <i>Take a Walk in the Halls today!</i></p> <p>8:00 AM Coffee Hour Front Café</p> <p>1:30 PM Bingocize Dining Room</p> <p>2:30 PM Create Earth Day Masks with Alison</p> <p>7:00 PM Game Night with Holmen Confirmation Students – Choose from a variety of games/card games! Dining Room</p>	<p>25 <i>Take a Walk in the Halls today!</i></p> <p>8:00 AM Coffee Hour Front Café</p> <p>9:30 AM Exercise with Amy Dining Room</p> <p>10:00 AM Scenic Drive Sign up on the Bulletin Board</p> <p>1:30 PM Corn Hole Tournament Dining Room</p> <p>Invite friends to gather for a card game!</p>	<p>26 <i>Take a Walk in the Halls today!</i></p> <p>8:00 AM Coffee Hour Front Café</p> <p>2:00 PM Happy Hour Bloody Mary Bar, Salami, Cheese, Crackers, Olives, and Pickles</p> <p>Invite friends to gather for a game of cards!</p> <p>7:10 PM Milwaukee vs New York Yankees</p>	<p>27 <i>Take a Walk in the Halls today!</i></p> <p>8:00 AM Coffee Hour Front Café</p> <p>2:00 PM Movie: <u>Sister Act</u> <i>A hilariously divine comedy with loads of irresistible music.</i> DVD Center Lounge</p> <p>Invite friends to gather for a game of cards!</p> <p>6:10 PM Milwaukee Brewers vs New York Yankees</p>

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<p>28 <i>Take a Walk in the Halls today!</i></p> <p>8:00 AM Coffee Hour Front Café</p> <p>9:30 AM Catholic Mass Channel 9</p> <p>1:10 PM Brewers vs Yankees</p> <p>Invite friends to gather for a game of cards!</p> <p>6:00 PM America's Funniest Home Videos On ABC Center Lounge</p>	<p>29</p>  <p><i>Take a Walk in the Halls today!</i></p> <p>8:00 AM Coffee Hour Front Café</p> <p>2:15 PM Bingo Dining Room</p> <p>6:40 PM Milwaukee vs Tampa Bay</p> <p>7:00 PM The Price is Right at Night CBS Center Lounge</p>	<p>30 <i>Take a Walk in the Halls today!</i></p> <p>8:00 AM Coffee Hour Front Café</p> <p>9:30 AM Exercise with Amy Dining Room</p> <p>10:00 AM Drive to Buena Vista Overlook in Osseo – Lunch at Norsky Nook Sign up on the Bulletin Board</p> <p>6:40 PM Milwaukee vs Tampa Bay</p>	<p>APRIL Zodiac Signs</p> <p>April 1st-19th ARIES the Ram <i>Traits of an Aries: Courageous, Energetic, Loving</i></p> <p>April 20th-30th Taurus the Bull <i>Traits of a Taurus: Passionate, Loyal, Patient</i></p>	<p>April is...</p> <p>Stress Awareness Month</p> <p>Earth Month</p> <p>Alcohol Awareness Month</p> <p>Autism Acceptance Month</p> <p>Child Abuse Awareness Month</p> <p>Keep America Beautiful Month</p>	<p><i>Stress Reduction Tips:</i></p> <p><i>*Accept that there are events you cannot control</i></p> <p><i>*Keep a positive attitude</i></p> <p><i>*Take 15-20 minutes daily to sit quietly and reflect</i></p> <p><i>*Exercise daily or as advised by your provider</i></p> <p><i>*Get enough rest and sleep</i></p> <p><i>*Listen to Music</i></p> <p><i>*Laugh</i></p>



SEVERE WEATHER AWARENESS

- **“Watch Status” means conditions are favorable for severe weather development**
 - It is safest to be indoors, away from windows
- **“Warning Status” means severe weather is imminent** (It is occurring or about to occur)
 - Seek shelter in a safe area immediately
 - Safe areas include your bathroom/shower or other areas without windows such as the laundry room, public bathroom, etc.
- **Severe Thunderstorm or Tornado “Watch” Status:**
 - Tenants can continue with normal activities, but remain watchful of changes in the weather
 - It is best to stay indoors, away from windows
 - Close apartment windows and blinds - ask staff for assistance if necessary
- **Severe Thunderstorm or Tornado “Warning” Status:**
 - Remain in your safe location until the severe weather has passed and/or staff has indicated it is safe
 - If possible, bring a pillow, towel, or blanket into the shower with you to cover your head
 - Close your bathroom door
- **Severe Weather Safety Tips from the NATIONAL WEATHER SERVICE:**
 - No place outside is safe when severe weather is imminent
 - If you hear thunder, lightning is close enough to strike you
 - Stay in a safe location until 30 minutes after you hear the last sound of thunder
 - Stay off corded phones, computers, and other electrical equipment
 - Avoid running water including sinks, showers, tubs, and faucets

First Monday of every month at 11:00 AM – Local Tornado Sirens will sound

April 11th at 1:45 PM and 6:45 PM – State-Wide Tornado Drill

Please take a moment to review these Severe Weather Safety tips on April 11th and when you hear the siren each month!