

# Marinuka Manor Newsletter

## Administration Note

Hello,

As the new year has officially begun, it reminds us to take time to reminisce on the happy memories we made in 2023. Marinuka Manor and our residents experienced many firsts this year, from our first annual Chicken Q to enjoying music with the talented Barefoot Becky. Although we had many “firsts”, we also celebrated many traditions such as baking and decorating Christmas treats, opening Christmas presents, and ringing in the new year with bottomless champagne!

We have many exciting things to look forward to in 2024. In the near future, I hope to receive approval on capital projects in order to make Marinuka Manor a more homelike environment for our residents and staff. Upcoming projects include giving the walls a fresh coat of paint, updating handrails, and installing new flooring. I received positive feedback and input from our residents during our monthly resident council, all were excited for the future updates.

I look forward to seeing what 2024 has in store for Marinuka Manor. As always please feel free to contact me if you have any questions, comments, or concerns; my door is always open! I wish you all a happy and healthy 2024!

- McKenna Puls, NHA

## Upcoming Event Highlights:

January 1st:  
New Year's Day

January 10th:  
Resident Gingerbread  
Houses

February 14th:  
Marinuka Manor Auxiliary  
Resident Valentine's Day  
Party

February/March - TBD:  
Resident Glamour Shots

March 17th:  
St. Patrick's Day

March 31st:  
Resident Easter Sunday Meal



Like & follow us on Facebook to stay up to date with the residents and the facility:  
Marinuka Manor Nursing Home



MARINUKA  
MANOR

BETHANY ST. JOSEPH CORPORATION  
INSPIRING LIFE, HOPE, & HEALING

## Mission

To provide care and services responsive to the individual needs of those we serve, with dignity and respect in a cost effective manner, placing value on the recipient, his or her family and our staff.

## Contact

19475 Silver Creek Road  
Galesville, WI 54630  
608-582-2211

[bsjcorp.com/marinuka-manor](http://bsjcorp.com/marinuka-manor)

### Nursing Home Administrator

McKenna Puls

### Director of Nursing

Taylor Docken

### Social Worker

Dawn Washburn

### Recreation Therapy Director

Kristin Seifert

### Director of Food & Nutrition

Nolan Henderson

### Rehab Director

Tyler Thompson



## Gundersen Updates

Starting January 1st, residents who have Gundersen providers will switch to the Gundersen Tri-County Whitehall Clinic. Due to the high demand at the Galesville Clinic, Gundersen felt that it was necessary to find providers to fit our residents needs. The change will still provide the same level of care and frequency. The new provides are Dr. Michelle Raabe and Tanya Mudgett, NP; they will provide in house care and house rounding to the residents.

## Future Fundraising

This upcoming May, Marinuka Manor will be joining the Galesville City Wide Garage Sale! Staff and families can donate items to Marinuka Manor (starting in March) which will be sold at the garage sale. All of the proceeds will go to Marinuka Manor - we are excited to add that into our fundraising and community events! More information to come in the future.

## Eden House

Eden house offers senior independent apartments; connected to Marinuka Manor. Eden House includes support services, 3 meals a day, response system, and opportunities for leisure activities for the senior population of the community.

Call for availability of studio and one-bedroom apartments.

# Chicken Q Fundraiser

We hosted our first Chicken Q fundraiser on Friday, October 13<sup>th</sup> to support the residents events, activities and holiday gifts. We started selling tickets in August and by the morning of the event, we were sold out! Supporters were able to eat inside the Marinuka Manor facility or pick up their meals via the drive thru option. The cold and rainy weather resulted in the majority of the meals being picked up and taken to go. We used Pogy's Catering for the meal with feedback saying that it was a great meal.



It was a blessing to see the community come together and support the residents as much as they did. It was great to see the families and friends of the residents who were able to visit and enjoy a meal together in support of everyone.



**With the support of the community, we were able to sell 350 tickets and raise \$2,276.50 in total with \$576 coming from the bake sale!** We anticipate on having an annual Chicken Q Fundraiser to support the residents each year.



## Love Lights Celebration of Life

Our annual Love Lights Celebration of Life started at the end of Thanksgiving and went until the end of the year. All were welcome to donate in honor or memory of loved ones. Our Christmas tree was adorned with all donators and those who have passed away this year with an ornament in recognition of their loved one(s). Donators were welcome to visit the tree to find their ornament.

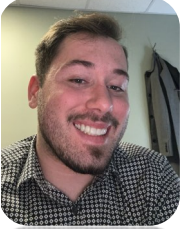
With all of the generous donations, you were able to enhance the quality of life for the residents. This year, funders were raised to improve the patio area. **This year, \$2,869.00 was raised to help with those improvements.** Thank you so much to everyone that donated this holiday season!

## Welcome to the team!

We are excited to have Nolan Henderson, Director of Food & Nutrition, and Alysia Trim, Health Information Management Specialist, join our Marinuka Manor Supervisory team!

### A little bit about Nolan:

"I have always worked in the long-term care industry, and I always will! In my future, I wish to further my education and become licenses as a Nursing Home Administrator and an Assisted Living Director. In my free time, I enjoy cooking, fishing and spending time with my cat, Corbin."



### A little bit about Alysia:

"Hi everyone, my name is Alysia (Uh-lee-sha) and I just joined the Marinuka Manor team as a HIM specialist. Prior to joining the team, I worked for Ashley Furniture as a Sales Support & Operations coordinator where I would assist the sales team and Ashley's vendors. Currently I attend Western Technical College as a HIT student and will be graduating in the spring. While I'm not at work (or studying) I enjoy spending time with my family, reading and being outdoors. "



### Resident Birthdays:

Sylvia A.—October 7th  
Margaret W.—October 9th  
Betty S.—October 11th  
Dee H.—November 14th  
Nona B.—November 16th  
Verneille H.—December 23rd



### Staff Anniversaries:

3 years:  
Cecilia Nelson, Activity Room Aide

## Food Service Update

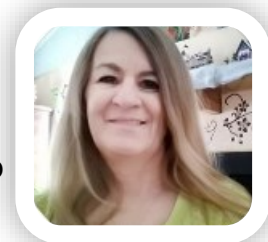
- The Dietary Department has been working very hard to implement a couple of special and exciting changes to our residents' dining experience. Marinuka Manor's Winter Menu now provides our residents with higher quality food, more attractive and tasteful dishes, and well-balanced meals with specialty desserts. We have added warm soups to the menus every lunch and dinner as well as more squash dishes, sweet potatoes, and winter vegetables. Christmas at Marinuka Manor will include resident-selected favorites, such as Norwegian lefse, bourbon glazed carrots, whipped fruit salad, a glazed Christmas ham, and creme de menthe cake, all made using scratch recipes.
- Residents will have the opportunity to celebrate New Year's Day with a traditional lunch consisting of dill deviled eggs, seared pork chops, fresh baked cornbread, steamed cabbage, salted caramel cheesecake, and of course, extra brut Champagne.
- Resident input is essential in creating the ultimate dining experience. Residents have the opportunity to fill out selective menus - a chance for them to pre-order all of their favorite menu items for the week. Dietary preferences, food favorites, and meal substitutions are honored by the Dietary Department in an effort to provide a resident-centered dining approach. Before we know it, we will be selecting menu items and creating new recipes for Valentine's Day!

- Nolan Henderson, Director of Food & Nutrition

# Staff Testimonial

Working at Marinuka Manor Nursing Home is truly rewarding for me. The opportunity to support and care for the elderly residents is a privilege that brings immense joy to my life. Every day, I have the privilege of and look forward to making a positive impact on their lives, providing care, companionship, and support. The warm and welcoming environment at Marinuka Manor provides a sense of community and empathy among the staff, creating a workplace that feels like a second home to me. The dedication of the entire team to ensure the well-being of the residents reflects the core values of compassion and respect. I am proud to be a part of this facility and team that prioritizes the dignity and happiness of the elderly providing extra joy to my life and job, but it's also heartwarming and very fulfilling for me.

- Marlene M., Housekeeper



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## Recreation Department Fun!

October was a busy month celebrating all things fall; soaking up any warm weather that was left. Residents enjoyed our fall taste testing of 7 fall drinks; their favorite was the pumpkin spice hot chocolate and the apple cider floats. They also enjoyed celebrating National Pumpkin Day with painting pumpkins and watching staff carve their own designs. The residents were able to vote on their favorite design with the cat and the star eye pumpkins as their favorite. The GET Middle School students visited in their Halloween costumes and Hmong Heritage outfits during the lunch hour for all residents to see. The month ended with a day filled with Halloween fun. Residents and staff played a mummy wrap game in which they had to try to spin to get the best looking mummy with toilet paper and brain head game where residents tossed ping pong balls on the top of staff's heads to see who could get the biggest brain. In the afternoon, residents tried their best guessing the 15 different types of candy with a Halloween taste testing guessing game.

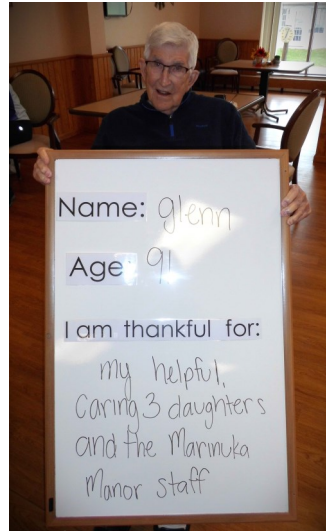
In November, residents recognized Veterans Day for the 3 military veterans who reside at Marinuka Manor. They had a special visit from Daryl Wermedal who presented and told farm stories which was a great way to reminisce in the afternoon. They also enjoyed Thanksgiving themed activities and events which included thankful photos and pie tasting! At the end of the month, the Sons of Norway visited with a special singing performance.

5 - October, November, December 2023

December was filled with all sorts of holiday cheer with activities, games, reminiscing, holiday baking, special events and performances. Some of their favorite activities were making their own ornaments, tinsel trees, peppermint body butter and the holiday gift games. The Marinuka Manor Auxiliary came to help decorate the tree with the assistance from the residents to know where to place the ornaments at the beginning of the month. Residents enjoyed the decorated tree, common area and hallways for the holiday season. Residents enjoy a full week of holiday baking including sandbakkels, snowball cookies, gingerbread cookies and more! They were able to bake their favorite goodies and reminisce about the holidays with their families. The residents were able to enjoy Christmas Caroling from the Girl Scouts and a special holiday piano performance from Beth Sveen's children piano group. The Friday before Christmas, Residents enjoyed opening the gifts that were donated from Young At Heart and the facility; in the afternoon, they enjoyed holiday dice games with cranberry mimosas. The Marinuka Manor Auxiliary hosted their first annual bake sale since covid while the residents played their holiday dice games. Thank you to everyone who came and supported the bake sale - over \$300 were raised!

A special thank you to Young at Heart for the wonderful gifts for each and every resident and Eden House tenants—this holiday season is more meaningful with your kindness.

- Kristin Seifert, Recreation Therapy Director

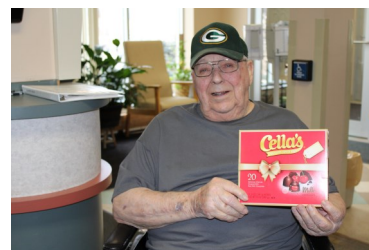
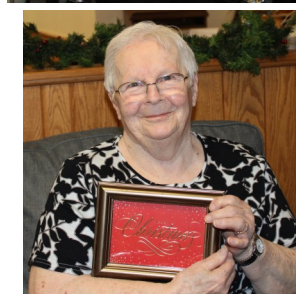


# Recreation Department Fun



# Recreation Department Fun

7 - October, November, December 2023



# Recreation Department Fun





We have received so many wonderful donations throughout the year including monetary donations, bingo prize donations, happy hour donation, staff appreciation donations and more! Thank you so much to our wonderful community for thinking of us.

# Community Generosity