



Mission: To provide care and services responsive to the individual needs of those we serve with dignity and respect in a cost effective manner placing value on the recipient, his or her family, and our staff.

Executive Director

Greetings

Marinuka Manor Welcomes New Administrator

Megan McLean joins the corporate leadership team by becoming the new administrator of Marinuka Manor in September, however, she was not new to BSJ Corporation. She spent a year-long internship with BSJ Care Center's administrator, Larry Pupp, for her senior year at the University of Wisconsin-Eau Claire. She graduated in May with a degree in healthcare administration and was hired on a temporary basis to train and cover a maternity leave for Marissa Janke at the Onalaaska Care Center. When the administrator position became available at Marinuka Manor, she applied and was selected for the position. Welcome, Megan!

Staff Anniversaries Luncheons

The staff service anniversaries luncheons are postponed until we can safely gather together to celebrate these service milestones; possibly in June but will assess at that time. However, the service award monetary acknowledgements will be given to staff at the facility locations at the usual times in the new year.

Pandemic

The COVID-19 pandemic has been a challenge this year. Shortly, we will begin vaccinating staff and residents as we begin the work of crushing the coronavirus. If you have questions or concerns about the vaccination as it relates to your personal health history, contact your primary care physician NOW before the vaccinations arrive. Based on current information, we will likely receive the Moderna vaccine. Our goal is to have 90% of staff, residents, tenants, and participants vaccinated. (Did you see the news that the National Football League is working on arrangements for vaccinated health care workers to attend the Super Bowl?)

Thank you for your hard work to get through this pandemic and making sure all of our customers are served well. Your efforts and sacrifices are appreciated. This is a reminder of the notice that went out earlier about the appreciation bonuses to be paid in March based on hours worked over an eight pay period timeframe (Nov-Mar). Have a very Happy Holiday Season and here's to kicking off the New Year with a lifesaving vaccine!

Craig Ubbelohde, Executive Director

Corporate Information

Find More Joy, Less Stress This Holiday Season

(Excerpts provided by your Employee Assistance Program, a free benefit offered to you at Gundersen Health at 608-775-4780.)

'Tis the season for shopping, sending cards, baking holiday treats, and entertaining. For many people, the holidays bring extra stress and the strain on the budget certainly doesn't help. Try some of the following ideas to reduce your stress:

Rethink gift giving—be realistic with the amount of gifts and what you can handle financially.

Be honest with yourself—don't expect the holiday season to look like the holiday cards you send. You don't have to be perfect.

Focus—only do the To-Do list items that are truly important.

Get Out and brush off your "Just Say NO skills"—you just don't have to say yes to all the gatherings, gift exchanges, and activities.

Good stress management—this is important all through the year so don't give it up during the holidays when you may need it the most.

Vist the EAP's website at www.gundersenhealth.org/eap.

Human Resources

Refer A Friend -- Recruitment Bonus Available We are looking for more great people like you!

Tell your friends, family, classmates, and neighbors about job opportunities at BSJ Corporation and receive \$200. Not only will you have the chance to work with your friends, you will receive \$200 for each successful referral! How It Works:



1. Recommend someone you know to work at any of the BSJ locations.
2. That person should list you as a referral source on the application.
3. If he or she is hired, you receive \$200 after he or she works for 10 weeks and successfully completes the 10-week review.

Jennie Sass, Human Resources Director

Corporate Fund Development News

What is the BSJ Wish Program?



BSJ WISH PROGRAM

It's designed to bring smiles and joy to our Long Term Care residents by granting them a special wish or request that they wouldn't normally ask to receive.

What types of wishes are granted? We try to grant all types of wishes. While we may not be able to grant every wish imaginable, we are able to grant most wishes that fall into one of the following categories: A fun-filled wish, A memory wish, A one-last-time wish, or A needs-based wish.

What can staff do? You can nominate a resident by emailing Amanda Acklin at aacklin@bsjcorp.com. Family, staff, residents and friends can make nominations or wish requests. Direct questions to Amanda via email or by calling 608-519-9778. Staff are also welcome to donate to this fund! Let Amanda know if you would like to make a one-time donation or if you are interested donating with payroll deductions.

Amanda Acklin, Fund Development Director

BSJ Community Services – Housing & MERIT Centre

Excellence Awards, Walking For Funds, & Babies

New in 2020, Community Services seeks to recognize staff who stand out among all the awesome staff and shine a light on their great work, customer service, team play, and all the other things that make them shine. The *Celebrating Excellence Award* has been awarded to:

~Pat Kammel	Maintenance	1 st Quarter
~Lynda McGinnis	Laurel Manor	2 nd Quarter
~Amy Zumach	Prairie Home	3 rd Quarter

Team Diane & MERIT Centre raised \$970 for the Alzheimer's Association in September. Sandy Strittmater from Prairie Home, Mikala Strittmater, and Queenie (the pooch!) walked 5.9 miles.



Congratulations to first time grandma, Amy Zumach, who safely shows off Liam. New mother, Jen Sagmo from Salem Terrace in West Salem, is congratulated on the birth of her daughter, Charlotte!

Karen Sepich, Community Ser Admin

BSJ Community Services – Housing & MERIT Centre

◆Laurel Manor ◆Mill St. Manor ◆OnaMain ◆OnaTerrace ◆Prairie Home
◆Salem Terrace ◆Shelby Terrace ◆Welcome Home ◆Windsor Place

New Staff & Lighting Up The Towns Challenge

Welcome to Brianna Boehm, new Director of Shelby Terrace in La Crosse. She is a former skilled nursing facility wellness director and recreation specialist and now is bringing a lot of joy and leadership to Shelby Terrace! Richard Ziel is new to our maintenance team and comes to us by way of BSJCC Dining Services.



Community Services Maintenance staff have lit up the towns this season by adding festive lights at 10 senior living buildings, multiple entrances, and many facility yards. This was no easy task and the lights look great in the communities that we serve. Thank you, gentlemen!

Congratulations to Chris O'Hara, Maintenance Supervisor, on the birth of his son, Oliver, in December. A Christmas gift!

Karen Sepich, Community Services Administrator

Onalaska Care Center

Farewell, Welcome, & Thankfulness

Wow, 2020 sure has been quite the year for everyone and at OCC we had some "normal" life changes as well! In May, we said farewell to our DON, Nancy Johnson, who retired after 26 years. She's loving retirement and we're so happy for her. In June, I celebrated the birth of a second baby girl, Blair. It's hard to believe she's already 6 months old! Megan McLean (new Administrator at MM) kindly stepped into my shoes while I was on leave and we're so thankful for her help! Then in September, we welcomed our new DON, Jeremiah Galvan! He's been an incredible addition to our team and has helped lead us well amidst COVID and our outbreak. Check out our beautiful outdoor Christmas display, all coordinated by him. It's really brightening up all of our spirits! Our entire staff has given hours and hours and hours of their time, sacrificing so much to ensure our residents receive the best possible care. The dedication I've seen this past year makes me so grateful to be part of the OCC family. We have almost every single team member doing tasks that aren't "their job" and all because we love our residents so much. We've become even more of a family this past year and we are great because of all of them. I can't thank them enough for being so selfless and truly serving our residents. *Marissa Janke, Administrator*

Norseland Nursing Home & Friendship House

Dunking, New Managers, & Dedicated Staff

Norseland staff raised \$643 for the Alzheimer's Association via our Manager Dunk Tank Contest. Two new members to the management team include Tina Myhre, Resident Care Coordinator and Kari Russell, MDS



Coordinator. We are so proud of all of our staff's diligence and hard work in remaining responsible in the community regarding COVID. The fact that we have not had any resident positives and only two staff positives throughout this pandemic, is a product of all your hard work and dedication to the safety of our residents. We appreciate you all! Together we will get through this pandemic.

Megan Feirtag, Administrator

Marinuka Manor & Eden House

Hello, Gratefulness, & Milestones

We have been through many changes throughout 2020 including handling the pandemic. Our new Nutrition Services Director and Dietician, Samuel McCormick, transferred in from BSJ Care Center. In August, administrator Leah Rentmeester said goodbye to Marinuka Manor after 7 years of amazing dedication to all of the staff and residents. I started as the new administrator in September after a year as Administrator in Training at BSJ Care Center and as Temporary Acting Administrator at Onalaska Care Center during the summer. I graduated from the UW-Eau Claire with a Bachelor's Degree in Healthcare Administration and am very excited to have the opportunity to serve the residents and staff here.

Our staff is a group of extremely dedicated individuals and this has truly shown through this pandemic period. We have Milestone Anniversaries to celebrate with Maintenance Supervisor Wayne Brown at 35 years, Nutrition Services Aide Kathy Trim at 10 years, and Sarah Wick, Alexis Treacle, Noah Mayer, Jaime Leque, and Sophia Korpala at 5 years. I appreciate our staff and all the support from our families and community. *Megan McLean, Administrator*

BSJ Care Center

Nursing Schooling Efforts Helps BSJCC

BSJCC is also very pleased to have two nursing students who completed their Capstone/Internship with us in December. Lindsey Gaestel is in the UW-Oshkosh nursing program and will return to Oshkosh but will still work with us one weekend per month. Josie Bauer completed her internship with an infection control project and has been instrumental in our ability to keep up with Covid-19 testing for residents and staff. She will be taking a position at Gundersen and also plans to work here regularly. Congratulations and thanks to both Lindsey and Josie for their commitment to the nursing profession and their service at BSJCC.

As you know, this year's anniversaries recognition luncheon has been postponed. We recognize some 2020 key milestones here. Celebrating 40 years of service are Belinda Nickelatti, Sharon Kruckow, and Valerie Stachowitz. At 35 years are Kim Scholze, Janet Bahr, and Dorothy Sather. Along with them, many others have achieved service anniversaries totaling 380 years of service. Congratulations to each of them and thank you for your long history of making BSJCC a great place to work.

Larry Pupp, Administrator

(Cont'd) BSJ Care Center

Accomplishment & Thankfulness

Katy Johnson, Director for Social Service, completed her master's degree in Healthcare Administration. Katy has been the Director here since 2014 and previously completed her Nursing Home Administrator course and passed the national and state exams. She was also featured in UW-La Crosse *Campus Connection* where it was noted, "She will become UW-L's first graduate in the new Healthcare Administration online master's program" making her a pioneer in that program." The *Campus Connection* also stated, "Katy is a model student for this program. Her work ethic and ability to apply the curriculum within her current work and duties is seamless. She is a collaborator and stays connected with her faculty and peers in the program. We are very proud of Katy." BSJCC is too.

All staff at BSJCC are commended in their efforts during the 2020 COVID-19 pandemic. They adapted weekly and sometimes daily to what was required of them to protect our residents and the rest of the staff. Our families are extremely grateful for the staff's dedication to taking care of our families' loved ones. Thank you and happy holidays to you.

Larry Pupp, Administrator