



# BSJ Community Services

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*Inspiring Life, Hope and Healing*

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Hello,

I am writing to share an update related to COVID-19 in our communities. As the pandemic continues we are experiencing additional hurdles as well as learning new ways to protect each other.

First, Dining Services is struggling to obtain products they order for our published menus. They are currently receiving about 50 – 60% of what they order and the distributor substitutes as they see fit. This results in unplanned substitutions to the published menu. We are working with Dining Services to be able to notify you in advance of any changes.

Secondly, I want to encourage everyone to wear a mask whenever you leave your apartment, even if you are not leaving the building. This is a recommendation of the CDC and an important way to help contain the spread of germs. Additionally, it is important to remain diligent in washing your hands frequently for 20 seconds with soap and water, cover coughs and sneezes with a tissue (and discard it after use) and avoid touching your face.

Third, please notify staff if you are diagnosed with COVID-19, exposed to someone else who has tested positive for the virus, or are experiencing any symptoms of COVID-19 such as cough, difficulty breathing or shortness of breath, fever, chills, muscle pain, sore throat or new loss of taste or smell. If you have not yet contacted your primary care physician or nurse advisor (after hours), that will be our first recommendation.

Lastly, please be aware that all of our buildings remain closed to visitors other than those providing medically necessary care or at visiting loved ones who are at the end of life. There is no identified end date to our restrictions at this point. While the Governor's Safer at Home Order has been revoked, senior housing and assisted living are not yet eligible to reopen to visitors.

Currently, none of our communities have anyone residing in them who has COVID-19. That is our good news. I hope I will continue to be able to say that. However, if there is a confirmed case of COVID-19 in the community where you live, you will be notified.

Warm regards,

Karen Sepich  
Community Services Administrator