



Fall  
Edition  
Oct. 2019

# BSJ Inspiring Times

**BSJ Care Center**  
A Bethany St. Joseph Corporation Facility

2501 Shelby Rd  
La Crosse, WI 54601

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## Administrator's Message



Happy Autumn . . .

Congratulations to Ron Kuehl, our Resident Transportation Driver! Ron was recognized by the team at Gundersen "for being an awesome driver". Their comments included things like, "He knows each of them (residents) as individuals, calls them by name, and is always on time." They also stated, "Ron has a consistent smile on his face and shows he cares with his friendly nature with everyone that walks through the door." This is the type of customer service we expect at BSJ and Ron is a walking example of that. Thanks, Ron, for your great work.



Recently, one of our nurses was promoted to Avalon Charge Nurse. Brooke Riffey, who has been a nurse here for 5 years, has great rapport with staff, residents and families which made her a great choice for this role. Brooke brings a calm demeanor and positive influence to the unit.

Megan McLean, administrative intern, has been with us since June. She is making a positive impact on the facility with her enthusiasm and positive attitude. She is in the UW-Eau Claire Health Care Administration program and will graduate in May of 2020. Her family lives in the Strum area and Megan is currently living in La Crosse. During the next several months, she will be working on projects that will help improve the lives of our residents and staff. Please be sure to say Hi to Megan when you see her.



We are also busy getting ready for our annual state survey. The new survey process requires that all residents be interviewed, along with several family members. They ask questions about life in the facility, activities, and food. Please share your opinions with the survey team.

Please see the other sections for news about our Recreation Therapy Intern and upcoming Fall and Holiday events

Larry Pupp, Administrator

# Influenza Vaccination for You and Your Loved One

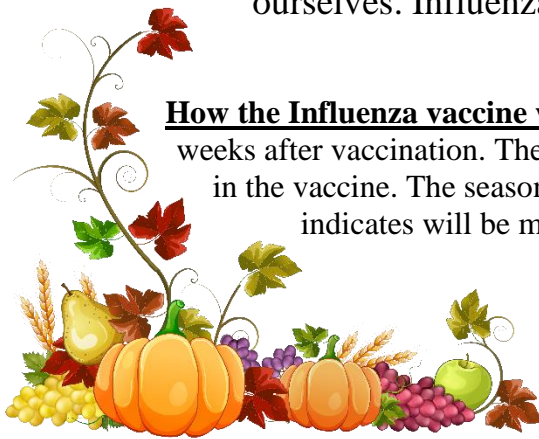
It has been recognized for many years that people 65 years and older are at high risk of serious complications from influenza. During most seasons, it's estimated that 90 percent of seasonal influenza-related deaths and between 50 and 60 percent of seasonal influenza-related hospitalizations in the United States occur in people 65 years and older. Preventing influenza and treating it promptly may reduce the risk of influenza-associated complications, including hospitalization and death.



We can ALL help keep our loved ones healthy and safe by receiving the influenza vaccine ourselves. Influenza vaccine is available from your primary care provider or any local pharmacy in town!

**How the Influenza vaccine works:** Flu vaccines cause antibodies to develop in the body about two weeks after vaccination. These antibodies provide protection against infection with the viruses that are in the vaccine. The seasonal flu vaccine protects against the influenza viruses that research indicates will be most common during the upcoming season!

**Don't wait! Get your Flu Shot Today!**



## A Note from Social Services

Greetings Residents and Families -

If you are wanting to make changes to any of your Medicare Plans for 2020, the Open Enrollment Dates are October 15, 2019 to December 17, 2019 (change effective January 1, 2020). See your BSJ Care Center Social Worker with questions or concerns regarding your Medicare A, B, C or D coverage.

For those who have Medical Assistance, you are required to renew your benefits annually. You will receive a renewal application in the mail from WREA (Western Region for Economic Assistance). Please complete this on time, as this effects your coverage for room and board and prescriptions. If it is not renewed by the due date, it may affect your payment source. Your BSJ Care Center Social Worker or Linda Handke, Business Administrative Assistant, is available to assist with this process.

Have a great rest of 2019!

Katy Johnson, Social Service Director

Katy Johnson, CSW- Social Service Director - Kjohnson@bsjcorp.com - Ext. 9791

Lara Zimmerman, CSW- Lzimmerman@bsjcorp.com - Ext. 9758

Renee Walton, CSW-Rwalton@bsjcorp.com - Ext. 9792





## Recreation Therapy News

**Sprout Daycare kids will be coming to BSJ on HALLOWEEN  
Thursday, October 31st at 10:00am**

**To: Trick or Treat!**

**Cost is \$5.00** and we will purchase the candy.

If you want to buy your own candy, still sign up in Rec Therapy so we know who is participating. Deadline for us to purchase the candy is Thursday October 24th. The residents are still able to hand out candy but family/friend would have to bring in their candy.

Any questions: talk to the Recreation Therapy staff

### **Fall Bazaar**

**Friday November 8th**

**7:30-3:30**

**Recreation Room**

**Soups, Grilled Cheese, Bake  
Sale, Crafts, White Elephant  
& Raffle Basket**

(Raffle Baskets drawn Monday December 2<sup>nd</sup> at 12:00)



### ***Resident/Family Christmas Party***

*The party will be complete with music, a festive supper and a visit from a "special friend". Please join us on*

***Wednesday December 11<sup>th</sup> at 4:00pm***

*here at BSJ. This year we will be having the party for both Avalon and the Bluffs at the same time. We ask that you inform additional family members or friends as only 1 invitation per resident is sent out. If you are able to join us, please*

***RSVP to our receptionist at 788-5700 with your reservations by Thursday December 5<sup>th</sup>***

*We hope you will be able to join us for our holiday Christmas party.*

If you have any questions, please call Kim or Tamar in Recreation Therapy  
608-519-9765 or 608-519-9766

Special thank you to those who have recently donated to our Recreational Therapy Department.  
Orlean Hauser (Happy Hour Soda), Kay Bell (Fingernail Polish), Chris Genz (Bingo Chips), Shirley Janisch (Wordsearch Books), Karla Grassman (CDs & Movies), and Anonymous Donors (Bingo Prizes).



Please help us in welcoming our new  
FALL  
Recreational Therapy Intern  
**Lucy Lee**  
She will be here until December 13th



**THANK YOU** to all of the  
volunteers who have helped  
us this past quarter!



**EO Johnson**

**Trane Company**

**Altra Credit Union**

**Viterbo students on Make A Difference Day**

**They assisted at BSJCC with a variety of tasks and recreation programs.**



## Bethany St. Joseph Care Center Chapel Schedule

**Catholic Mass** - Sundays 11:00 a.m. and Wednesdays 10:30 a.m.

**Rosary** - Fridays 9:30 a.m.

**Ecumenical Service** - 1st Sunday of the month 1:15 p.m.

3rd & 4th Fridays of the month 10:30 a.m.

### Special Offerings During the Holidays:

- ❖ **Monday, November 18, 2019 Ecumenical Thanksgiving Service**  
1:30 p.m. in Chapel. Chaplain Therese Let Us Celebrate God's Goodness!



- ❖ **Wednesday, November 27, 2019 Thanksgiving Catholic Mass**  
10:30 a.m. in Chapel. Rev. Larry Berger  
In all circumstances, give thanks, for this is the will of God for you in Christ Jesus. ~ 1 Thes 5:18



- ❖ **Monday, December 9, 2019 Ecumenical Advent Bible Study**  
1:30 p.m. Chapel. Chaplain Therese O Come, O Come Emmanuel
- ❖ **Friday, December 20, 2019 Ecumenical Service**  
10:30 a.m. in Chapel. Rev. Tim Duesenberg Christmas Blessings!
- ❖ **Wednesday, December 25, 2019 Christmas Day Catholic Mass**  
10:45 a.m. in Chapel. Rev. Larry Berger  
For unto us is born this day in the city of David a Savior which is Christ the Lord ~ Luke 2: 11
- ❖ **Wednesday, January 1, 2020 New Year's Day Catholic Mass**  
10:30 a.m. in Chapel. Rev. Larry Berger  
The LORD bless you and keep you! The LORD let his face shine upon you, and be gracious to you!  
The LORD look upon you kindly and give you peace ~ Numbers 6: 24-26





## Dining & Nutrition News!

We began our new menu cycle September 22nd, and are serving many favored hot dishes and more comfort foods for the fall. We have also taken a lot of resident feedback on certain food items that they would like to see on the menu. Overall, it should be a fun and tasty fall menu!



***The Holidays are coming!***



Once again, we will be encouraging families and friends to join us for our holiday dinners, served at **noontime on Thanksgiving Day and Christmas Day**. These are two of our favorite feast days and we enjoy having guests for dinner.

Our Thanksgiving Dinner will be served during the normal lunch hours. The menu will be: turkey with all of the trimmings, stuffing, mashed potatoes, corn, cranberry sauce and pumpkin pie.

**Our Christmas menu will be posted in December.**

**In order to best accommodate everyone, advance tickets are necessary. Tickets for the dinners cost \$8.00 each and will go on sale approximately one month before each holiday.**

**Families and friends may purchase tickets from our receptionist at BSJCC.**

Seating is limited, and everyone is encouraged to purchase tickets well in advance of the holiday.

***These are always wonderful events!***

### **Please Join us for a Guest Meal**



**Breakfast \$7**

**Lunch \$8**

**Dinner \$8**

**Please pay the cashier in advance!**



Thank You!

Jacob Klunk, Director of Dining and Nutrition Services

## Meet your leadership team!

Administrator: *Larry Pupp*

Director of Nursing: *Belinda Nickelatti*

Dining & Nutrition Director: *Jacob Klunk*

Housekeeping/Laundry: *Lori Ohland*

Infection Preventionist: *Nichole Weissenberger*

MDS Nurse Supervisor: *Kay Bell*

Maintenance: *Mike Hauge*

Pastoral Care: *Therese Van Oss*

Recreation Therapy Supervisor: *Kim Scholze*

Skin Care Management: *Maureen Brohmer*

Social Services: *Katy Johnson*



BSJ Care Center, located on the south side of La Crosse, WI, offers an array of skilled nursing, rehabilitative and memory care services for individuals of various ages and diverse health care needs.

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*"Inspiring Life, Hope and Healing"*