

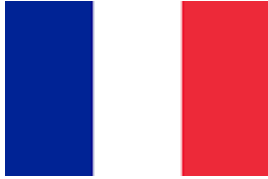















# February 2019-Mill Street Manor



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Birthstone:</b> Amethyst</p> 	<p><b>Birth Flower:</b> Violet</p> 		<p><b>Feature Country of the Month:</b></p>  <p><b>France</b></p>		<p><b>1 Wear Red Day</b></p>  <p>10:30 AM Fun &amp; Fitness (Sun Room)</p> <p>1:30 PM Bingo (Salem Terrace Dining Room)</p>	<p><b>2 Ground Hog Day</b></p>  <p>9:30 AM Coffee Clutch (Dining Room)</p> <p>10:00 AM St. Leo's (Salem Terrace Activity Room)</p>
<p><b>3 Super Bowl</b></p> <p>9:30 AM St. Paul's Lutheran Worship DVD (Sun Room)</p>  <p>5:30 PM Super Bowl Kick-off (Sun Room)</p>	<p><b>4 World Cancer Day</b></p>  <p>10:30 AM Fun &amp; Fitness (Sun Room)</p> <p>2:30 PM Hand Massages (Sun Room)</p>	<p><b>5 Chinese New Year</b></p>  <p>9:25 AM <i>The Up Side</i> @ Marcus Cinema (Meet at Sun Room)</p> <p>3:00 PM Senior Wellness Program: What Do All those LETTERS Stand for? (DO/MD, PA MA NP) With Soon To Be: Dr. Emily &amp; Dr. Alex (Sun Room)</p>	<p><b>6</b> 9:30 AM Linda's Bakery Dash 46 Cents Danish Rolls (Meet at Sun Room)</p> <p>10:30 AM Fun &amp; Fitness (Sun Room)</p> <p>2:30 PM 1<sup>st</sup> Community Credit Union Valentine's Day Craft (Sun Room)</p>	<p><b>7</b> 10:00 AM Make &amp; Take: Flat Bread Pizza (Sun Room)</p> <p>2:00 PM Director's Cut: <i>"The Help"</i> (Sun Room)</p> <p>2:00 PM Christ Lutheran Worship (Salem Terrace Back Lounge)</p> 	<p><b>8</b> 10:30 AM Fun &amp; Fitness (Sun Room)</p>  <p>1:30 PM Bingo (Salem Terrace Dining Room)</p>	<p><b>9 Pizza Day</b></p> <p>9:30 AM Coffee Clutch (Dining Room)</p> <p>10:00 AM St. Leo's (Salem Terrace Activity Room)</p> <p>2:00 PM Afternoon Stroll With a Friend (Independently Indoors)</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>10</b> 9:30 AM St. Paul's Lutheran Worship DVD (Sun Room)</p>  <p>7:00 PM Roll Out The <b>Red Carpet</b> Grammy Awards (Sun Room)</p>	<p><b>11</b> 10:30 AM Fun &amp; Fitness (Sun Room)</p>  <p>2:30 PM Manicure Monday (Sun Room)</p>	<p><b>12</b> 1:00 PM WS Elem 4K <b>V-Day Craft</b> (Dining Room)</p> <p>2:00 PM Senior Wellness Program With Soon To Be: Dr. Emily &amp; Dr. Alex (Sun Room)</p> <p>3:30 PM Golden Oldies w/Dave Brock (Dining Room)</p>	<p><b>13 World Radio Day</b></p> <p>10:30 AM Fun &amp; Fitness (Sun Room)</p>  <p>3:15 PM Bingo w/Kathy (Sun Room)</p>	<p><b>14 Valentine's Day</b></p>  <p>10:00 AM Heart Bookmark card w/Nancy (Sun Room)</p> <p>1:00 PM Christ Lutheran Bible Study (Sun Room)</p>	<p><b>15</b> 10:30 AM Fun &amp; Fitness (Sun Room)</p> <p>1:30 PM Bingo (Salem Terrace Dining Room)</p> <p>2:00 PM POST Valentine's Day Hors d'oeuvre (Sun Room)</p>	<p><b>16</b> 9:30 AM Coffee Clutch (Dining Room)</p> <p>10:00 AM St. Leo's (Salem Terrace Activity Room)</p> 
<p><b>17</b> 9:30 AM St. Paul's Lutheran Worship DVD (Sun Room)</p> 	<p><b>18 Presidents Day</b></p>  <p>10:30 AM Fun &amp; Fitness (Sun Room)</p> <p>2:30 PM President's Day Trivia (Sun Room)</p>	<p><b>19</b> 10:00 AM Make &amp; Take: Fruit Kabobs (Sun Room)</p>  <p>3:00 PM Senior Wellness Program With Soon To Be: Dr. Emily &amp; Dr. Alex (Sun Room)</p>	<p><b>20 Happy B-Day Lester B.</b></p> <p>10:30 AM Fun &amp; Fitness (Sun Room)</p>  <p>2:00 PM Bingo (Sun Room)</p>	<p><b>21</b> 9:25 AM Breakfast @ Jacqlon's in Holmen (Meet at Sun Room)</p> <p>2:00 PM Afternoon Stroll With a Friend (Independently Indoors)</p> <p>3:00 PM Make &amp; Take: Trail Mix (Activity Room)</p>	<p><b>22 Margarita Day</b></p> <p>10:00 AM St. Leo's (Salem Terrace Activity Room)</p> <p>10:30 AM Fun &amp; Fitness (Sun Room)</p> <p>1:30 PM Bingo (Salem Terrace Dining Room)</p> <p>3:30 PM Pet Therapy (Front Lounge)</p>	<p><b>23</b> 9:30 AM Coffee Clutch (Dining Room)</p>  <p>2:00 PM Afternoon Stroll With a Friend (Independently Indoors)</p>
<p><b>24</b> 9:30 AM St. Paul's Lutheran Worship DVD (Sun Room)</p> <p>7:00 PM Academy Awards (Sun Room)</p>	<p><b>25</b> 10:30 AM Fun &amp; Fitness (Sun Room)</p> <p>2:45 PM Happy Hour (Dining Room)</p> 	<p><b>26</b> 10:30 AM Birthday Brunch (Dining Room)</p>  <p>3:00 PM Senior Wellness Program With Soon To Be: Dr. Emily &amp; Dr. Alex (Sun Room)</p>	<p><b>27</b> 10:30 AM Fun &amp; Fitness (Sun Room)</p> <p>2:00 PM Afternoon Stroll With a Friend (Independently Indoors)</p> <p>3:15 PM Bingo w/Kathy (Sun Room)</p>	<p><b>28 Happy B-Day Lana H</b></p> <p>9:25 AM Shopping @ Walmart (Meet at Sun Room)</p>  <p>1:00 PM OSLC Worship (Salem Terrace Back Lounge)</p>	<p>February is observed for <b>Black History Month</b> and <b>American Heart Month.</b></p> <p style="text-align: right;"><b><u>MSM</u></b></p>	